



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Senior Winter Championships 2019

FULL RESULTS

EVENT 1 Boys Open 400m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Joshua Fowles	20	Witham Dolph	4:04.66	652				
	50m 28.10	100m 58.00	150m 1:29.01	200m 2:00.69	250m 2:31.66	300m 3:03.53	350m 3:34.67	400m 4:04.66	
2.	Daniel Gencas	16	Romford Town	4:05.92	642				
	50m 27.32	100m 57.26	150m 1:28.25	200m 2:00.09	250m 2:31.60	300m 3:03.25	350m 3:35.16	400m 4:05.92	
3.	James Speers	16	Basildon Ph	4:10.36	609				
	50m 28.74	100m 59.64	150m 1:30.92	200m 2:02.97	250m 2:35.06	300m 3:06.99	350m 3:39.65	400m 4:10.36	
4.	Noah Jameson Neal	15	Basildon Ph	4:16.30	567				
	50m 28.28	100m 59.08	150m 1:30.80	200m 2:03.42	250m 2:36.42	300m 3:09.96	350m 3:43.42	400m 4:16.30	
5.	Nathan Banga	16	Romford Town	4:19.38	547				
	50m 28.66	100m 1:00.11	150m 1:32.52	200m 2:05.31	250m 2:38.56	300m 3:11.77	350m 3:45.70	400m 4:19.38	
6.	Daniel Monk	15	Harlow Pen	4:25.15	512				
	50m 28.90	100m 1:01.00	150m 1:34.36	200m 2:08.21	250m 2:42.40	300m 3:16.94	350m 3:51.72	400m 4:25.15	
7.	Samuel Dack	17	DunmowAtlant	4:25.53	510				
	50m 29.26	100m 1:02.32	150m 1:35.73	200m 2:09.61	250m 2:44.06	300m 3:18.63	350m 3:52.47	400m 4:25.53	
8.	Angus Robertson	15	Brentwood	4:26.08	507				
	50m 30.67	100m 1:04.23	150m 1:37.70	200m 2:11.36	250m 2:46.09	300m 3:21.04	350m 3:53.94	400m 4:26.08	
9.	Luke Marney	15	Romford Town	4:29.76	487				
	50m 29.61	100m 1:02.11	150m 1:35.60	200m 2:09.86	250m 2:44.79	300m 3:19.67	350m 3:54.98	400m 4:29.76	
10.	Jacob Kitching	14	Chelmsford	4:32.17	474				
	50m 30.25	100m 1:03.52	150m 1:37.48	200m 2:12.13	250m 2:47.14	300m 3:22.60	350m 3:57.66	400m 4:32.17	
11.	Denis MORINE	14	Basildon Ph	4:34.43	462				
	50m 29.82	100m 1:03.65	150m 1:38.26	200m 2:13.37	250m 2:48.71	300m 3:24.38	350m 3:59.94	400m 4:34.43	
12.	Oliver Hogan	16	Bo Southend	4:35.18	458				
	50m 29.54	100m 1:02.63	150m 1:37.28	200m 2:12.33	250m 2:47.75	300m 3:23.69	350m 3:59.80	400m 4:35.18	
13.	Lewis Archer	22	Halstead	4:36.87	450				
	50m 29.65	100m 1:03.31	150m 1:38.22	200m 2:13.34	250m 2:49.19	300m 3:25.04	350m 4:01.41	400m 4:36.87	
14.	Baran Oden	13	Bark & Dagen	4:38.10	444				
	50m 31.10	100m 1:04.78	150m 1:39.73	200m 2:15.36	250m 2:51.02	300m 3:27.07	350m 4:02.97	400m 4:38.10	
15.	Jamieson McLaren	13	Romford Town	4:38.32	443				
	50m 31.34	100m 1:05.80	150m 1:41.49	200m 2:17.56	250m 2:53.30	300m 3:29.42	350m 4:04.87	400m 4:38.32	
16.	Guilherme Gomes	17	Bo Newham	4:38.51	442				
	50m 30.04	100m 1:03.71	150m 1:38.74	200m 2:13.61	250m 2:49.74	300m 3:26.07	350m 4:03.54	400m 4:38.51	
17.	Max Arnold	13	Harlow Pen	4:43.47	419				
	50m 31.16	100m 1:05.72	150m 1:41.08	200m 2:17.05	250m 2:53.51	300m 3:30.45	350m 4:07.52	400m 4:43.47	
18.	Matthew Riddle	14	Thurrock	4:43.62	419				
	50m 31.59	100m 1:06.86	150m 1:42.44	200m 2:18.61	250m 2:54.61	300m 3:30.93	350m 4:07.17	400m 4:43.62	
19.	Daniel MCGUINNESS	13	Basildon Ph	4:43.65	418				
	50m 31.66	100m 1:07.40	150m 1:43.33	200m 2:20.43	250m 2:56.97	300m 3:32.85	350m 4:08.90	400m 4:43.65	
20.	Toby Rayner	15	DunmowAtlant	4:45.38	411				
	50m 31.42	100m 1:06.00	150m 1:41.32	200m 2:17.33	250m 2:52.84	300m 3:29.33	350m 4:06.54	400m 4:45.38	
21.	Jacob Robinson	14	Killerwhales	4:45.69	410				
	50m 31.34	100m 1:05.80	150m 1:41.61	200m 2:18.66	250m 2:55.57	300m 3:32.38	350m 4:09.58	400m 4:45.69	
22.	Samuel Walsh	13	Witham Dolph	4:47.15	403				
	50m 31.86	100m 1:08.03	150m 1:44.91	200m 2:22.23	250m 2:59.53	300m 3:36.72	350m 4:13.93	400m 4:47.15	
23.	Thomas Ford	13	Basildon Ph	4:48.04	400				
	50m 33.12	100m 1:09.27	150m 1:46.28	200m 2:23.40	250m 3:00.38	300m 3:36.61	350m 4:13.43	400m 4:48.04	
24.	Henry Morgan	14	Killerwhales	4:48.66	397				
	50m 33.09	100m 1:09.40	150m 1:46.72	200m 2:23.55	250m 2:59.99	300m 3:36.77	350m 4:13.56	400m 4:48.66	
25.	Steven Salazar	13	Bo Newham	4:49.32	394				
	50m 32.18	100m 1:07.77	150m 1:44.76	200m 2:21.51	250m 2:59.07	300m 3:36.54	350m 4:13.76	400m 4:49.32	
26.	Thomas Bale	14	Halstead	4:49.69	393				
	50m 31.18	100m 1:06.35	150m 1:43.02	200m 2:21.81	250m 2:57.27	300m 3:34.61	350m 4:12.85	400m 4:49.69	
27.	Kian Quinlan	13	Bo Southend	4:50.79	388				
	50m 31.44	100m 1:06.44	150m 1:42.69	200m 2:19.67	250m 2:57.20	300m 3:35.41	350m 4:13.57	400m 4:50.79	
28.	Antonio Girolami	14	Colchester	4:51.61	385				
	50m 32.59	100m 1:09.58	150m 1:46.85	200m 2:24.62	250m 3:01.89	300m 3:39.40	350m 4:16.45	400m 4:51.61	
29.	Raheel Mahmood	12	Romford Town	4:53.06	379				
	50m 32.08	100m 1:08.00	150m 1:45.98	200m 2:23.23	250m 3:01.11	300m 3:39.08	350m 4:16.46	400m 4:53.06	
30.	Ramsey Ebdon	13	Canvey Isl	4:56.50	366				
	50m 32.36	100m 1:08.85	150m 1:47.03	200m 2:24.82	250m 3:02.95	300m 3:40.97	350m 4:19.13	400m 4:56.50	
31.	Connor Wilken	17	Colchester	4:57.72	362				
	50m 30.40	100m 1:05.63	150m 1:42.45	200m 2:20.48	250m 2:58.91	300m 3:37.83	350m 4:17.90	400m 4:57.72	
32.	Joe Power	12	Basildon Ph	4:58.04	361				
	50m 33.38	100m 1:11.19	150m 1:49.29	200m 2:28.01	250m 3:05.64	300m 3:43.87	350m 4:21.73	400m 4:58.04	
33.	Lewis Jarrett	13	Romford Town	4:58.97	357				
	50m 33.40	100m 1:10.34	150m 1:48.36	200m 2:26.71	250m 3:05.25	300m 3:43.75	350m 4:22.51	400m 4:58.97	
34.	Tarelle Laniyan	12	Bo Newham	4:59.89	354				
	50m 33.13	100m 1:10.24	150m 1:47.36	200m 2:26.23	250m 3:04.37	300m 3:43.64	350m 4:22.95	400m 4:59.89	
35.	Sami Benidir	12	Bo Newham	5:04.16	339				
	50m 33.92	100m 1:11.91	150m 1:50.95	200m 2:29.76	250m 3:08.65	300m 3:48.16	350m 4:27.36	400m 5:04.16	



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Senior Winter Championships 2019

FULL RESULTS

EVENT 2 Girls Open 400m IM

Full Results

Full Results

Place	Name	AaD	Club	Time	FINA Pt			
1.	Ellie Wheeler	17	Basildon Ph	4:53.77	684			
	50m 31.43	100m 1:07.47	150m 1:44.97	200m 2:21.76	250m 3:03.43	300m 3:46.01	350m 4:20.28	400m 4:53.77
2.	Ruby Wheeler	13	Basildon Ph	5:05.82	607			
	50m 31.40	100m 1:08.21	150m 1:48.17	200m 2:27.34	250m 3:09.67	300m 3:54.10	350m 4:30.44	400m 5:05.82
3.	Ciara Wookey	15	Colchester	5:10.80	578			
	50m 32.15	100m 1:09.02	150m 1:49.62	200m 2:30.24	250m 3:13.59	300m 3:57.94	350m 4:34.60	400m 5:10.80
4.	Pasakinskaite Erika	13	Bark & Dagen	5:18.27	538			
	50m 31.94	100m 1:08.65	150m 1:50.89	200m 2:32.14	250m 3:17.90	300m 4:03.73	350m 4:42.39	400m 5:18.27
5.	Victoria Drelewa	14	Romford Town	5:19.54	532			
	50m 32.12	100m 1:09.32	150m 1:51.07	200m 2:31.97	250m 3:19.34	300m 4:07.26	350m 4:44.17	400m 5:19.54
6.	Cait Cotter	12	Chelmsford	5:22.50	517			
	50m 33.25	100m 1:11.77	150m 1:52.63	200m 2:33.01	250m 3:18.63	300m 4:05.54	350m 4:44.78	400m 5:22.50
7.	Bryony Edgings	14	Thurrock	5:24.45	508			
	50m 33.06	100m 1:11.60	150m 1:52.61	200m 2:33.32	250m 3:20.74	300m 4:08.63	350m 4:47.04	400m 5:24.45
8.	Francesca Key	14	Canvey Isl	5:25.66	502			
	50m 35.60	100m 1:17.34	150m 1:59.15	200m 2:40.50	250m 3:26.69	300m 4:13.40	350m 4:50.78	400m 5:25.66
9.	Lisa Leinemann	12	Chelmsford	5:25.78	502			
	50m 35.55	100m 1:18.56	150m 2:00.21	200m 2:41.07	250m 3:25.81	300m 4:11.50	350m 4:50.04	400m 5:25.78
10.	Stephanie Pagan	14	Bo Waltham F	5:28.01	491			
	50m 33.36	100m 1:12.27	150m 1:54.01	200m 2:34.83	250m 3:22.48	300m 4:10.98	350m 4:50.32	400m 5:28.01
11.	Molly Grieve	14	Colchester	5:28.29	490			
	50m 34.30	100m 1:14.37	150m 1:57.94	200m 2:39.74	250m 3:26.95	300m 4:11.28	350m 4:50.90	400m 5:28.29
12.	Monika Murine	12	Bark & Dagen	5:30.03	482			
	50m 36.70	100m 1:19.62	150m 2:02.27	200m 2:43.29	250m 3:28.68	300m 4:14.47	350m 4:52.87	400m 5:30.03
13.	Sophie Jenkinson	14	Basildon Ph	5:34.11	465			
	50m 35.67	100m 1:18.57	150m 2:00.73	200m 2:41.36	250m 3:29.04	300m 4:18.05	350m 4:57.11	400m 5:34.11
14.	Emilia Jopson	14	Romford Town	5:35.09	461			
	50m 33.60	100m 1:13.07	150m 1:56.72	200m 2:39.36	250m 3:27.95	300m 4:17.94	350m 4:56.96	400m 5:35.09
15.	Mia Magnus	13	BorRedbridge	5:35.69	458			
	50m 35.77	100m 1:17.39	150m 1:59.45	200m 2:40.19	250m 3:29.43	300m 4:19.76	350m 4:58.00	400m 5:35.69
16.	Lexie O'connor	12	Romford Town	5:42.73	431			
	50m 37.74	100m 1:21.84	150m 2:05.74	200m 2:47.77	250m 3:35.10	300m 4:23.73	350m 5:04.53	400m 5:42.73
17.	Marcie Aley	13	Braintree	5:43.50	428			
	50m 39.57	100m 1:26.43	150m 2:08.67	200m 2:50.83	250m 3:38.37	300m 4:26.29	350m 5:06.66	400m 5:43.50
17.	Emily Tatam	16	Basildon Ph	5:43.50	428			
	50m 36.67	100m 1:19.65	150m 2:03.17	200m 2:45.60	250m 3:33.73	300m 4:23.93	350m 5:04.55	400m 5:43.50
19.	Lexie GOODMAN	12	Basildon Ph	5:51.41	400			
	50m 37.66	100m 1:23.06	150m 2:08.63	200m 2:51.72	250m 3:42.93	300m 4:33.83	350m 5:14.05	400m 5:51.41
20.	Maddie White	14	Chelmsford	5:53.03	394			
	50m 37.06	100m 1:21.00	150m 2:04.91	200m 2:48.54	250m 3:38.97	300m 4:31.15	350m 5:12.76	400m 5:53.03
21.	Ella Pemberton	14	Bo Waltham F	5:54.75	388			
	50m 36.39	100m 1:22.14	150m 2:06.21	200m 2:48.82	250m 3:42.37	300m 4:35.96	350m 5:16.28	400m 5:54.75
22.	Sophie Baker	13	Colchester	6:02.84	363			
	50m 40.31	100m 1:31.07	150m 2:16.84	200m 3:01.61	250m 3:50.02	300m 4:40.36	350m 5:22.25	400m 6:02.84

EVENT 3 Boys Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Ali Cangir	18	Bark & Dagen	30.77	552
2.	Matthew McLaughlin	26	DunmowAtlant	30.92	544
3.	Lee Peterson	45	Braintree	31.16	532
4.	Lewis Marston	17	Runnymede	31.79	501
5.	Harrison Jarvis	15	Thurrock	31.84	498
5.	Naythan Aung	15	Colchester	31.84	498
7.	Owen Vaughan	16	Chelmsford	32.25	479
8.	Samuel Rennie	15	Braintree	32.32	476
9.	Jack Mansfield	17	Harlow Pen	32.34	475
10.	Cole Shepard	16	Basildon Ph	32.37	474
11.	Lewis Bayley	18	Southend	32.56	466
12.	Daniel Gencas	16	Romford Town	32.58	465
13.	Tyler Tombs	14	Chelmsford	32.62	463
14.	Daryl Rands	22	Harwich DP	32.63	463
15.	Denzel Achi	15	Bark & Dagen	32.81	455
16.	Alfie Francis	14	Colchester	32.83	454
17.	Luke Holman	17	Thurrock	32.93	450
18.	Mihnea Totu	15	Bo Newham	33.07	445
19.	Jacob Stephen	14	Brentwood	33.19	440
20.	Euan Higgs	15	Chelmsford	33.28	436
21.	Harvey Last	16	Southend	33.36	433
22.	Joseph Munden	15	Bo Newham	33.80	416
23.	Sam Loader	15	Clacton SC	33.85	415
24.	Gavin Burgos	15	Bark & Dagen	33.99	409
25.	Jake Hare	15	BorRedbridge	34.23	401
26.	Syd Roberts	15	Colchester	34.26	400
27.	Angus Robertson	15	Brentwood	34.30	398
28.	Alex Harness	16	Rochford	34.46	393
29.	Ben Stringer	14	Harlow Pen	34.53	391
30.	Joseph Bentley	20	Witham Dolph	34.54	390
31.	Colin MOGHINA	14	Thurrock	34.63	387



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Senior Winter Championships 2019

FULL RESULTS

32. Nathan Banga	16 Romford Town	34.73	384
33. Kaya Ahmet	15 Bo Waltham F	35.17	370
34. Ronald GAVRIS	14 Colchester	35.45	361
35. Mason Allen	13 Basildon Ph	35.48	360
36. Matteo Castello	15 Thurrock	35.52	359
37. Cole Scott	16 Colchester	35.55	358
38. Apollo Wilkins	15 Chelmsford	35.56	358
39. Patrick Winnington	14 DunmowAtlant	35.57	357
40. Joseph Guild	16 Colchester	35.65	355
41. Antonio Girolami	14 Colchester	35.66	355
42. Denis MORINE	14 Basildon Ph	35.68	354
43. Keelan Gosney	15 Chelmsford	35.92	347
44. Oliver Hogan	16 Bo Southend	36.05	343
45. Ethan Martin	14 Thurrock	36.20	339
45. Joshua Atotileto	13 Bo Newham	36.20	339
47. Joseph Garfield	14 Bo Waltham F	36.28	337
48. Christopher Thompson	16 Colchester	36.34	335
49. William Alltree	15 Saffron Wald	36.62	327
50. Oscar Howell	14 Brentwood	36.68	326
51. Matthew Bale	42 Halstead	36.77	323
52. Luhan Bely	17 Saffron Wald	36.78	323
53. Oliver Murray	15 Braintree	37.16	313
54. William Banks	17 Chelmsford	37.25	311
55. Joseph Quelch	17 Harlow Pen	37.41	307
56. Zak Troman	12 Colchester	37.42	307
57. Daniel Tshuma	15 Bo Newham	37.47	306
58. Danny Moody	13 Romford Town	37.48	305
59. Archie Pigott	12 Killerwhales	37.53	304
60. Colin Peden	13 Saffron Wald	37.71	300
61. Toby Kerrison	15 Saffron Wald	37.85	296
62. Adam Fearon	16 Harlow Pen	37.92	295
63. Romao Conde	12 Bo Newham	38.01	293
64. Matthew Riddle	14 Thurrock	38.27	287
65. Josh White	14 Bark & Dagen	38.28	286
66. Josh Toms	14 DunmowAtlant	38.32	286
67. Oliver Wilkinson	16 Saffron Wald	38.53	281
68. Richard Vanstone	13 Chelmsford	38.55	281
69. Joseph Burns	13 Witham Dolph	38.79	275
70. Marco Yuen	12 Brentwood	38.80	275
71. Denis Drelev	13 Romford Town	38.84	274
71. Thomas Bale	14 Halstead	38.84	274
73. Luke Read	13 Basildon Ph	38.86	274
74. Harold Edwards	14 Braintree	39.01	271
75. Danny Scannell	13 Bark & Dagen	39.03	270
76. Clark Chen	14 Chelmsford	39.23	266
77. Tio Agunbiade	14 Bark & Dagen	39.27	265
78. Ryan Shaw	14 Witham Dolph	39.29	265
79. Ethan Paraiwa	14 Thurrock	39.35	264
80. Thomas Underdown	12 Braintree	39.60	259
81. Euan Freeman	16 Saffron Wald	39.69	257
82. Lewis Jarrett	13 Romford Town	39.70	257
83. Rhys Panyandee	13 Bo Newham	39.80	255
84. Jacob Ray	12 Basildon Ph	39.82	254
85. Charlie Morgan	20 Halstead	40.05	250
86. Freddie Weston	12 Brentwood	40.08	250
87. Matthew Pack	14 Braintree	40.55	241
88. Ryan Dixon	15 Bo Newham	40.74	238
89. Tyrone Ojukwu	12 Bark & Dagen	43.03	202
Ethan Ryan	14 Harlow Pen	DNC	
Mark Rigo	13 Romford Town	DNC	
Ben Read	16 Runnymede	DQ ST	
Elliott Skingley	15 Saffron Wald	DQ ST	

EVENT 4 Girls Open 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Asma Parker	16	Colchester	30.11	619
2.	Grace Waller	15	Basildon Ph	30.56	592
2.	Georgia Pease	17	Basildon Ph	30.56	592
4.	Amelia Moule	16	Romford Town	30.70	584
5.	Neha Pillai	14	Bo Waltham F	30.79	579
6.	Lauren Sharp	16	Chelmsford	30.90	573
7.	Bronte O'dea	16	Runnymede	31.32	550
8.	Kiera Blunden	14	Chelmsford	31.36	548
9.	Ella Turner	14	Basildon Ph	31.42	545
10.	Oluwatunmise Salu	15	Bo Newham	31.74	529
11.	Rebecca West	17	Thurrock	31.80	526
12.	Radost Milkova	16	Thurrock	31.85	523
13.	Amelia Heame	16	Clacton SC	31.99	516
14.	Rebecca Stroud	17	Brentwood	32.06	513
15.	Mia Fursedonne	17	Basildon Ph	32.26	503
16.	Molly Redgrave	15	Colchester	32.34	500
17.	Francesca Low	14	Chelmsford	32.36	499
18.	Charlotte Harris	16	Maldon Shark	32.41	496



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Senior Winter Championships 2019

FULL RESULTS

19. Evangeline Pierce	12 Basildon Ph	32.62	487
20. Brooke Jenkins	15 Basildon Ph	32.80	479
21. Rosie Brooks	15 Chelmsford	32.82	478
22. Sophie Clerkin	13 Braintree	32.83	478
23. Tilly Mayes	16 Thurrock	32.86	476
24. Aoife Marley	17 Witham Dolph	32.88	475
25. Dina Benidir	14 Bo Newham	32.92	474
26. Mia Lowe	12 Basildon Ph	32.96	472
27. Charlotte Gill	14 Basildon Ph	32.99	471
28. Hannah Zyss	14 Basildon Ph	33.05	468
29. Alexa Mann	13 Basildon Ph	33.08	467
30. Rebecca Johnson	14 DunmowAtlant	33.16	463
31. Robyn Quince	15 Runnymede	33.21	461
32. Millie Turner	16 Basildon Ph	33.31	457
32. Sophie Jenkinson	14 Basildon Ph	33.31	457
32. Amber Mason	16 Romford Town	33.31	457
35. Ella Lauder	14 Southend	33.33	456
36. Niamh Wainwright	16 Chelmsford	33.37	455
37. Lily Ulyatt	13 Chelmsford	33.40	453
38. Rebecca Girolami	16 Colchester	33.46	451
39. Ciara Wookey	15 Colchester	33.48	450
40. Brianna Hansen-hoare	12 Harlow Pen	33.49	450
41. Keziah Cornish	13 Colchester	33.70	441
42. Amy Green	15 Chelmsford	33.72	441
43. Katie Pilkington	15 Basildon Ph	33.74	440
44. Temi Awolesi	14 Chelmsford	33.80	438
45. Rebecca HONEYWELL	17 Thurrock	33.83	436
46. Clara Evans	15 BorRedbridge	34.01	429
47. Kya Andreou	15 Harlow Pen	34.11	426
48. Erin Wilkinson	14 Basildon Ph	34.15	424
49. Chloe Brewster	15 Maldon Shark	34.20	422
50. Valeria Marcu	16 Bark & Dagen	34.25	421
51. Greta Goddard	13 Colchester	34.32	418
52. Olivia Fletcher	16 Basildon Ph	34.41	415
53. Claudia King	15 Harlow Pen	34.43	414
54. Verlander Verlander	13 Thurrock	34.59	408
55. Zoe Clegg	16 Colchester	34.71	404
56. Mia Lawrence	15 Clacton SC	34.77	402
57. Emma Staines	15 Chelmsford	34.86	399
58. Olivia Reilly	15 Chelmsford	34.89	398
59. Lily Bott	14 Braintree	35.02	393
60. Mia Magnus	13 BorRedbridge	35.11	390
61. Ruth Wilkinson	16 Saffron Wald	35.13	390
62. Hannah Fleming	14 Chelmsford	35.17	388
63. Emily Comber	17 Runnymede	35.20	387
64. Isabel Collins	13 Bo Southend	35.26	385
64. Skye Carter	12 Basildon Ph	35.26	385
66. Isabelle Mcpherson	15 Witham Dolph	35.27	385
67. Emile Galkute	16 Bo Newham	35.29	384
67. Emma Tappenden	15 Basildon Ph	35.29	384
69. Lacey Buss	14 Harlow Pen	35.30	384
70. Freya Mein	15 Southend	35.38	381
71. Anna-Lucia Fenner	13 Basildon Ph	35.40	381
72. Eloise Smart	14 Colchester	35.47	379
73. Isabel Galilee	13 Clacton SC	35.50	378
74. Shauna Pitcher	16 Harlow Pen	35.98	363
75. Olivia Clarke	13 Chelmsford	36.02	361
76. Tabitha Kennedy	15 Clacton SC	36.27	354
77. Hetty Aris	16 Saffron Wald	36.32	353
78. Jules Mccracken	15 Runnymede	36.38	351
79. Charlotte Hooks	16 Braintree	36.74	341
80. Eliza Westcott	13 DunmowAtlant	36.96	335
81. Nur Ayni Van Der Schyf	14 Colchester	36.98	334
82. Sophia Diggins	15 Saffron Wald	36.99	334
Julia Abazari	16 Bark & Dagen	DNC	
Ella Pemberton	14 Bo Waltham F	DNC	
Ciara Mcauley	14 Saffron Wald	DNC	

EVENT 5 Boys Open 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lewis Binning	16	Basildon Ph	2:08.62	601	28.81	1:01.73	1:34.96
2.	Joshua Fowles	20	Witham Dolph	2:10.19	579	29.40	1:02.16	1:35.74
3.	Daniel Gencas	16	Romford Town	2:15.89	509	29.12	1:03.51	1:40.12
4.	Danny Baker	25	Rochford	2:17.13	496	29.72	1:03.80	1:40.14
5.	Euan Higgs	15	Chelmsford	2:21.36	452	30.00	1:05.57	1:43.18
6.	Aaron Gabriel	14	Bark & Dagen	2:21.43	452	32.31	1:08.76	1:45.38
7.	Jimmy Taylor	15	Thurrock	2:21.95	447	30.54	1:05.72	1:42.98
8.	Morgan Foster	16	Braintree	2:23.79	430	29.85	1:05.57	1:43.81
9.	Nikita Charykin	13	Thurrock	2:24.44	424	31.88	1:09.04	1:47.59
10.	Joseph Garfield	14	Bo Waltham F	2:25.53	415	30.12	1:05.82	1:45.20
11.	Harley West	15	Basildon Ph	2:26.30	408	32.74	1:09.63	1:47.66
12.	Dylan Nutt	20	DunmowAtlant	2:26.38	407	30.83	1:08.62	1:46.51
13.	Guilherme Gomes	17	Bo Newham	2:27.45	399	32.29	1:10.10	1:49.44



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FULL RESULTS

14. Jenson Hurrell	14. Thurrock	2:27.56	398	30.81	1:08.14	1:47.98
15. Harry Robinson	15. Bark & Dagen	2:28.94	387	32.10	1:09.50	1:48.90
16. Georgi Raykin	14. Bo Newham	2:30.40	376	30.65	1:08.43	1:49.98
17. Steven Salazar	13. Bo Newham	2:30.78	373	33.10	1:11.37	1:51.03
18. Justinas Kazlauskas	13. Bark & Dagen	2:31.93	364	32.23	1:10.44	1:51.23
19. Zak Troman	12. Colchester	2:32.29	362	33.70	1:12.59	1:52.09
20. Raheel Mahmood	12. Romford Town	2:32.80	358	33.84	1:13.86	1:53.89
21. Daniel MCGUINNESS	13. Basildon Ph	2:33.16	356	34.11	1:14.09	1:53.96
22. Daniel Tshuma	15. Bo Newham	2:34.29	348	33.10	1:12.53	1:52.64
23. Ellis McQuade	13. DunmowAtlant	2:34.39	347	34.71	1:14.39	1:54.17
24. Arthur Bernans	13. Basildon Ph	2:36.32	334	33.77	1:13.47	1:54.60
25. Henry Dean	13. Thurrock	2:38.31	322	32.98	1:12.82	1:56.65
26. Alfie Francis	14. Colchester	2:39.37	316	32.69	1:12.62	1:55.86
27. William White	12. Harlow Pen	2:44.75	286	36.10	1:17.93	2:01.88
28. Christopher Richardson	14. Bo Waltham F	2:48.31	268	35.98	1:17.43	2:02.62
29. Jamie Benjamin	13. Chelmsford	2:53.10	246	37.00	1:20.91	2:08.31
30. Tarelle Laniyan	12. Bo Newham	2:54.99	238	37.65	1:23.50	2:09.70
31. Luke Read	13. Basildon Ph	2:55.95	234	35.88	1:20.11	2:06.58
32. Corey Hare	13. Colchester	2:58.49	224	37.33	1:24.14	2:11.32
33. Marco Yuen	12. Brentwood	2:58.96	223	37.28	1:25.42	2:14.12
Lewis Marston	17. Runnymede	DQ FI				
Ben MINISTER	13. Thurrock	DQ SL				

EVENT 6 Girls Open 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	May Bradburn	15	Chelmsford	2:05.54	680	29.14	1:00.98	1:33.14
2.	Amelia Moule	16	Romford Town	2:06.71	661	28.32	1:00.52	1:34.30
3.	Holly Lamb	14	Basildon Ph	2:08.74	631	30.00	1:03.00	1:36.13
4.	Rebecca Howell	16	Basildon Ph	2:09.21	624	30.00	1:02.52	1:35.46
5.	Carys Brealey	15	Harlow Pen	2:09.65	617	29.92	1:02.61	1:35.95
6.	Kiera Blunden	14	Chelmsford	2:11.31	594	29.98	1:03.24	1:37.61
7.	Grace Waller	15	Basildon Ph	2:11.41	593	30.01	1:03.16	1:37.62
8.	Victoria Dreleval	14	Romford Town	2:11.67	589	29.90	1:03.47	1:38.31
9.	Phoebe White	14	Harlow Pen	2:12.12	583	30.17	1:03.79	1:39.03
10.	Oluwatunmise Salu	15	Bo Newham	2:13.24	569	30.77	1:04.47	1:39.49
11.	Ella Turner	14	Basildon Ph	2:13.36	567	30.83	1:04.68	1:39.90
12.	Asma Parker	16	Colchester	2:13.53	565	30.85	1:04.68	1:39.76
13.	Junayna Ahmed	16	Romford Town	2:13.77	562	31.35	1:06.04	1:40.68
14.	Rebecca Stroud	17	Brentwood	2:14.70	551	30.85	1:05.56	1:40.74
15.	Charlotte Tree	15	Colchester	2:15.13	545	30.94	1:05.77	1:40.77
16.	Bryony Edgings	14	Thurrock	2:15.50	541	29.97	1:04.01	1:39.63
17.	Olivia Fletcher	16	Basildon Ph	2:16.55	528	31.47	1:06.04	1:41.43
18.	Molly Redgrave	15	Colchester	2:16.67	527	31.77	1:06.67	1:42.19
19.	Neha Pillai	14	Bo Waltham F	2:16.74	526	30.98	1:05.43	1:41.34
20.	Rebecca Watt	17	DunmowAtlant	2:16.75	526	30.88	1:05.72	1:42.40
21.	Erin Wilkinson	14	Basildon Ph	2:16.86	525	30.93	1:05.17	1:41.04
22.	Charlotte Harris	16	Maldon Shark	2:16.93	524	31.45	1:06.32	1:42.24
23.	Millie Turner	16	Basildon Ph	2:17.25	520	31.66	1:06.80	1:42.58
24.	Niamh Wainwright	16	Chelmsford	2:17.83	514	31.15	1:06.07	1:42.44
25.	Isabelle Mcpherson	15	Witham Dolph	2:18.47	507	31.99	1:07.34	1:43.51
26.	Emma Tappenden	15	Basildon Ph	2:18.55	506	31.53	1:06.65	1:42.99
27.	Brooke Jenkins	15	Basildon Ph	2:18.68	504	32.16	1:07.77	1:43.96
28.	Emile Galkute	16	Bo Newham	2:18.90	502	33.38	1:08.74	1:44.58
29.	Amy Allison	14	Bo Waltham F	2:19.21	499	31.40	1:07.40	1:44.43
30.	Alexa Mann	13	Basildon Ph	2:19.28	498	32.30	1:08.92	1:45.36
31.	Evangeline Pierce	12	Basildon Ph	2:19.37	497	32.90	1:09.13	1:45.69
32.	Rebecca Johnson	14	DunmowAtlant	2:19.77	493	32.21	1:07.66	1:44.23
33.	Ella Lauder	14	Southend	2:19.82	492	31.34	1:06.94	1:43.95
34.	Ruby Le May	14	Killerwhales	2:20.27	487	32.26	1:08.06	1:44.70
35.	Emma Staines	15	Chelmsford	2:20.63	484	32.08	1:07.60	1:43.93
36.	Mia Lowe	12	Basildon Ph	2:20.72	483	33.01	1:09.41	1:45.81
36.	Bronte O'dea	16	Runnymede	2:20.72	483	31.46	1:07.11	1:43.89
38.	Lauren Braxton	16	Romford Town	2:20.95	480	33.02	1:08.58	1:45.57
39.	Luella Gilmour	12	Chelmsford	2:21.26	477	33.01	1:09.89	1:46.92
40.	Freya Seymour	15	Runnymede	2:21.93	471	32.40	1:08.81	1:45.37
41.	Skye Carter	12	Basildon Ph	2:22.23	468	32.83	1:09.94	1:46.79
42.	Lisa Leinemann	12	Chelmsford	2:22.79	462	33.61	1:10.16	1:47.36
43.	Olivia Humphrey	14	Killerwhales	2:22.96	460	32.68	1:08.76	1:46.70
44.	Teegan Rayner	14	Witham Dolph	2:22.97	460	32.43	1:08.44	1:46.03
45.	Charlotte Gill	14	Basildon Ph	2:23.01	460	31.91	1:07.76	1:45.40
46.	Keziah Plumb	13	Bark & Dagen	2:23.05	460	32.85	1:08.54	1:45.77
47.	Molly Young	16	Colchester	2:23.15	459	33.16	1:09.77	1:46.54
48.	Zoe Clegg	16	Colchester	2:23.30	457	32.37	1:08.76	1:46.32
49.	Siobhan Foley-wright	17	Runnymede	2:23.57	455	33.05	1:09.92	1:46.95
50.	Harriet Carroll	14	Runnymede	2:23.82	452	31.89	1:07.81	1:46.21
51.	Dina Benidir	14	Bo Newham	2:23.85	452	32.85	1:10.55	1:48.79
52.	Hannah Fleming	14	Chelmsford	2:24.04	450	33.41	1:09.94	1:47.49
53.	Greta Goddard	13	Colchester	2:24.42	447	33.50	1:10.14	1:47.68
54.	Paige Laybourn-Morris	12	Thurrock	2:24.71	444	33.16	1:10.50	1:48.47
55.	Rebecca Dack	17	DunmowAtlant	2:24.76	443	33.35	1:10.15	1:47.97
56.	Verlander Verlander	13	Thurrock	2:24.96	442	33.21	1:10.94	1:48.90
57.	Ella Pemberton	14	Bo Waltham F	2:25.01	441	33.21	1:10.80	1:48.53
58.	Molly Grieve	14	Colchester	2:25.80	434	33.70	1:10.99	1:48.81



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59. Keziah Cornish	13	Colchester	2:26.01	432	33.36	1:10.26	1:48.85
60. Olivia Reilly	15	Chelmsford	2:28.05	414	33.20	1:09.83	1:48.84
61. Olivia Clarke	13	Chelmsford	2:28.26	413	34.65	1:12.13	1:50.51
62. Isabel Collins	13	Bo Southend	2:28.38	412	33.02	1:10.24	1:49.39
63. Taisia Tiron	15	Harlow Pen	2:28.76	409	33.07	1:10.57	1:49.45
64. Temi Awolesi	14	Chelmsford	2:29.94	399	33.06	1:10.41	1:49.88
65. Eloise Smart	14	Colchester	2:30.67	393	33.61	1:11.54	1:50.93
66. Elizabeth Crudgington	14	Southend	2:32.04	383	33.54	1:12.40	1:52.80
67. Ifeoma Nwabueze	12	Bo Southend	2:32.86	377	33.67	1:12.68	1:52.56
68. Ogechi Ndu	16	Bark & Dagen	2:36.78	349	34.49	1:13.53	1:55.16
69. Rebecca HONEYWELL	17	Thurrock	2:38.09	340	34.65	1:13.90	1:55.70
Ciara Mcauley	14	Saffron Wald	DNC				

EVENT 7 Boys Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daniel Gencas	16	Romford Town	1:00.47	528	29.42
2.	Benjamin Eastman	24	Hornchurch	1:00.56	526	29.41
3.	Naythan Aung	15	Colchester	1:00.82	519	28.58
4.	Aaron Wilson	17	Romford Town	1:01.57	500	29.42
5.	Samuel Miller	16	Basildon Ph	1:02.25	484	30.46
6.	Owen Vaughan	16	Chelmsford	1:02.31	483	30.11
7.	Lewis Bayley	18	Southend	1:02.76	473	30.41
8.	Syd Roberts	15	Colchester	1:03.26	461	30.39
9.	Matt Harvey	15	Basildon Ph	1:03.68	452	30.98
10.	Ethan Martin	14	Thurrock	1:04.42	437	30.43
11.	Daniel Dixon	14	Basildon Ph	1:04.64	432	31.74
12.	Jenson Hurrell	14	Thurrock	1:05.26	420	31.34
13.	Samuel Owen	16	Runnymede	1:05.69	412	31.20
14.	Nikita Charykin	13	Thurrock	1:06.17	403	32.21
15.	Samuel Rennie	15	Braintree	1:06.45	398	32.16
16.	Daniel Monk	15	Harlow Pen	1:06.57	396	32.03
17.	Nathan Gray	15	Southend	1:06.58	396	31.39
18.	Connor Wilken	17	Colchester	1:06.59	396	31.82
19.	Alfie Francis	14	Colchester	1:06.89	390	32.27
20.	Luke Marney	15	Romford Town	1:06.93	389	32.38
21.	Max Arnold	13	Harlow Pen	1:07.11	386	32.11
22.	Mason Allen	13	Basildon Ph	1:07.42	381	33.21
23.	Keelan Gosney	15	Chelmsford	1:07.64	377	33.19
24.	James Cowdrey	14	Basildon Ph	1:07.70	376	32.34
25.	Harry Robinson	15	Bark & Dagen	1:07.82	374	32.80
26.	Vytautas Vaitekunas	16	Bark & Dagen	1:07.89	373	32.47
27.	Lewis Archer	22	Halstead	1:08.39	365	33.04
28.	Joseph Bentley	20	Witham Dolph	1:08.51	363	33.52
29.	Joseph Garfield	14	Bo Waltham F	1:08.58	362	33.50
30.	Georgi Raykin	14	Bo Newham	1:08.67	361	32.86
31.	Alex Harness	16	Rochford	1:09.14	353	33.08
32.	Ben MINISTER	13	Thurrock	1:09.32	351	33.79
33.	Guilherme Gomes	17	Bo Newham	1:09.67	345	33.32
34.	Ronald GAVRIS	14	Colchester	1:09.68	345	33.76
35.	Jake Hare	15	BorRedbridge	1:09.99	341	34.64
36.	Christopher Thompson	16	Colchester	1:10.17	338	34.02
37.	Jacob Kitching	14	Chelmsford	1:10.29	336	33.99
38.	Vaughn Dooley	18	Romford Town	1:10.39	335	33.31
39.	Toby Rayner	15	DunmowAtlant	1:10.49	333	33.86
40.	Adam Fearon	16	Harlow Pen	1:10.75	330	34.07
41.	Joseph Quelch	17	Harlow Pen	1:10.94	327	33.51
42.	Henry Morgan	14	Killerwhales	1:11.20	323	34.86
43.	Joshua Owen	14	Runnymede	1:11.45	320	35.24
44.	Raheel Mahmood	12	Romford Town	1:11.52	319	34.69
45.	Josh Toms	14	DunmowAtlant	1:11.71	317	34.24
46.	Apollo Wilkins	15	Chelmsford	1:12.07	312	34.54
47.	Daniel Que	13	Southend	1:12.39	308	34.78
48.	Harrison Brooks	16	DunmowAtlant	1:12.42	307	33.72
49.	Joshua Atotileto	13	Bo Newham	1:12.95	301	35.85
49.	Joseph Guild	16	Colchester	1:12.95	301	34.56
51.	Ethan Paraiwa	14	Thurrock	1:13.36	296	36.10
52.	Thomas Chittock	12	Bo Waltham F	1:13.46	294	35.58
53.	Kevin Moldovan	12	Harlow Pen	1:13.47	294	35.90
54.	Thomas Ford	13	Basildon Ph	1:13.52	294	36.15
55.	Sami Benidir	12	Bo Newham	1:13.89	289	36.46
56.	Hadi Khairul	13	Bo Newham	1:14.00	288	36.93
57.	Tyler Tombs	14	Chelmsford	1:14.40	283	35.91
58.	Oscar Howell	14	Brentwood	1:14.67	280	36.33
59.	Thomas Underdown	12	Braintree	1:14.95	277	36.76
60.	Richard Vanstone	13	Chelmsford	1:14.98	277	35.69
61.	Rio Rogers	15	Basildon Ph	1:15.13	275	36.83
62.	Lewis Jarrett	13	Romford Town	1:15.50	271	36.50
63.	Denis Drelev	13	Romford Town	1:15.59	270	36.59
64.	Matthew Riddle	14	Thurrock	1:16.54	260	37.66
65.	Henry Pertwee	13	DunmowAtlant	1:16.64	259	37.06
	Mark Rigo	13	Romford Town	DNC		



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FULL RESULTS

EVENT 8 Girls Open 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jessica Ayling	18	Romford Town	1:13.04	622	34.49
2.	Kameliya Stojmenova	16	Bo Newham	1:13.90	600	35.18
3.	Aoife Marley	17	Witham Dolph	1:14.33	590	35.29
4.	Ellie Wheeler	17	Basildon Ph	1:14.99	575	35.79
5.	Holly Hagan	15	Romford Town	1:15.17	570	34.91
6.	Chloe Skelt	14	Chelmsford	1:15.20	570	35.03
7.	Ruby Wheeler	13	Basildon Ph	1:15.34	567	35.51
8.	Katherine Daynes	17	Halstead	1:15.74	558	35.85
9.	Ciara Wookey	15	Colchester	1:17.31	524	36.39
10.	Olivia Cooper	13	Basildon Ph	1:17.85	513	36.92
11.	Rebecca Girolami	16	Colchester	1:18.28	505	37.03
12.	Danielle Hartin	17	Basildon Ph	1:18.85	494	36.48
13.	Charlotte Tree	15	Colchester	1:19.00	491	37.34
14.	Misty Eren	13	Harlow Pen	1:19.52	482	37.12
15.	Robyn Quince	15	Runnymede	1:19.80	477	36.68
16.	Asma Parker	16	Colchester	1:20.14	471	38.30
17.	Pasakinskaite Erika	13	Bark & Dagen	1:20.95	457	38.62
18.	Amber Head	17	Rochford	1:21.06	455	37.36
19.	Lauren Sharp	16	Chelmsford	1:21.27	451	38.04
20.	Temi Awolesi	14	Chelmsford	1:21.41	449	38.12
21.	Lily Ulyatt	13	Chelmsford	1:21.57	446	38.40
22.	Rebecca West	17	Thurrock	1:21.82	442	37.75
23.	Monika Murine	12	Bark & Dagen	1:21.88	441	38.85
24.	Anna-Lucia Fenner	13	Basildon Ph	1:21.98	440	38.52
25.	Sadie Rowe	12	Colchester	1:22.08	438	38.88
26.	Cailin Walker	16	Harlow Pen	1:22.75	427	38.95
27.	Evie Jamieson	13	Harlow Pen	1:22.82	426	38.32
28.	Francesca Key	14	Canvey Isl	1:22.89	425	39.23
29.	Lisa Leinemann	12	Chelmsford	1:23.01	423	39.35
30.	Madeleine McCormack	17	Romford Town	1:23.20	421	39.31
31.	Neha Pillai	14	Bo Waltham F	1:23.65	414	38.19
32.	Amelia Heame	16	Clacton SC	1:23.66	414	38.88
33.	Amy Green	15	Chelmsford	1:23.99	409	39.71
34.	Rosie Henn	14	Braintree	1:24.03	408	39.48
35.	Robyn Blows	13	Bo Southend	1:24.05	408	39.73
36.	Lexie O'Connor	12	Romford Town	1:24.18	406	39.51
37.	Francesca Low	14	Chelmsford	1:24.71	398	39.84
38.	Millie Denyer	13	Saffron Wald	1:24.93	395	39.96
39.	Hollie Hawkins	12	Basildon Ph	1:25.02	394	40.01
40.	Charlotte Gill	14	Basildon Ph	1:25.18	392	40.24
41.	Molly Grieve	14	Colchester	1:25.19	392	40.40
42.	Zoe Walton	17	Rochford	1:25.26	391	39.99
43.	Kya Andreou	15	Harlow Pen	1:25.63	386	40.14
44.	Niamh Wainwright	16	Chelmsford	1:25.78	384	39.82
45.	Jasmine Bale	13	Halstead	1:26.10	379	39.33
46.	Megan McLawrence	14	BorRedbridge	1:26.24	378	41.55
47.	Taisia Tiron	15	Harlow Pen	1:26.25	377	40.30
48.	Alexa Miles-Stevens	14	Thurrock	1:26.32	377	39.29
49.	Stephanie Pagan	14	Bo Waltham F	1:26.40	375	40.45
50.	Emilia Jopson	14	Romford Town	1:26.49	374	39.89
51.	Grace Turner	12	Clacton SC	1:26.67	372	41.35
52.	Charlotte Hooks	16	Braintree	1:26.69	372	39.65
53.	Lily Threadgold	14	Braintree	1:26.77	371	39.90
54.	Sophie Baker	13	Colchester	1:26.80	370	40.62
55.	Brooke Woodhouse	14	Killerwhales	1:26.96	368	40.03
56.	Harriet Carroll	14	Runnymede	1:27.02	368	40.97
57.	Cait Cotter	12	Chelmsford	1:27.20	365	40.76
58.	Jasmine Shaw	12	Witham Dolph	1:27.59	360	40.49
59.	Eva Murray	13	Bo Waltham F	1:27.72	359	40.61
60.	Sophia Diggins	15	Saffron Wald	1:27.75	358	40.44
61.	Abigail Koon	14	Bo Newham	1:28.20	353	41.78
62.	Amy Johnson	13	Colchester	1:28.27	352	40.71
63.	Darcy Coburn	14	Braintree	1:28.39	351	40.77
64.	Ruby Le May	14	Killerwhales	1:28.52	349	41.77
65.	Christina Liu	14	Clacton SC	1:28.63	348	41.16
66.	Luella Gilmour	12	Chelmsford	1:28.68	347	42.48
67.	Francesca Rioda	13	Harlow Pen	1:28.85	345	41.99
68.	Sophie O'rorke	12	Braintree	1:29.11	342	41.45
69.	Jasmine Wood	16	Witham Dolph	1:29.23	341	40.74
70.	Olivia Reilly	15	Chelmsford	1:29.72	335	41.74
71.	Caitlin Vernon	15	Southend	1:30.34	328	43.47
71.	Elizabeth Crudgington	14	Southend	1:30.34	328	42.01
73.	Evelina Khan	12	Bo Newham	1:30.53	326	42.61
74.	Paige Scott	13	Colchester	1:30.92	322	42.57
75.	Emile Galkute	16	Bo Newham	1:31.19	319	42.45
76.	Catherine Watley	13	Witham Dolph	1:31.29	318	42.77
76.	Sardonna Yuen	17	Brentwood	1:31.29	318	42.05
78.	Madalyne Alkins	14	Thurrock	1:31.32	318	42.83
79.	Caitlin MURRAY	14	Thurrock	1:31.47	316	43.30
80.	Amelia Barton	14	DunmowAtlant	1:31.57	315	42.22



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FULL RESULTS

81. Tabitha Kennedy	15	Clacton SC	1:34.91	283	43.29
Eloise Smart	14	Colchester	DNC		
Gracie Parker	11	Basildon Ph	DNC		
Sophie Clerkin	13	Braintree	DQ T		

EVENT 9 FINAL OF EVENT 3 Boys Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lee Peterson	45	Braintree	30.59	562
2.	Ali Cangir	18	Bark & Dagen	30.79	551
3.	Matthew McLaughlin	26	DunmowAtlant	30.85	548
4.	Lewis Marston	17	Runnymede	31.85	498
5.	Harrison Jarvis	15	Thurrock	32.03	489
6.	Owen Vaughan	16	Chelmsford	32.12	485
7.	Samuel Rennie	15	Braintree	32.35	475
8.	Naythan Aung	15	Colchester	32.88	452

EVENT 10 FINAL OF EVENT 4 Girls Open 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Asma Parker	16	Colchester	29.99	627
2.	Grace Waller	15	Basildon Ph	30.37	603
3.	Amelia Moule	16	Romford Town	30.74	582
4.	Georgia Pease	17	Basildon Ph	30.84	576
5.	Bronte O'dea	16	Runnymede	31.31	551
5.	Kiera Blunden	14	Chelmsford	31.31	551
7.	Neha Pillai	14	Bo Waltham F	31.34	549
8.	Lauren Sharp	16	Chelmsford	31.46	543

EVENT 11 FINAL OF EVENT 7 Boys Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Daniel Gencas	16	Romford Town	1:00.47	528	29.31
2.	Aaron Wilson	17	Romford Town	1:01.16	511	29.66
3.	Benjamin Eastman	24	Hornchurch	1:01.20	510	30.01
4.	Lewis Bayley	18	Southend	1:02.49	479	29.94
5.	Samuel Miller	16	Basildon Ph	1:03.05	466	30.70
6.	Matt Harvey	15	Basildon Ph	1:03.35	459	30.95
7.	Naythan Aung	15	Colchester	1:03.93	447	30.86
8.	Syd Roberts	15	Colchester	1:04.33	439	30.93

EVENT 12 FINAL OF EVENT 8 Girls Open 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Jessica Ayling	18	Romford Town	1:12.82	628	34.43
2.	Kameliya Stoimenova	16	Bo Newham	1:13.00	623	35.02
3.	Aoife Marley	17	Witham Dolph	1:13.75	604	35.37
4.	Ruby Wheeler	13	Basildon Ph	1:15.65	560	36.23
5.	Ellie Wheeler	17	Basildon Ph	1:15.67	559	35.94
6.	Chloe Skelt	14	Chelmsford	1:15.83	556	35.62
7.	Holly Hagan	15	Romford Town	1:15.92	554	35.47
8.	Katherine Daynes	17	Halstead	1:17.21	526	36.45



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FULL RESULTS

EVENT 13 Boys/Girls Open 800m Freestyle

BOYS - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Joshua Fowles	20	Witham Dolph	8:27.43	667
	50m 29.27	100m 1:00.35	150m 1:31.92	200m 2:03.76	250m 2:36.00
	450m 4:43.61	500m 5:15.95	550m 5:48.20	600m 6:20.04	650m 6:52.20
2.	Lewis Binning	16	Basildon Ph	8:28.20	664
	50m 29.03	100m 59.73	150m 1:31.53	200m 2:03.43	250m 2:35.24
	450m 4:43.35	500m 5:15.57	550m 5:48.09	600m 6:20.55	650m 6:52.79
3.	Daniel Gencas	16	Romford Town	8:40.83	617
	50m 29.09	100m 1:00.80	150m 1:33.18	200m 2:05.90	250m 2:38.48
	450m 4:51.46	500m 5:24.79	550m 5:58.03	600m 6:31.01	650m 7:03.48
4.	Noah Jameson Neal	15	Basildon Ph	8:46.57	597
	50m 29.56	100m 1:02.30	150m 1:35.53	200m 2:09.04	250m 2:42.44
	450m 4:55.91	500m 5:29.36	550m 6:03.05	600m 6:36.43	650m 7:09.62
5.	Nathan Banga	16	Romford Town	8:59.16	556
	50m 29.75	100m 1:02.61	150m 1:35.97	200m 2:09.43	250m 2:43.13
	450m 4:57.78	500m 5:31.46	550m 6:05.70	600m 6:39.92	650m 7:15.02

GIRLS - Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Holly Lamb	14	Basildon Ph	9:16.75	638
	50m 31.31	100m 1:05.59	150m 1:40.74	200m 2:15.84	250m 2:50.97
	450m 5:12.67	500m 5:48.11	550m 6:23.59	600m 6:58.71	650m 7:34.53
2.	Isabelle Jopson	16	Romford Town	9:17.72	634
	50m 31.56	100m 1:06.02	150m 1:40.90	200m 2:15.99	250m 2:51.08
	450m 5:11.18	500m 5:46.40	550m 6:21.56	600m 6:56.86	650m 7:32.24
3.	Rebecca Howell	16	Basildon Ph	9:41.50	560
	50m 31.94	100m 1:06.56	150m 1:41.33	200m 2:16.68	250m 2:52.16
	450m 5:16.63	500m 5:51.32	550m 6:29.84	600m 7:08.41	650m 7:47.29
4.	Stephanie Pagan	14	Bo Waltham F	9:45.33	549
	50m 32.53	100m 1:07.74	150m 1:43.63	200m 2:20.42	250m 2:57.29
	450m 5:25.74	500m 6:02.93	550m 6:40.51	600m 7:17.90	650m 7:54.91
5.	Junayna Ahmed	16	Romford Town	9:45.76	547
	50m 32.61	100m 1:08.54	150m 1:45.08	200m 2:21.96	250m 2:59.09
	450m 5:28.29	500m 6:05.58	550m 6:42.72	600m 7:19.68	650m 7:56.69
6.	Amy Allison	14	Bo Waltham F	9:50.27	535
	50m 32.08	100m 1:08.88	150m 1:46.12	200m 2:23.58	250m 3:00.66
	450m 5:29.45	500m 6:06.55	550m 6:44.20	600m 7:21.61	650m 7:59.02
7.	Holly Hagan	15	Romford Town	9:54.85	523
	50m 33.03	100m 1:09.73	150m 1:47.25	200m 2:25.12	250m 3:03.24
	450m 5:34.55	500m 6:11.90	550m 6:49.32	600m 7:26.41	650m 8:03.59
8.	Cait Cotter	12	Chelmsford	10:09.68	485
	50m 34.87	100m 1:13.35	150m 1:52.16	200m 2:30.49	250m 3:09.44
	450m 5:44.32	500m 6:22.83	550m 7:01.15	600m 7:39.55	650m 8:17.71

EVENT 14 Boys Open 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alessandro Rioda	15	Harlow Pen	24.46	568
2.	Daniel Gencas	16	Romford Town	24.53	563
3.	James Speers	16	Basildon Ph	24.60	558
4.	Joshua Fowles	20	Witham Dolph	24.74	549
5.	Damon Elliott	15	DunmowAtlant	24.89	539
6.	Naythan Aung	15	Colchester	24.90	538
7.	Aaron Wilson	17	Romford Town	24.95	535
8.	Joe Northover	29	Bo Newham	25.03	530
9.	Lewis Bayley	18	Southend	25.03	530
10.	Euan Higgs	15	Chelmsford	25.27	515
11.	Cole Shepard	16	Basildon Ph	25.28	514
12.	Samuel Miller	16	Basildon Ph	25.34	511
13.	Connor Wilken	17	Colchester	25.69	490
14.	Ali Cangir	18	Bark & Dagen	25.69	490
15.	Daryl Rands	22	Harwich DP	25.72	488
16.	Denzel Achi	15	Bark & Dagen	25.78	485
17.	Angus Robertson	15	Brentwood	25.84	481
18.	Ethan Martin	14	Thurrock	25.90	478
19.	Joshua Eguakhide	16	Romford Town	25.91	478
20.	Matthew McLaughlin	26	DunmowAtlant	26.16	464
21.	Joseph Guild	16	Colchester	26.18	463
22.	Alfie Francis	14	Colchester	26.23	460
23.	Nathan Gray	15	Southend	26.23	460
24.	Jacob Stephen	14	Brentwood	26.24	460
25.	Daniel Monk	15	Harlow Pen	26.31	456
26.	Luke Goodall	20	Runnymede	26.32	456
27.	Lewis Marston	17	Runnymede	26.34	455
28.	Alex Harness	16	Rochford	26.37	453
29.	Jimmy Taylor	15	Thurrock	26.39	452
30.	Harvey Last	16	Southend	26.40	451
31.	James Cowdrey	14	Basildon Ph	26.41	451
32.	Joseph Quelch	17	Harlow Pen	26.44	449
33.	Lewis Dixon	14	Bark & Dagen	26.48	447
34.	Syd Roberts	15	Colchester	26.48	447
35.	Georgi Raykin	14	Bo Newham	26.54	444
36.	Samuel Owen	16	Runnymede	26.61	441
37.	Vaughn Dooley	18	Romford Town	26.62	440



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FULL RESULTS

38. Joseph Garfield	14 Bo Waltham F	26.64	439
39. Jack Mansfield	17 Harlow Pen	26.65	439
40. Matthew Kent	15 Harwich DP	26.66	438
41. Aaron Chambers	17 Epping For't	26.69	437
42. George Wallace	14 Colchester	26.74	434
43. Ethan Shelley	14 Rochford	26.76	433
44. Mihnea Totu	15 Bo Newham	26.83	430
45. Samuel Dack	17 DunmowAtlant	26.86	429
46. Keelan Gosney	15 Chelmsford	26.94	425
47. Max Arnold	13 Harlow Pen	26.99	422
47. Dylan Nutt	20 DunmowAtlant	26.99	422
49. Maddox Roberts	13 Witham Dolph	27.00	422
50. Kalaum Corani	15 Colchester	27.10	417
51. Colin MOGHINA	14 Thurrock	27.11	417
52. Nathan Banga	16 Romford Town	27.13	416
53. Gavin Burgos	15 Bark & Dagen	27.18	414
54. Joseph Frost	16 Romford Town	27.23	411
55. Malcolm Espenilla	15 Bark & Dagen	27.40	404
56. Thomas Bale	14 Halstead	27.52	399
56. Oliver Shead	14 Witham Dolph	27.52	399
58. Apollo Wilkins	15 Chelmsford	27.53	398
59. Owen Stringer	18 Harlow Pen	27.57	396
60. Daniel Tshuma	15 Bo Newham	27.64	393
61. Guilherme Gomes	17 Bo Newham	27.72	390
62. Daniel Parker	13 Braintree	27.74	389
63. Luhan Bely	17 Saffron Wald	27.75	389
64. Oliver Hogan	16 Bo Southend	27.77	388
65. Jenson Hurrell	14 Thurrock	27.78	387
66. Justin Kazlauskas	13 Bark & Dagen	27.83	385
67. Harry Richardson	15 Southend	27.87	384
68. Tyler Tombs	14 Chelmsford	27.89	383
69. Cole Scott	16 Colchester	27.90	382
70. Samuel Walsh	13 Witham Dolph	27.92	382
71. Josh Toms	14 DunmowAtlant	27.94	381
72. Matt Harvey	15 Basildon Ph	27.96	380
73. Joseph Munden	15 Bo Newham	27.98	379
74. Ronald GAVRIS	14 Colchester	28.04	377
74. Cameron Brown	21 Witham Dolph	28.04	377
76. Mason Allen	13 Basildon Ph	28.07	376
77. Samuel Rennie	15 Braintree	28.12	374
78. Adam Fearon	16 Harlow Pen	28.23	369
79. Jacob Kitching	14 Chelmsford	28.26	368
80. Ben Styman-Heighton	15 Halstead	28.29	367
81. Josh White	14 Bark & Dagen	28.32	366
82. Nicholas Alabaster	53 Rochford	28.37	364
83. Ben Stringer	14 Harlow Pen	28.45	361
84. Ellis McQuade	13 DunmowAtlant	28.55	357
85. Ben Read	16 Runnymede	28.68	352
86. Kian Panyandee	17 Bo Newham	28.70	351
87. Hadi Khairul	13 Bo Newham	28.77	349
88. Harley West	15 Basildon Ph	28.87	345
89. Mohamed FAHMY	15 Southend	28.88	345
89. Thomas Dean	14 Bo Southend	28.88	345
91. Oliver Dann	14 Harwich DP	28.90	344
92. Atikan To	13 Harlow Pen	28.94	343
93. Ismail Ayad	15 Bo Newham	28.96	342
94. Kornelijus Asmantas	16 Bark & Dagen	28.97	342
95. Matthew Pack	14 Braintree	29.04	339
95. Euan Freeman	16 Saffron Wald	29.04	339
97. Matteo Castello	15 Thurrock	29.05	339
98. Tarelle Laniyan	12 Bo Newham	29.10	337
99. Ethan May	14 Harlow Pen	29.22	333
100. Connor Chapman	16 Runnymede	29.24	332
101. Benjamin James	15 DunmowAtlant	29.29	330
102. James Baker	12 Brentwood	29.35	328
103. Clark Chen	14 Chelmsford	29.36	328
103. Colin Peden	13 Saffron Wald	29.36	328
105. Henry Dean	13 Thurrock	29.37	328
106. Christopher Thompson	16 Colchester	29.47	324
107. Kian Quinlan	13 Bo Southend	29.59	320
108. Nicholas Harding	16 Saffron Wald	29.70	317
108. Denis Drelev	13 Romford Town	29.70	317
110. Jamie Hartnup	13 Braintree	29.72	316
111. Rory Wilde	12 Chelmsford	29.75	315
112. William Alltree	15 Saffron Wald	29.78	314
112. Arthur Bernans	13 Basildon Ph	29.78	314
114. Freddy Coe	14 Rochford	29.80	314
115. Joshua Owen	14 Runnymede	29.81	313
116. Joe Power	12 Basildon Ph	29.83	313
117. Richard Vanstone	13 Chelmsford	29.90	311
118. Kaya Ahmet	15 Bo Waltham F	29.91	310
119. Tyrone Ojukwu	12 Bark & Dagen	30.02	307
119. Matthew Riddle	14 Thurrock	30.02	307
121. Harley Copley	15 Rochford	30.07	305
122. Dion Fana	12 Basildon Ph	30.21	301



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FULL RESULTS

123. Sam Loader	15	Clacton SC	30.25	300
124. Oliver Wilkinson	16	Saffron Wald	30.36	297
125. Raheel Mahmood	12	Romford Town	30.42	295
125. Oscar Howell	14	Brentwood	30.42	295
127. Collin Okusaga	12	Braintree	30.45	294
128. Toby Kerrison	15	Saffron Wald	30.46	294
129. George Mcalister	13	Southend	30.49	293
130. Rio ROGERS	15	Basildon Ph	30.50	293
131. Jack Prentice	16	Harlow Pen	30.57	291
132. Kevin Moldovan	12	Harlow Pen	30.58	290
133. Calum Digby	13	Braintree	30.59	290
134. Forest Farrow	12	Basildon Ph	30.61	289
135. Jamie Hall	15	Halstead	30.67	288
136. Thomas Ford	13	Basildon Ph	30.68	287
137. Thomas Chittock	12	Bo Waltham F	30.76	285
137. Luke Bellyou	16	Clacton SC	30.76	285
139. Louey Parkhurst	13	Witham Dolph	30.77	285
140. Christopher Richardson	14	Bo Waltham F	30.78	285
140. Ethan Ryan	14	Harlow Pen	30.78	285
142. Qaiyan Thompson	12	Bo Newham	30.93	281
143. Jacob Ray	12	Basildon Ph	31.14	275
144. Sami Benidir	12	Bo Newham	31.18	274
145. Romao Conde	12	Bo Newham	31.30	271
146. Harold Edwards	14	Braintree	31.61	263
Ethan Paraiwa	14	Thurrock	DNC	
Mohamed Hammad	22	Bo Newham	DNC	
Vytautas Vaitekunas	16	Bark & Dagen	DQ ST	

EVENT 15 Girls Open 50m Butterfly

Full Results

Place	Name	AAd	Club	Time	FINA Pt
1.	May Bradburn	15	Chelmsford	28.50	625
2.	Erin Little	14	Chelmsford	29.35	573
3.	Asma Parker	16	Colchester	29.41	569
4.	Georgia Pease	17	Basildon Ph	29.44	567
5.	Ciara Wookey	15	Colchester	29.98	537
6.	Tilly Mayes	16	Thurrock	30.04	534
7.	Victoria Dreleval	14	Romford Town	30.24	524
8.	Rebecca Watt	17	DunmowAtlant	30.34	518
9.	Brooke Jenkins	15	Basildon Ph	30.48	511
10.	Pasakinskaite Erika	13	Bark & Dagen	30.51	510
11.	Ruby Wheeler	13	Basildon Ph	30.59	506
12.	Tia Gardiner	17	Chelmsford	30.66	502
13.	Oluwatumise Salu	15	Bo Newham	30.96	488
14.	Madison Smith	16	Stanway	31.20	477
14.	Neha Pillai	14	Bo Waltham F	31.20	477
16.	Ellie Wheeler	17	Basildon Ph	31.21	476
17.	Millie Ward	17	Brentwood	31.35	470
18.	Molly Young	16	Colchester	31.43	466
19.	Charlotte Gill	14	Basildon Ph	31.48	464
20.	Lauren Sharp	16	Chelmsford	31.61	458
21.	Radost Milkova	16	Thurrock	31.63	457
22.	Kiera Blunden	14	Chelmsford	31.66	456
23.	Grace Waller	15	Basildon Ph	31.69	455
23.	Ciara McAuley	14	Saffron Wald	31.69	455
25.	Rebecca Stroud	17	Brentwood	31.73	453
26.	Rebecca Girolami	16	Colchester	31.76	452
27.	Rosie Brooks	15	Chelmsford	31.86	448
28.	Katherine Daynes	17	Halstead	31.90	446
29.	Molly Redgrave	15	Colchester	31.94	444
30.	Niamh Wainwright	16	Chelmsford	31.95	444
30.	Aoife Marley	17	Witham Dolph	31.95	444
32.	Bryony Edgings	14	Thurrock	31.96	443
33.	Amber Head	17	Rochford	32.04	440
33.	Rebecca West	17	Thurrock	32.04	440
35.	Lily Ulyatt	13	Chelmsford	32.29	430
36.	Brooke Woodhouse	14	Killerwhales	32.45	424
37.	Hannah Zyss	14	Basildon Ph	32.46	423
38.	Amelia Heame	16	Clacton SC	32.58	419
39.	Skye Carter	12	Basildon Ph	32.73	413
40.	Emilia Jopson	14	Romford Town	32.74	412
41.	Aimee Armsden	15	Basildon Ph	32.84	409
42.	Dina Benidir	14	Bo Newham	33.02	402
43.	Stephanie Pagan	14	Bo Waltham F	33.10	399
44.	Temi Awolesi	14	Chelmsford	33.33	391
45.	Olivia Rudd	15	Basildon Ph	33.35	390
46.	Bronte O'dea	16	Runnymede	33.36	390
47.	Abbie Mortimer-Ford	16	Maldon Shark	33.45	387
48.	Gracie Morris	13	Rochford	33.46	386
49.	Isabelle Mcpherson	15	Witham Dolph	33.48	386
50.	Memphis Fleming	17	Canvey Isl	33.61	381
51.	Rosie Adamson	14	Clacton SC	33.64	380
52.	Lily Bott	14	Braintree	33.81	374
53.	Molly Brisbourne	13	Brentwood	33.82	374



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FULL RESULTS

54. Rachel Green	15 Brentwood	33.86	373
55. Freya Mein	15 Southend	33.95	370
55. Olivia Fletcher	16 Basildon Ph	33.95	370
57. Olivia Smith-lal	21 Harlow Pen	34.00	368
58. Emily Comber	17 Runnymede	34.24	360
59. Hollie Hawkins	12 Basildon Ph	34.34	357
60. Sophie Ball	12 Braintree	34.42	355
61. Cait Cotter	12 Chelmsford	34.45	354
62. Isabel Collins	13 Bo Southend	34.54	351
63. Chloe Keegan	12 Killerwhales	34.64	348
64. Kathryn Edwards	12 Braintree	34.65	348
65. Mia Lawrence	15 Clacton SC	34.77	344
66. Kya Andreou	15 Harlow Pen	34.86	342
67. Tami Bankole	12 Thurrock	34.90	340
68. Zoe Clegg	16 Colchester	35.04	336
69. Emile Galkute	16 Bo Newham	35.06	336
70. Libby Marmolejo	13 Bo Newham	35.08	335
70. Innes Dunlop	15 Saffron Wald	35.08	335
72. Darcy Coburn	14 Braintree	35.11	334
73. Tierney Rooney	13 Romford Town	35.13	334
74. Mia Magnus	13 BorRedbridge	35.18	332
75. Caitlin MURRAY	14 Thurrock	35.21	331
76. Annabelle Garnell	15 Rochford	35.24	331
76. Mary Gill	14 Maldon Shark	35.24	331
78. Shauna Pitcher	16 Harlow Pen	35.33	328
78. Maddie White	14 Chelmsford	35.33	328
80. Isobel Sanders	13 Harlow Pen	35.34	328
81. Sophie Evans	13 Runnymede	35.40	326
82. Tabitha Kennedy	15 Clacton SC	35.47	324
83. Keziah Plumb	13 Bark & Dagen	35.58	321
83. Chloe Brewster	15 Maldon Shark	35.58	321
85. Edie Newell	12 Brentwood	35.64	320
86. Emma Staines	15 Chelmsford	35.72	317
87. Charlotte Hooks	16 Braintree	35.73	317
88. Cailin Walker	16 Harlow Pen	35.75	317
88. Louise Webster	12 Thurrock	35.75	317
90. Christina Liu	14 Clacton SC	35.78	316
91. Verity Seymour	16 Runnymede	35.81	315
92. Freya Seymour	15 Runnymede	35.84	314
93. Lexie GOODMAN	12 Basildon Ph	35.95	311
94. Emma Page	14 Rochford	36.01	310
95. Rebecca Dack	17 DunmowAtlant	36.03	309
96. Sardonna Yuen	17 Brentwood	36.28	303
97. Rosy Bird	16 Halstead	36.50	298
98. Jasmine Axcoll	13 Southend	36.84	289
99. Rebecca HONEYWELL	17 Thurrock	37.37	277
Jasmine Wood	16 Witham Dolph	DNC	
Holly McCarthy	14 Colchester	DQ ST	

EVENT 16 Boys Open 200m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Lewis Binning	16	Basildon Ph	2:11.81	575	28.28	1:03.08	1:42.12
2.	Joshua Fowles	20	Witham Dolph	2:12.07	571	29.03	1:03.36	1:42.57
3.	Daniel Gencas	16	Romford Town	2:13.38	555	28.56	1:03.17	1:43.54
4.	Jack Turrell	16	Basildon Ph	2:15.35	531	28.48	1:03.32	1:44.23
5.	Aaron Gabriel	14	Bark & Dagen	2:18.37	497	31.61	1:06.96	1:46.62
6.	Lewis Marston	17	Runnymede	2:19.63	484	29.91	1:08.08	1:46.50
7.	Owen Vaughan	16	Chelmsford	2:20.14	478	29.98	1:06.96	1:48.01
8.	Morgan Foster	16	Braintree	2:20.83	471	29.70	1:07.14	1:49.79
9.	Nathan Banga	16	Romford Town	2:23.21	448	31.77	1:09.36	1:52.00
10.	Lewis Bayley	18	Southend	2:23.25	448	30.52	1:05.98	1:47.03
11.	Jacob Stephen	14	Brentwood	2:23.26	448	30.74	1:08.08	1:49.80
12.	Jack Mansfield	17	Harlow Pen	2:25.04	431	31.75	1:11.87	1:49.62
13.	Nikita Charykin	13	Thurrock	2:25.53	427	31.55	1:08.56	1:52.46
14.	Daryl Rands	22	Harwich DP	2:26.00	423	29.53	1:09.46	1:51.71
15.	Denis MORINE	14	Basildon Ph	2:26.03	423	32.29	1:11.20	1:53.17
16.	Alfie Francis	14	Colchester	2:26.18	421	30.78	1:10.59	1:51.60
17.	Joseph Garfield	14	Bo Waltham F	2:26.46	419	30.42	1:08.25	1:53.16
18.	Kalaum Corani	15	Colchester	2:27.14	413	31.08	1:11.38	1:53.11
19.	Connor Wilken	17	Colchester	2:27.95	406	29.82	1:07.04	1:51.83
20.	Colin MOGHINA	14	Thurrock	2:28.33	403	31.51	1:11.05	1:52.71
21.	Samuel Owen	16	Runnymede	2:28.34	403	29.44	1:05.45	1:55.34
22.	Patrick Winnington	14	DunmowAtlant	2:28.53	402	31.81	1:10.95	1:54.35
23.	Joseph Frost	16	Romford Town	2:29.59	393	30.85	1:06.91	1:54.14
24.	Harry Robinson	15	Bark & Dagen	2:30.42	387	31.86	1:06.99	1:54.40
25.	Josh White	14	Bark & Dagen	2:31.20	381	32.71	1:11.18	1:56.48
26.	Keelan Gosney	15	Chelmsford	2:31.31	380	32.52	1:09.81	1:57.40
27.	Cole Scott	16	Colchester	2:31.33	380	32.05	1:13.01	1:56.32
28.	Ben MINISTER	13	Thurrock	2:31.68	377	32.94	1:10.89	1:55.62
29.	Oliver Shead	14	Witham Dolph	2:32.33	372	31.05	1:10.94	1:58.57
30.	Joseph Munden	15	Bo Newham	2:32.95	368	31.48	1:14.38	1:57.42
31.	Matteo Castello	15	Thurrock	2:33.19	366	33.69	1:15.07	1:57.31
32.	Guilherme Gomes	17	Bo Newham	2:33.23	366	31.52	1:11.56	1:58.43



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FULL RESULTS

33. Zak Troman	12 Colchester	2:33.27	365	33.33	1:12.89	1:58.14
34. Maddox Roberts	13 Witham Dolph	2:33.70	362	-	31.64	1:58.59
35. Steven Salazar	13 Bo Newham	2:34.50	357	32.89	1:13.54	1:59.23
36. Daniel MCGUINNESS	13 Basildon Ph	2:34.89	354	33.30	1:13.08	1:59.85
37. Thomas Bale	14 Halstead	2:35.08	353	33.65	1:12.61	2:01.23
38. George Wallace	14 Colchester	2:35.46	350	32.06	1:12.23	2:00.74
39. Harry Stagg	13 Basildon Ph	2:35.60	349	33.85	1:14.67	2:00.03
40. Oscar Howell	14 Brentwood	2:36.08	346	35.41	1:15.60	2:00.03
41. Max Arnold	13 Harlow Pen	2:36.25	345	32.95	1:12.86	2:00.89
42. Matthew Riddle	14 Thurrock	2:37.78	335	34.83	1:15.53	2:01.40
43. Ben Read	16 Runnymede	2:39.62	323	34.20	1:14.82	2:02.55
44. Christopher Thompson	16 Colchester	2:40.02	321	35.59	1:14.65	2:02.53
45. Josh Toms	14 DunmowAtlant	2:40.51	318	36.78	1:17.10	2:05.38
46. Raheel Mahmood	12 Romford Town	2:40.61	318	34.54	1:16.07	2:05.59
47. Clark Chen	14 Chelmsford	2:41.42	313	36.67	1:18.78	2:05.96
48. Colin Peden	13 Saffron Wald	2:42.14	309	33.15	1:15.60	2:04.14
49. Christopher Richardson	14 Bo Waltham F	2:42.81	305	35.43	1:16.56	2:06.56
50. Joshua Owen	14 Runnymede	2:43.37	302	35.90	1:16.77	2:08.62
51. Lewis Jarrett	13 Romford Town	2:44.32	296	35.84	1:17.74	2:06.72
52. Thomas Ford	13 Basildon Ph	2:45.13	292	37.14	1:16.96	2:09.11
53. Ramsey Ebdon	13 Canvey Isl	2:46.02	287	35.97	1:21.96	2:10.02
54. Corey Hare	13 Colchester	2:47.87	278	38.10	1:21.26	2:10.75
55. Sami Benidir	12 Bo Newham	2:49.30	271	37.39	1:19.41	2:11.70
Kaya Ahmet	15 Bo Waltham F	DNC				
Liam Brennan	17 Basildon Ph	DNC				
Archie Pigott	12 Killerwhales	DQ FI				

EVENT 17 Girls Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Erin Little	14	Chelmsford	57.01	684	27.20
2.	Rianna Smith	21	Basildon Ph	58.56	631	28.14
3.	Rebecca Watt	17	DunmowAtlant	58.76	625	28.56
4.	May Bradburn	15	Chelmsford	58.82	623	28.65
5.	Grace Waller	15	Basildon Ph	59.17	612	28.82
6.	Ruby Wheeler	13	Basildon Ph	59.68	596	28.96
7.	Tia Gardiner	17	Chelmsford	1:00.26	579	29.31
8.	Carys Brealey	15	Harlow Pen	1:00.30	578	29.02
9.	Asma Parker	16	Colchester	1:00.64	569	29.35
10.	Chloe Skelt	14	Chelmsford	1:00.87	562	29.21
11.	Ellie Wheeler	17	Basildon Ph	1:01.21	553	29.77
12.	Lauren Sharp	16	Chelmsford	1:01.29	551	29.57
13.	Phoebe White	14	Harlow Pen	1:01.43	547	29.62
14.	Mia Fursedonne	17	Basildon Ph	1:01.45	546	30.29
15.	Victoria Drelewa	14	Romford Town	1:01.60	542	29.37
16.	Tilly Mayes	16	Thurrock	1:01.68	540	29.47
17.	Ciara Wookey	15	Colchester	1:01.74	539	29.89
18.	Rosie Brooks	15	Chelmsford	1:01.88	535	29.39
19.	Sophie Clerkin	13	Braintree	1:02.82	511	30.21
20.	Ella Turner	14	Basildon Ph	1:02.89	510	30.39
21.	Erin Wilkinson	14	Basildon Ph	1:02.92	509	30.52
22.	Rebecca Girolami	16	Colchester	1:02.93	509	30.70
23.	Neha Pillai	14	Bo Waltham F	1:03.28	500	30.08
24.	Rebecca Johnson	14	DunmowAtlant	1:03.44	496	30.53
25.	Olivia Fletcher	16	Basildon Ph	1:03.63	492	30.94
26.	Niamh Wainwright	16	Chelmsford	1:03.65	492	30.44
27.	Bryony Edgings	14	Thurrock	1:03.68	491	30.11
28.	Kameliya Stoimenova	16	Bo Newham	1:03.69	491	31.17
29.	Charlotte Gill	14	Basildon Ph	1:03.72	490	30.84
30.	Bronte O'dea	16	Runnymede	1:03.86	487	30.25
31.	Emile Galkute	16	Bo Newham	1:03.92	485	31.34
32.	Robyn Quince	15	Runnymede	1:04.13	481	30.84
33.	Isabelle Mcpherson	15	Witham Dolph	1:04.48	473	30.66
34.	Luella Gilmour	12	Chelmsford	1:04.52	472	31.88
35.	Teegan Rayner	14	Witham Dolph	1:04.71	468	31.55
36.	Emma Tappenden	15	Basildon Ph	1:04.74	467	31.21
37.	Charlotte Harris	16	Maldon Shark	1:04.78	466	30.79
38.	Valeria Marcu	16	Bark & Dagen	1:04.80	466	30.91
39.	Lily Ulyatt	13	Chelmsford	1:05.00	462	31.35
40.	Harriet Carroll	14	Runnymede	1:05.17	458	31.40
41.	Olivia Cooper	13	Basildon Ph	1:05.21	457	31.26
42.	Olivia Rudd	15	Basildon Ph	1:05.23	457	31.28
43.	Freyja Seymour	15	Runnymede	1:05.25	456	31.56
44.	Francesca Low	14	Chelmsford	1:05.40	453	31.39
45.	Evangeline Pierce	12	Basildon Ph	1:05.47	452	31.73
46.	Sophie Jenkinson	14	Basildon Ph	1:05.60	449	31.51
47.	Temí Awolesi	14	Chelmsford	1:05.64	448	31.44
48.	Amber Head	17	Rochford	1:05.76	446	31.34
49.	Skye Carter	12	Basildon Ph	1:05.83	444	32.16
50.	Zoe Clegg	16	Colchester	1:05.90	443	31.34
51.	Emilia Jopson	14	Romford Town	1:05.93	442	31.84
52.	Clara Evans	15	BorRedbridge	1:05.96	442	31.45
53.	Emma Staines	15	Chelmsford	1:06.07	439	31.82
54.	Molly Young	16	Colchester	1:06.22	436	31.66



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FULL RESULTS

55. Verlander Verlander	13	Thurrock	1:06.30	435	31.52
56. Eva Murray	13	Bo Waltham F	1:06.63	428	32.36
57. Misty Eren	13	Harlow Pen	1:06.64	428	32.13
58. Claudia King	15	Harlow Pen	1:06.70	427	31.55
59. Katie Pilkington	15	Basildon Ph	1:06.73	427	32.17
60. Lisa Leinemann	12	Chelmsford	1:06.79	425	32.28
60. Ella Pemberton	14	Bo Waltham F	1:06.79	425	32.33
60. Olivia Reilly	15	Chelmsford	1:06.79	425	31.94
63. Marcie Aley	13	Braintree	1:06.81	425	32.30
64. Mia Magnus	13	BorRedbridge	1:06.83	425	31.87
65. Darcy Coburn	14	Braintree	1:06.85	424	31.62
66. Rachel Sale	12	Stanway	1:06.93	423	32.41
67. Taisia Tiron	15	Harlow Pen	1:06.96	422	32.11
68. Amber Mason	16	Romford Town	1:07.01	421	31.36
69. Amy Green	15	Chelmsford	1:07.10	419	32.76
70. Memphis Fleming	17	Canvey Isl	1:07.13	419	31.50
71. Lotti Talbot	15	Colchester	1:07.17	418	31.50
72. Jasmine Wood	16	Witham Dolph	1:07.27	416	31.70
73. Rachel Green	15	Brentwood	1:07.28	416	32.57
74. Aimee Arnsden	15	Basildon Ph	1:07.29	416	31.84
75. Dina Benidir	14	Bo Newham	1:07.33	415	32.19
76. Greta Goddard	13	Colchester	1:07.38	414	32.19
77. Keziah Plumb	13	Bark & Dagen	1:07.42	414	32.58
78. Ciara Mcauley	14	Saffron Wald	1:07.58	411	32.86
79. Hannah Fleming	14	Chelmsford	1:07.59	410	32.26
80. Rebecca Dack	17	DunmowAtlant	1:07.67	409	33.21
81. Paige Laybourn-Morris	12	Thurrock	1:07.76	407	32.77
82. Emma Page	14	Rochford	1:07.78	407	32.85
83. Molly Brisbane	13	Brentwood	1:07.95	404	32.29
84. Stephanie Pagan	14	Bo Waltham F	1:07.96	404	32.67
85. Abbie Mortimer-Ford	16	Maldon Shark	1:08.29	398	33.41
86. Isabel Collins	13	Bo Southend	1:08.51	394	32.57
87. Sophie O'rorke	12	Braintree	1:08.59	393	32.47
88. Chloe Brewster	15	Maldon Shark	1:08.78	389	32.60
89. Siobhan Foley-wright	17	Runnymede	1:08.98	386	32.41
90. Ifeoma Nwabueze	12	Bo Southend	1:09.21	382	32.27
91. Cailin Walker	16	Harlow Pen	1:09.35	380	33.44
92. Charlotte Hooks	16	Braintree	1:09.50	377	33.06
93. Hetty Aris	16	Saffron Wald	1:09.53	377	33.40
94. Lexie GOODMAN	12	Basildon Ph	1:09.71	374	34.02
95. Caitlin Vernon	15	Southend	1:09.77	373	33.65
96. Libby Marmolejo	13	Bo Newham	1:09.85	372	32.96
97. Innes Dunlop	15	Saffron Wald	1:10.02	369	33.22
98. Sophie Baker	13	Colchester	1:10.59	360	33.68
99. Emily Comber	17	Runnymede	1:11.40	348	33.78
100. Ogechi Ndu	16	Bark & Dagen	1:12.14	337	33.96
101. Rebecca HONEYWELL	17	Thurrock	1:12.54	332	34.37
Keziah Cornish	13	Colchester	DNC		

EVENT 18 Boys Open 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Alessandro Rioda	15	Harlow Pen	58.96	542	27.75
2.	Lewis Binning	16	Basildon Ph	59.43	529	27.70
3.	Joe Northover	29	Bo Newham	1:00.28	507	28.07
4.	Naythan Aung	15	Colchester	1:00.30	506	28.33
5.	Jack Turrell	16	Basildon Ph	1:00.36	505	28.48
6.	Joshua Fowles	20	Witham Dolph	1:00.42	503	28.25
7.	Danny Baker	25	Rochford	1:00.51	501	28.30
8.	Damon Elliott	15	DunmowAtlant	1:00.79	494	28.64
9.	Samuel Miller	16	Basildon Ph	1:01.27	483	28.73
10.	Daniel Gencas	16	Romford Town	1:01.35	481	28.87
11.	Euan Higgs	15	Chelmsford	1:02.36	458	28.30
12.	Lewis Marston	17	Runnymede	1:02.68	451	29.46
13.	Morgan Foster	16	Braintree	1:03.00	444	29.39
14.	Joshua Eguakhide	16	Romford Town	1:03.53	433	29.37
15.	Dylan Nutt	20	DunmowAtlant	1:03.85	426	29.78
16.	Joseph Garfield	14	Bo Waltham F	1:04.00	423	29.43
17.	Luke Goodall	20	Runnymede	1:04.11	421	29.31
18.	Jimmy Taylor	15	Thurrock	1:04.42	415	30.09
19.	Alfie Francis	14	Colchester	1:04.92	406	29.99
20.	Samuel Owen	16	Runnymede	1:04.98	405	30.26
21.	Harvey Last	16	Southend	1:05.45	396	29.61
22.	Jacob Stephen	14	Brentwood	1:05.53	394	30.38
23.	Guilherme Gomes	17	Bo Newham	1:05.56	394	30.98
24.	James Cowdrey	14	Basildon Ph	1:05.68	392	30.21
25.	Syd Roberts	15	Colchester	1:05.73	391	30.44
26.	Joseph Quelch	17	Harlow Pen	1:06.30	381	31.02
27.	Jenson Hurrell	14	Thurrock	1:06.32	381	30.95
28.	Georgi Raykin	14	Bo Newham	1:06.33	380	30.63
29.	Ben Styman-Heighton	15	Halstead	1:06.35	380	30.54
30.	Mihnea Totu	15	Bo Newham	1:06.71	374	30.72
31.	Daniel Monk	15	Harlow Pen	1:06.83	372	30.85
32.	Oliver Shead	14	Witham Dolph	1:06.95	370	30.92



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FULL RESULTS

33. Kalaum Corani	15 Colchester	1:07.14	367	30.86
34. Ethan Martin	14 Thurrock	1:07.21	366	30.80
35. Joshua Atotileto	13 Bo Newham	1:07.33	364	30.95
36. Nikita Charykin	13 Thurrock	1:07.74	357	31.41
37. Lewis Dixon	14 Bark & Dagen	1:08.22	350	30.92
38. Harley West	15 Basildon Ph	1:08.26	349	32.25
39. Joseph Frost	16 Romford Town	1:08.30	348	31.67
40. Vaughn Dooley	18 Romford Town	1:08.43	346	30.78
41. Harry Robinson	15 Bark & Dagen	1:08.49	345	31.59
42. Aaron Chambers	17 Epping For't	1:08.71	342	30.56
43. Cameron Brown	21 Witham Dolph	1:08.80	341	31.71
44. Steven Salazar	13 Bo Newham	1:09.14	336	32.46
45. Joseph Munden	15 Bo Newham	1:09.24	334	31.98
46. Patrick Winnington	14 DunmowAtlant	1:09.38	332	32.61
47. Justinas Kazlauskas	13 Bark & Dagen	1:09.44	331	31.86
48. Arthur Bernans	13 Basildon Ph	1:09.52	330	32.79
49. Joseph Guild	16 Colchester	1:09.57	330	30.97
50. Daniel Tshuma	15 Bo Newham	1:09.61	329	32.14
51. Ben MINISTER	13 Thurrock	1:09.69	328	32.69
52. Antonio Girolami	14 Colchester	1:09.88	325	32.47
53. Josh White	14 Bark & Dagen	1:10.21	321	32.42
54. Ronald GAVRIS	14 Colchester	1:10.73	314	32.83
55. Dion Fana	12 Basildon Ph	1:10.85	312	33.48
56. Ellis McQuade	13 DunmowAtlant	1:10.88	312	33.25
57. Daniel Parker	13 Braintree	1:10.95	311	32.74
58. Harry Richardson	15 Southend	1:11.24	307	32.82
59. Raheel Mahmood	12 Romford Town	1:11.46	304	33.59
60. Adam Fearon	16 Harlow Pen	1:11.77	300	32.26
61. Marco Yuen	12 Brentwood	1:12.06	297	33.88
62. Harry Staggs	13 Basildon Ph	1:12.75	288	34.08
63. Rio Rogers	15 Basildon Ph	1:12.92	286	34.13
64. Jacob Kitching	14 Chelmsford	1:13.10	284	32.82
65. William White	12 Harlow Pen	1:13.36	281	33.93
66. Max Arnold	13 Harlow Pen	1:13.41	280	33.69
67. Ethan Paraiwa	14 Thurrock	1:13.78	276	33.32
68. Daniel MCGUINNESS	13 Basildon Ph	1:14.14	272	34.67
69. Christopher Richardson	14 Bo Waltham F	1:14.30	270	35.04
70. Henry Dean	13 Thurrock	1:14.59	267	33.75
71. Kevin Moldovan	12 Harlow Pen	1:15.26	260	35.02
72. Thomas Dean	14 Bo Southend	1:15.89	254	34.35
73. Danny Moody	13 Romford Town	1:15.94	253	34.68
74. Connor Chapman	16 Runnymede	1:16.81	245	34.18
75. Clark Chen	14 Chelmsford	1:17.24	241	35.73
76. Ramsey Ebdon	13 Canvey Isl	1:17.31	240	35.87
77. Lewis Jarrett	13 Romford Town	1:18.00	234	36.60
78. Sami Benidir	12 Bo Newham	1:19.44	221	36.50
79. Jack Prentice	16 Harlow Pen	1:19.48	221	36.91
80. Tarelle Laniyan	12 Bo Newham	1:19.50	221	36.22
81. Joe Power	12 Basildon Ph	1:21.57	204	36.64
82. Corey Hare	13 Colchester	1:21.86	202	38.34
83. Josh Toms	14 DunmowAtlant	1:22.10	200	37.25
Colin Peden	13 Saffron Wald	DNC		

EVENT 19 Girls Open 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ella Turner	14	Basildon Ph	2:18.42	639	32.64	1:07.57	1:43.77
2.	Carys Brealey	15	Harlow Pen	2:22.09	590	33.16	1:09.86	1:46.37
3.	Kiera Blunden	14	Chelmsford	2:22.55	585	33.09	1:09.62	1:46.52
4.	Molly Redgrave	15	Colchester	2:23.84	569	34.40	1:10.81	1:47.90
5.	Asma Parker	16	Colchester	2:24.50	561	33.13	1:09.44	1:47.26
6.	Amelia Moule	16	Romford Town	2:25.10	554	32.50	1:09.15	1:47.58
7.	Charlotte Harris	16	Maldon Shark	2:26.15	542	34.52	1:11.70	1:49.58
8.	Tia Gardiner	17	Chelmsford	2:27.18	531	34.65	1:11.89	1:49.87
9.	Brooke Jenkins	15	Basildon Ph	2:28.09	521	34.32	1:11.80	1:50.36
10.	Evangeline Pierce	12	Basildon Ph	2:29.11	511	34.49	1:12.69	1:51.58
11.	Millie Turner	16	Basildon Ph	2:29.18	510	34.96	1:12.45	1:51.19
12.	Rebecca Stroud	17	Brentwood	2:29.42	508	34.52	1:12.32	1:51.40
13.	Amy Green	15	Chelmsford	2:29.70	505	35.55	1:13.27	1:51.61
14.	Radost Milkova	16	Thurrock	2:29.97	502	34.42	1:11.31	1:50.60
15.	Emily Falkus	14	Runnymede	2:31.41	488	35.46	1:14.28	1:53.10
16.	Alexa Mann	13	Basildon Ph	2:31.51	487	35.65	1:14.88	1:54.32
17.	Oluwatunmise Salu	15	Bo Newham	2:31.86	483	35.21	1:13.15	1:52.99
18.	Rebecca Johnson	14	DunmowAtlant	2:32.27	480	35.22	1:13.79	1:54.26
19.	Erin Wilkinson	14	Basildon Ph	2:32.70	476	35.94	1:14.58	1:53.80
20.	Ella Lauder	14	Southend	2:33.35	470	35.29	1:14.24	1:54.13
21.	Verlander Verlander	13	Thurrock	2:33.36	469	35.93	1:15.16	1:54.72
22.	Amelia Heame	16	Clacton SC	2:33.88	465	34.49	1:13.69	1:55.16
23.	Dina Benidir	14	Bo Newham	2:34.02	463	35.72	1:15.45	1:56.33
24.	Cait Cotter	12	Chelmsford	2:35.96	446	37.04	1:16.73	1:56.98
25.	Mia Magnus	13	BorRedbridge	2:36.68	440	36.13	1:15.70	1:56.35
26.	Madison Smith	16	Stanway	2:36.78	439	36.97	1:16.56	1:56.92
27.	Olivia Clarke	13	Chelmsford	2:38.10	428	37.66	1:18.08	1:58.51
28.	Anna-Lucia Fenner	13	Basildon Ph	2:38.34	426	37.53	1:17.77	1:58.28



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29. Lotti Tailbot	15 Colchester	2:38.94	422	36.26	1:17.11	1:58.64
30. Hannah Fleming	14 Chelmsford	2:38.98	421	36.99	1:17.23	1:58.80
31. Kya Andreou	15 Harlow Pen	2:39.70	416	36.73	1:17.20	1:58.56
32. Greta Goddard	13 Colchester	2:40.77	407	37.94	1:18.71	2:00.55
33. Ella Pemberton	14 Bo Waltham F	2:42.39	395	37.78	1:19.08	2:01.50
34. Olivia Humphrey	14 Killerwhales	2:43.09	390	37.09	1:18.77	2:01.72
35. Misty Eren	13 Harlow Pen	2:45.91	371	38.69	1:21.01	2:04.20
Robyn Quince	15 Runnymede	DNC				
Freya Mein	15 Southend	DNC				
Sophie Jenkinson	14 Basildon Ph	DNC				

EVENT 20 Boys Open 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Harrison Jarvis	15	Thurrock	2:26.51	555	33.20	1:10.65	1:48.72
2.	Jack Mansfield	17	Harlow Pen	2:31.99	497	33.48	1:12.16	1:52.28
3.	Samuel Rennie	15	Braintree	2:36.17	458	35.97	1:16.18	1:56.94
4.	Tyler Tombs	14	Chelmsford	2:37.32	448	34.90	1:16.59	1:58.28
5.	Samuel Dack	17	DunmowAtlant	2:39.17	433	34.50	1:15.65	1:57.17
6.	Daryl Rands	22	Harwich DP	2:44.00	396	35.64	1:16.89	2:01.10
7.	Denis MORINE	14	Basildon Ph	2:44.30	393	37.49	1:19.92	2:02.50
8.	Jacob Stephen	14	Brentwood	2:44.66	391	36.42	1:19.26	2:02.52
9.	Alfie Francis	14	Colchester	2:44.74	390	36.27	1:18.00	2:01.75
10.	Colin MOGHINA	14	Thurrock	2:45.04	388	36.22	1:17.60	2:01.29
11.	Glennon Lee	13	Harlow Pen	2:46.60	377	36.16	1:17.47	2:01.33
12.	Ben Stringer	14	Harlow Pen	2:47.02	374	36.51	1:19.91	2:04.35
13.	Archie Pigott	12	Killerwhales	2:47.88	369	38.29	1:21.44	2:04.63
14.	Antonio Girolami	14	Colchester	2:47.99	368	38.14	1:21.71	2:05.46
15.	Kaya Ahmet	15	Bo Waltham F	2:49.91	356	37.20	1:21.34	2:05.89
16.	Matteo Castello	15	Thurrock	2:50.93	349	37.62	1:21.38	2:06.82
17.	Toby Rayner	15	DunmowAtlant	2:51.67	345	38.61	1:22.47	2:07.15
18.	Joseph Munden	15	Bo Newham	2:51.83	344	38.13	1:22.59	2:08.13
19.	Sam Loader	15	Clacton SC	2:54.29	329	38.43	1:23.71	2:10.70
20.	Josh White	14	Bark & Dagen	2:54.77	327	39.40	1:23.93	2:09.57
21.	Christopher Thompson	16	Colchester	2:55.81	321	38.63	1:22.94	2:09.40
22.	Ben Read	16	Runnymede	2:56.15	319	39.98	1:25.50	2:11.27
23.	Ethan May	14	Harlow Pen	2:56.75	316	39.43	1:24.71	2:11.63
24.	Zak Troman	12	Colchester	2:57.10	314	39.75	1:25.80	2:12.33
25.	Malcolm Espenilla	15	Bark & Dagen	2:57.17	314	39.54	1:24.64	2:10.52
26.	Danny Scannell	13	Bark & Dagen	2:58.77	305	40.03	1:25.15	2:12.41
27.	Ben MINISTER	13	Thurrock	2:58.79	305	40.24	1:26.36	2:13.06
28.	Joshua Atotileto	13	Bo Newham	2:59.71	301	40.32	1:25.87	2:13.56
29.	William Banks	17	Chelmsford	3:00.22	298	39.52	1:24.35	2:12.95
30.	Harry Robinson	15	Bark & Dagen	3:01.34	292	39.61	1:25.77	2:13.43
31.	Marco Yuen	12	Brentwood	3:02.00	289	41.00	1:27.76	2:15.82
32.	Ethan Ryan	14	Harlow Pen	3:03.22	284	40.37	1:27.58	2:16.03
33.	Matthew Riddle	14	Thurrock	3:03.65	282	40.72	1:27.43	2:16.00
34.	Jacob Ray	12	Basildon Ph	3:05.06	275	42.74	1:30.58	2:18.46
35.	Harold Edwards	14	Braintree	3:08.28	261	42.12	1:29.72	2:19.26
36.	Romao Conde	12	Bo Newham	3:08.41	261	42.00	1:31.56	2:21.16
37.	Lewis Jarrett	13	Romford Town	3:08.47	260	41.81	1:29.70	2:19.27
38.	Corey Hare	13	Colchester	3:10.54	252	44.39	1:33.26	2:22.46
39.	Ramsey Ebdon	13	Canvey Isl	3:11.52	248	43.42	1:32.77	2:22.67
	Cole Shepard	16	Basildon Ph	DNC				

EVENT 21 Girls Open 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Ellie Wheeler	17	Basildon Ph	1:07.40	589	31.80
2.	Ruby Wheeler	13	Basildon Ph	1:07.41	589	32.00
3.	Kameliya Stoimenova	16	Bo Newham	1:07.43	588	32.06
4.	Asma Parker	16	Colchester	1:08.83	553	31.50
5.	Chloe Skelt	14	Chelmsford	1:09.82	530	32.92
6.	Ciara Wookey	15	Colchester	1:09.95	527	33.11
7.	Rebecca Girolami	16	Colchester	1:10.96	505	33.46
8.	Tia Gardiner	17	Chelmsford	1:11.43	495	33.29
9.	Charlotte Gill	14	Basildon Ph	1:12.49	473	32.91
10.	Brooke Jenkins	15	Basildon Ph	1:13.29	458	32.22
11.	Alexa Mann	13	Basildon Ph	1:13.46	455	34.31
12.	Molly Redgrave	15	Colchester	1:13.48	454	33.10
13.	Ella Lauder	14	Southend	1:13.52	454	33.30
14.	Amelia Heame	16	Clacton SC	1:13.72	450	33.11
15.	Robyn Quince	15	Runnymede	1:14.17	442	35.03
16.	Dina Benidir	14	Bo Newham	1:14.49	436	33.57
16.	Anna-Lucia Fenner	13	Basildon Ph	1:14.49	436	34.75
18.	Niamh Wainwright	16	Chelmsford	1:14.51	436	34.43
19.	Francesca Low	14	Chelmsford	1:15.04	427	34.74
20.	Hannah Zyss	14	Basildon Ph	1:15.99	411	33.36
21.	Oluwatunmise Salu	15	Bo Newham	1:16.00	411	32.42
22.	Marcie Aley	13	Braintree	1:16.95	396	35.94
23.	Rosie Henn	14	Braintree	1:17.05	394	36.44
24.	Brooke Woodhouse	14	Killerwhales	1:17.28	390	34.16
25.	Teegan Rayner	14	Witham Dolph	1:18.03	379	36.24



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26. Caitlin MURRAY	14	Thurrock	1:18.47	373	35.86
27. Olivia Reilly	15	Chelmsford	1:18.63	371	35.95
28. Harriet Carroll	14	Runnymede	1:18.92	367	36.92
29. Rachel Sale	12	Stanway	1:19.04	365	36.75
30. Jasmine Wood	16	Witham Dolph	1:19.31	361	36.10
31. Charlotte Hooks	16	Braintree	1:19.69	356	36.40
32. Jasmine Bale	13	Halstead	1:20.09	351	37.52
33. Zoe Clegg	16	Colchester	1:20.16	350	36.52
34. Tabitha Kennedy	15	Clacton SC	1:23.26	312	37.25
Keziah Cornish	13	Colchester	DNC		

EVENT 22 FINAL OF EVENT 14 Boys Open 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Alessandro Rioda	15	Harlow Pen	24.34	576
2.	Daniel Gencas	16	Romford Town	24.54	562
3.	James Speers	16	Basildon Ph	24.60	558
4.	Joshua Fowles	20	Witham Dolph	24.80	545
5.	Naythan Aung	15	Colchester	24.82	543
6.	Joe Northover	29	Bo Newham	24.88	539
7.	Damon Elliott	15	DunmowAtlant	25.22	518
8.	Aaron Wilson	17	Romford Town	25.34	511

EVENT 23 FINAL OF EVENT 15 Girls Open 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	May Bradburn	15	Chelmsford	28.07	655
2.	Georgia Pease	17	Basildon Ph	29.48	565
3.	Erin Little	14	Chelmsford	29.59	559
4.	Asma Parker	16	Colchester	29.77	549
5.	Tilly Mayes	16	Thurrock	30.11	530
6.	Victoria Dreleeva	14	Romford Town	30.86	493
7.	Brooke Jenkins	15	Basildon Ph	30.95	488
8.	Ciara Wookey	15	Colchester	30.99	486

EVENT 24 FINAL OF EVENT 18 Boys Open 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis Binning	16	Basildon Ph	59.12	537	27.68
2.	Jack Turrell	16	Basildon Ph	59.74	521	27.99
3.	Samuel Miller	16	Basildon Ph	1:01.11	487	28.97
4.	Joshua Fowles	20	Witham Dolph	1:01.67	473	29.23
5.	Alessandro Rioda	15	Harlow Pen	1:02.98	444	29.08
6.	Naythan Aung	15	Colchester	1:05.90	388	30.70
7.	Joe Northover	29	Bo Newham	1:12.89	287	31.54
	Danny Baker	25	Rochford	DNC		

EVENT 25 FINAL OF EVENT 17 Girls Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Erin Little	14	Chelmsford	57.22	677	27.77
2.	Rianna Smith	21	Basildon Ph	58.07	647	28.02
3.	Rebecca Watt	17	DunmowAtlant	58.56	631	28.26
4.	Grace Waller	15	Basildon Ph	58.95	619	28.79
5.	Ruby Wheeler	13	Basildon Ph	59.46	603	29.20
6.	Carys Brealey	15	Harlow Pen	59.83	592	29.09
7.	May Bradburn	15	Chelmsford	1:01.35	549	29.14
8.	Tia Gardiner	17	Chelmsford	1:03.63	492	30.54



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FULL RESULTS

EVENT 26 Girls Open 400m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Erin Little	14	Chelmsford	4:22.41	713
	50m 29.75	100m 1:02.75	150m 1:36.33	200m 2:10.01	250m 2:43.67
2.	Ellie Wheeler	17	Basildon Ph	4:22.71	711
	50m 30.46	100m 1:02.86	150m 1:36.28	200m 2:09.89	250m 2:43.37
3.	Ruby Wheeler	13	Basildon Ph	4:25.12	692
	50m 30.27	100m 1:03.31	150m 1:37.10	200m 2:11.20	250m 2:45.32
4.	Holly Lamb	14	Basildon Ph	4:33.36	631
	50m 30.75	100m 1:04.23	150m 1:39.07	200m 2:13.85	250m 2:48.80
5.	Holly Hagan	15	Romford Town	4:39.52	590
	50m 31.06	100m 1:05.16	150m 1:40.09	200m 2:15.58	250m 2:51.40
6.	Phoebe White	14	Harlow Pen	4:40.26	585
	50m 31.09	100m 1:05.77	150m 1:41.86	200m 2:18.55	250m 2:54.73
7.	Bryony Edgings	14	Thurrock	4:41.95	575
	50m 31.10	100m 1:05.60	150m 1:40.95	200m 2:16.86	250m 2:53.06
8.	Victoria Dreleva	14	Romford Town	4:42.49	572
	50m 31.30	100m 1:06.58	150m 1:42.77	200m 2:19.42	250m 2:55.83
9.	Molly Redgrave	15	Colchester	4:42.74	570
	50m 31.86	100m 1:07.48	150m 1:43.91	200m 2:20.11	250m 2:56.21
10.	Rosie Brooks	15	Chelmsford	4:43.42	566
	50m 30.50	100m 1:05.32	150m 1:41.85	200m 2:18.67	250m 2:55.26
11.	Junayna Ahmed	16	Romford Town	4:43.94	563
	50m 31.20	100m 1:05.76	150m 1:41.47	200m 2:17.68	250m 2:54.34
12.	Erin Wilkinson	14	Basildon Ph	4:44.18	562
	50m 31.55	100m 1:06.04	150m 1:42.03	200m 2:18.56	250m 2:55.09
13.	Francesca Key	14	Canvey Isl	4:45.07	556
	50m 31.97	100m 1:07.99	150m 1:44.75	200m 2:21.50	250m 2:58.09
14.	Charlotte Harris	16	Maldon Shark	4:45.31	555
	50m 31.88	100m 1:07.52	150m 1:44.05	200m 2:20.68	250m 2:57.41
15.	Asma Parker	16	Colchester	4:46.38	549
	50m 31.40	100m 1:06.27	150m 1:42.46	200m 2:19.26	250m 2:56.04
16.	Emma Staines	15	Chelmsford	4:48.46	537
	50m 32.20	100m 1:07.49	150m 1:44.07	200m 2:20.79	250m 2:57.46
17.	Alexa Mann	13	Basildon Ph	4:51.24	522
	50m 32.97	100m 1:10.70	150m 1:48.28	200m 2:26.04	250m 3:03.01
18.	Mia Magnus	13	BorRedbridge	4:52.37	516
	50m 31.86	100m 1:06.90	150m 1:43.65	200m 2:21.01	250m 2:58.80
19.	Olivia Cooper	13	Basildon Ph	4:54.36	505
	50m 34.02	100m 1:11.26	150m 1:49.11	200m 2:27.35	250m 3:04.68
20.	Lauren Braxton	16	Romford Town	4:54.38	505
	50m 33.58	100m 1:10.28	150m 1:47.17	200m 2:24.53	250m 3:01.93
21.	Monika Murine	12	Bark & Dagen	4:55.08	502
	50m 34.51	100m 1:12.43	150m 1:50.21	200m 2:27.54	250m 3:04.95
22.	Hannah Fleming	14	Chelmsford	4:55.63	499
	50m 33.46	100m 1:10.65	150m 1:48.29	200m 2:25.93	250m 3:03.80
23.	Ruby Le May	14	Killerwhales	4:57.14	491
	50m 33.37	100m 1:10.58	150m 1:48.39	200m 2:26.49	250m 3:04.72
24.	Emile Galkute	16	Bo Newham	4:57.93	487
	50m 34.33	100m 1:11.30	150m 1:48.62	200m 2:25.88	250m 3:03.60
25.	Ana Victoria Anderson	17	Colchester	4:59.44	480
	50m 32.41	100m 1:09.02	150m 1:47.17	200m 2:25.59	250m 3:03.97
26.	Marcie Aley	13	Braintree	4:59.61	479
	50m 33.35	100m 1:10.36	150m 1:48.12	200m 2:26.55	250m 3:05.15
27.	Freya Seymour	15	Runnymede	5:00.92	473
	50m 33.15	100m 1:09.87	150m 1:47.71	200m 2:26.06	250m 3:04.66
28.	Ella Pemberton	14	Bo Waltham F	5:00.97	473
	50m 33.20	100m 1:10.64	150m 1:48.52	200m 2:27.08	250m 3:05.82
29.	Rosie Henn	14	Braintree	5:02.61	465
	50m 34.38	100m 1:11.77	150m 1:50.20	200m 2:28.74	250m 3:07.61
30.	Olivia Clarke	13	Chelmsford	5:04.26	457
	50m 34.36	100m 1:12.21	150m 1:51.23	200m 2:29.73	250m 3:08.68
31.	Lexie O'connor	12	Romford Town	5:04.41	457
	50m 34.61	100m 1:12.61	150m 1:51.61	200m 2:30.20	250m 3:09.07
32.	Paige Laybourn-Morris	12	Thurrock	5:04.74	455
	50m 34.94	100m 1:13.64	150m 1:53.06	200m 2:32.01	250m 3:11.64
33.	Rachel Green	15	Brentwood	5:06.43	448
	50m 35.42	100m 1:14.07	150m 1:52.32	200m 2:30.74	250m 3:09.74
34.	Zoe Clegg	16	Colchester	5:07.42	443
	50m 33.78	100m 1:11.32	150m 1:50.41	200m 2:29.79	250m 3:09.73
35.	Emma Page	14	Rochford	5:08.52	439
	50m 33.29	100m 1:10.44	150m 1:49.26	200m 2:28.82	250m 3:08.70
36.	Aislin Foley-wright	12	Basildon Ph	5:12.48	422
	50m 35.14	100m 1:14.75	150m 1:54.43	200m 2:34.06	250m 3:14.48
37.	Elizabeth Crudgington	14	Southend	5:17.22	404
	50m 34.21	100m 1:12.90	150m 1:52.70	200m 2:33.21	250m 3:14.20
38.	Jasmine Bale	13	Halstead	5:17.34	403
	50m 34.40	100m 1:13.25	150m 1:53.01	200m 2:33.75	250m 3:14.93



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FULL RESULTS

EVENT 27 Boys Open 400m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Daniel Gencas	16	Romford Town	4:39.76	596
	50m 29.36	100m 1:03.35	150m 1:40.45	200m 2:15.57	250m 2:56.97
2.	Jack Turrell	16	Basildon Ph	4:46.30	556
	50m 30.26	100m 1:04.39	150m 1:41.50	200m 2:17.42	250m 2:59.07
3.	Harrison Jarvis	15	Thurrock	4:53.54	516
	50m 30.92	100m 1:06.84	150m 1:45.30	200m 2:23.47	250m 3:03.16
4.	Aaron Gabriel	14	Bark & Dagen	4:55.11	508
	50m 31.79	100m 1:08.11	150m 1:45.11	200m 2:21.21	250m 3:03.03
5.	Nikita Charykin	13	Thurrock	5:01.29	477
	50m 31.60	100m 1:08.97	150m 1:46.82	200m 2:23.78	250m 3:08.02
6.	Tyler Jackson	15	Harlow Pen	5:01.35	477
	50m 29.95	100m 1:06.95	150m 1:46.61	200m 2:24.86	250m 3:08.49
7.	Nathan Banga	16	Romford Town	5:03.92	465
	50m 31.43	100m 1:08.37	150m 1:46.81	200m 2:23.95	250m 3:08.78
8.	Jimmy Taylor	15	Thurrock	5:04.16	464
	50m 31.61	100m 1:07.47	150m 1:45.41	200m 2:23.04	250m 3:08.65
9.	Euan Higgs	15	Chelmsford	5:07.18	450
	50m 29.21	100m 1:05.43	150m 1:45.35	200m 2:24.17	250m 3:10.10
10.	Denis MORINE	14	Basildon Ph	5:09.52	440
	50m 33.03	100m 1:11.69	150m 1:52.17	200m 2:32.06	250m 3:15.12
11.	Harry Robinson	15	Bark & Dagen	5:14.84	418
	50m 31.65	100m 1:08.68	150m 1:46.76	200m 2:24.84	250m 3:12.61
12.	Daniel MCGUINNESS	13	Basildon Ph	5:17.56	407
	50m 33.62	100m 1:11.75	150m 1:51.93	200m 2:31.20	250m 3:18.53
13.	Ben MINISTER	13	Thurrock	5:22.18	390
	50m 33.35	100m 1:12.60	150m 1:51.85	200m 2:31.18	250m 3:18.21
14.	Steven Salazar	13	Bo Newham	5:24.52	382
	50m 33.93	100m 1:12.68	150m 1:54.92	200m 2:36.27	250m 3:22.42
15.	Josh White	14	Bark & Dagen	5:25.76	377
	50m 33.96	100m 1:13.49	150m 1:54.93	200m 2:35.51	250m 3:24.32
16.	Raheel Mahmood	12	Romford Town	5:30.31	362
	50m 33.84	100m 1:13.39	150m 1:54.25	200m 2:34.77	250m 3:24.14
17.	William White	12	Harlow Pen	5:32.36	355
	50m 35.00	100m 1:16.05	150m 1:58.37	200m 2:40.63	250m 3:28.76
18.	Ellis McQuade	13	DunmowAtlant	5:33.14	353
	50m 34.63	100m 1:13.78	150m 1:58.02	200m 2:40.78	250m 3:30.91
19.	Corey Hare	13	Colchester	5:41.08	329
	50m 36.74	100m 1:20.85	150m 2:03.68	200m 2:45.05	250m 3:34.73
20.	Sami Benidir	12	Bo Newham	5:45.32	317
	50m 36.63	100m 1:22.01	150m 2:04.08	200m 2:45.37	250m 3:37.05
21.	Marco Yuen	12	Brentwood	5:45.95	315
	50m 34.14	100m 1:16.47	150m 2:01.31	200m 2:45.25	250m 3:34.28
22.	Jacob Ray	12	Basildon Ph	5:47.43	311
	50m 38.94	100m 1:25.01	150m 2:09.83	200m 2:52.98	250m 3:41.48
	Thomas Ford	13	Basildon Ph	DQ T	

EVENT 28 Girls Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Kameliya Stoimenova	16	Bo Newham	33.80	608
2.	Jessica Ayling	18	Romford Town	33.94	600
3.	Chloe Skelt	14	Chelmsford	34.09	592
4.	Aoife Marley	17	Witham Dolph	34.38	578
5.	Rebecca Girolami	16	Colchester	34.47	573
6.	Katherine Daynes	17	Halstead	34.79	557
7.	Holly Hagan	15	Romford Town	34.83	555
7.	Rianna Smith	21	Basildon Ph	34.83	555
9.	Temi Awolesi	14	Chelmsford	35.16	540
10.	Ciara Wookey	15	Colchester	35.32	533
11.	Robyn Quince	15	Runnymede	35.37	530
12.	Lily Ulyatt	13	Chelmsford	35.40	529
13.	Sophie Clerkin	13	Braintree	35.48	525
14.	Abbie Low	17	Chelmsford	35.68	517
15.	Lauren Sharp	16	Chelmsford	36.00	503
16.	Danielle Hartin	17	Basildon Ph	36.31	490
17.	Asma Parker	16	Colchester	36.35	489
18.	Anna-Lucia Fenner	13	Basildon Ph	36.54	481
19.	Misty Eren	13	Harlow Pen	36.63	477
20.	Rebecca West	17	Thurrock	36.81	471
21.	Carys Brealey	15	Harlow Pen	36.82	470
22.	Sadie Rowe	12	Colchester	36.87	468
23.	Amelia Heame	16	Clacton SC	37.30	452
24.	Kiera Blunden	14	Chelmsford	37.35	450
25.	Charlotte Gill	14	Basildon Ph	37.47	446
26.	Robyn Blows	13	Bo Southend	37.48	446
27.	Rosie Brooks	15	Chelmsford	37.79	435
28.	Niamh Wainwright	16	Chelmsford	37.91	431
29.	Ciara Tappenden	18	Basildon Ph	37.98	428
30.	Evie Jamieson	13	Harlow Pen	38.10	424
31.	Cailin Walker	16	Harlow Pen	38.12	424
32.	Olivia Smith-lal	21	Harlow Pen	38.14	423



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FULL RESULTS

33. Olivia Rudd	15 Basildon Ph	38.43	413
34. Mia Fursedonne	17 Basildon Ph	38.46	412
35. Amy Green	15 Chelmsford	38.50	411
36. Monika Murine	12 Bark & Dagen	38.52	411
37. Francesca Low	14 Chelmsford	38.69	405
38. Kya Andreou	15 Harlow Pen	38.71	404
39. Rosie Henn	14 Braintree	38.72	404
40. Zoe Walton	17 Rochford	38.75	403
41. Alexa Miles-Stevens	14 Thurrock	38.80	402
42. Chloe Martin	14 Harlow Pen	38.90	399
43. Lexie O'Connor	12 Romford Town	38.93	398
44. Molly Grieve	14 Colchester	38.94	397
44. Ella Lauder	14 Southend	38.94	397
46. Taisia Tiron	15 Harlow Pen	39.09	393
47. Madeleine McCormack	17 Romford Town	39.19	390
48. Abigail Koon	14 Bo Newham	39.26	388
49. Ana Victoria Anderson	17 Colchester	39.32	386
50. Jasmine Shaw	12 Witham Dolph	39.37	384
51. Jasmine Bale	13 Halstead	39.38	384
52. Hollie Hawkins	12 Basildon Ph	39.44	382
53. Hannah Raker	15 Southend	39.54	380
54. Darcy Coburn	14 Braintree	39.56	379
55. Emily Tatam	16 Basildon Ph	39.64	377
56. Millie Denyer	13 Saffron Wald	39.65	376
57. Grace Turner	12 Clacton SC	39.74	374
58. Megan McLawrence	14 BorRedbridge	39.80	372
59. Sophia Diggins	15 Saffron Wald	39.87	370
60. Sophie Baker	13 Colchester	39.88	370
61. Christina Liu	14 Clacton SC	40.05	365
62. Rebecca Johnson	14 DunmowAtlant	40.21	361
63. Brooke Woodhouse	14 Killerwhales	40.31	358
64. Sophie O'Rourke	12 Braintree	40.39	356
65. Ogechi Ndu	16 Bark & Dagen	40.44	355
66. Eva Murray	13 Bo Waltham F	40.45	354
67. Lexie GOODMAN	12 Basildon Ph	40.49	353
68. Catherine Watley	13 Witham Dolph	40.53	352
69. Andrea Butko	14 BorRedbridge	40.58	351
70. Olivia Reilly	15 Chelmsford	40.64	349
71. Aoife Grindle	14 Saffron Wald	40.74	347
72. Grace Lamprell	14 Harlow Pen	40.75	347
73. Jasmine Wood	16 Witham Dolph	40.79	346
74. Hannah Zyss	14 Basildon Ph	40.81	345
74. Amelia Barton	14 DunmowAtlant	40.81	345
76. Sardonna Yuen	17 Brentwood	40.87	344
77. Harriet Carroll	14 Runnymede	40.98	341
78. Scarlett Strange	14 Killerwhales	41.08	338
79. Tabitha Kennedy	15 Clacton SC	41.15	337
80. Zoe Clegg	16 Colchester	41.18	336
81. Amelia Murphy	12 Chelmsford	41.22	335
82. Elizabeth Crudgington	14 Southend	41.24	334
82. Jade Okusaga	17 Braintree	41.24	334
84. Poppy Summers	18 Braintree	41.29	333
85. Charley Richards	15 Chelmsford	41.36	332
86. Lotti Talbot	15 Colchester	41.44	330
87. Neve Winnington	12 DunmowAtlant	41.46	329
88. Rachel Nelson	13 Maldon Shark	41.70	323
89. Evelina Khan	12 Bo Newham	41.78	322
90. Madalyne Allkins	14 Thurrock	42.32	309
91. Lucy Cooper	16 Killerwhales	42.60	303
92. Rebecca Dack	17 DunmowAtlant	42.62	303
93. Nicole Lomas	15 BorRedbridge	43.42	286
94. Jennifer HARRIS	17 Maldon Shark	43.90	277
Neha Pillai	14 Bo Waltham F	DNC	

EVENT 29 Boys Open 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Naythan Aung	15	Colchester	27.32	538
2.	Daniel Gencas	16	Romford Town	27.50	527
3.	Aaron Wilson	17	Romford Town	27.72	515
4.	Samuel Miller	16	Basildon Ph	28.52	472
5.	Syd Roberts	15	Colchester	28.56	470
6.	Lewis Binning	16	Basildon Ph	28.68	465
7.	Cole Shepard	16	Basildon Ph	28.80	459
8.	Tyler Jackson	15	Harlow Pen	29.37	433
9.	Joseph Bentley	20	Witham Dolph	29.51	426
10.	Ethan Martin	14	Thurrock	29.68	419
11.	Luke Holman	17	Thurrock	29.76	416
12.	Jenson Hurrell	14	Thurrock	29.99	406
13.	Matt Harvey	15	Basildon Ph	30.02	405
14.	Matthew Kent	15	Harwich DP	30.05	404
15.	Connor Wilken	17	Colchester	30.15	400
16.	Lewis Marston	17	Runnymede	30.32	393
17.	Joshua Cooper	20	Runnymede	30.33	393



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FULL RESULTS

18. Samuel Owen	16 Runnymede	30.37	391
19. Jacob Stephen	14 Brentwood	30.45	388
20. Daniel Monk	15 Harlow Pen	30.48	387
21. Vytautas Vaitekunas	16 Bark & Dagen	30.50	386
22. Nathan Gray	15 Southend	30.51	386
23. Alfie Francis	14 Colchester	30.61	382
24. James Cowdrey	14 Basildon Ph	30.64	381
25. Daniel Dixon	14 Basildon Ph	30.81	375
26. Keelan Gosney	15 Chelmsford	30.89	372
27. Saif Rahman	15 Colchester	30.97	369
28. Max Arnold	13 Harlow Pen	30.99	368
29. Samuel Rennie	15 Braintree	31.03	367
30. Harvey Last	16 Southend	31.10	364
31. Joseph Quelch	17 Harlow Pen	31.11	364
31. Alex Harness	16 Rochford	31.11	364
33. Dylan Reeve	14 Chelmsford	31.21	360
34. Joseph Frost	16 Romford Town	31.23	360
35. Vaughn Dooley	18 Romford Town	31.25	359
36. Georgi Raykin	14 Bo Newham	31.36	355
37. Joseph Garfield	14 Bo Waltham F	31.50	350
38. Euan Higgs	15 Chelmsford	31.62	347
39. Apollo Wilkins	15 Chelmsford	31.67	345
40. George Wallace	14 Colchester	31.70	344
41. Oliver Shead	14 Witham Dolph	31.72	343
42. Christopher Thompson	16 Colchester	31.77	342
43. Luke Marney	15 Romford Town	31.82	340
44. Daniel Himsworth	14 Colchester	31.85	339
45. Harry Robinson	15 Bark & Dagen	31.88	338
46. Guilherme Gomes	17 Bo Newham	32.14	330
47. Jacob Kitching	14 Chelmsford	32.22	327
48. Ronald GAVRIS	14 Colchester	32.23	327
49. Rory Grimshaw	18 Witham Dolph	32.26	326
50. Harrison Brooks	16 DunmowAtlant	32.37	323
51. Thomas Bale	14 Halstead	32.47	320
52. Jake Hare	15 BorRedbridge	32.51	319
53. Daniel Lambert	16 Braintree	32.70	313
54. Joshua Atotileto	13 Bo Newham	32.74	312
55. Ethan Shelley	14 Rochford	32.76	312
56. Ben MINISTER	13 Thurrock	32.83	310
57. Denis Drelev	13 Romford Town	32.84	309
58. Mark Rigo	13 Romford Town	32.97	306
59. Harry Richardson	15 Southend	32.99	305
60. Joseph Guild	16 Colchester	33.01	304
61. Hadi Khairul	13 Bo Newham	33.07	303
62. Daniel MCGUINNESS	13 Basildon Ph	33.15	301
62. Josh Toms	14 DunmowAtlant	33.15	301
64. Kornelijus Asmantas	16 Bark & Dagen	33.19	300
65. Samuel Hand	14 Harwich DP	33.22	299
66. Josh White	14 Bark & Dagen	33.33	296
67. Kevin Moldovan	12 Harlow Pen	33.46	292
67. Kian Panyandee	17 Bo Newham	33.46	292
69. Ben Stringer	14 Harlow Pen	33.48	292
70. Raheel Mahmood	12 Romford Town	33.56	290
71. Ethan Paraiwa	14 Thurrock	33.68	287
72. Ismail Ayad	15 Bo Newham	33.70	286
73. Daniel Que	13 Southend	33.78	284
74. Oscar Howell	14 Brentwood	33.83	283
75. Ben Scammell	16 Brentwood	33.91	281
76. Joseph Munden	15 Bo Newham	33.94	280
77. Tyler Tombs	14 Chelmsford	33.98	279
78. Ryan Shaw	14 Witham Dolph	34.05	277
79. Joshua Owen	14 Runnymede	34.06	277
80. Colin MOGHINA	14 Thurrock	34.24	273
81. Thomas Underdown	12 Braintree	34.32	271
82. Rio Rogers	15 Basildon Ph	34.34	270
83. Thomas Ford	13 Basildon Ph	34.46	268
84. Joe Power	12 Basildon Ph	34.52	266
85. Clark Chen	14 Chelmsford	34.60	264
86. Thomas Chittock	12 Bo Waltham F	34.66	263
87. Henry Pertwee	13 DunmowAtlant	34.78	260
88. Collin Okusaga	12 Braintree	35.00	255
89. Tyrone Ojukwu	12 Bark & Dagen	35.03	255
90. Sam Loader	15 Clacton SC	35.13	253
91. Sami Benidir	12 Bo Newham	35.14	252
92. Matthew Riddle	14 Thurrock	35.15	252
93. Thomas Dean	14 Bo Southend	35.17	252
94. Mohamed FAHMY	15 Southend	35.89	237
95. James Baker	12 Brentwood	35.92	236



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FULL RESULTS

EVENT 30 Girls Open 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Rebecca Howell	16	Basildon Ph	2:23.11	583	32.22	1:08.47	1:45.71
2.	Pasakinskaite Erika	13	Bark & Dagen	2:23.94	573	32.64	1:09.28	1:46.55
3.	Isabelle Jopson	16	Romford Town	2:27.32	535	32.42	1:09.89	1:48.62
4.	Ciara Wookey	15	Colchester	2:27.33	535	32.59	1:09.57	1:48.02
5.	Emily Green	18	Brentwood	2:27.54	532	32.69	1:09.28	1:47.99
6.	Millie Ward	17	Brentwood	2:29.62	510	33.24	1:11.12	1:50.57
7.	Olivia Roberts	16	Bo Waltham F	2:33.70	471	33.04	1:11.51	1:52.18
8.	Junayna Ahmed	16	Romford Town	2:34.82	461	33.85	1:11.43	1:52.09
9.	Brooke Jenkins	15	Basildon Ph	2:36.31	448	32.88	1:11.35	1:52.73
10.	Oluwatumise Salu	15	Bo Newham	2:36.36	447	34.18	1:11.59	1:54.51
11.	Bryony Edgings	14	Thurrock	2:38.13	432	33.00	1:12.01	1:54.84
12.	Lauren Braxton	16	Romford Town	2:42.37	399	36.66	1:17.19	1:59.61
13.	Molly Grieve	14	Colchester	2:43.76	389	35.27	1:16.74	2:00.17
14.	Tierney Rooney	13	Romford Town	2:48.52	357	37.10	1:20.26	2:05.13
15.	Paige Laybourn-Morris	12	Thurrock	2:48.68	356	37.16	1:21.68	2:04.94
16.	Hollie Hawkins	12	Basildon Ph	2:49.90	348	35.99	1:19.38	2:04.91
17.	Louise Webster	12	Thurrock	2:53.21	329	37.80	1:22.81	2:10.06
18.	Chloe Keegan	12	Killerwhales	2:54.11	324	36.53	1:21.04	2:08.25
19.	Mia Lawrence	15	Clacton SC	2:56.65	310	36.61	1:22.19	2:09.79
20.	Lexie GOODMAN	12	Basildon Ph	2:58.02	303	38.71	1:24.68	2:11.58
21.	Caitlin MURRAY	14	Thurrock	3:00.10	292	36.92	1:21.46	2:10.06
22.	Nicole Lomas	15	BorRedbridge	3:03.32	277	39.15	1:25.06	2:13.34
23.	Ella Pemberton	14	Bo Waltham F	3:05.31	268	37.42	1:24.28	2:14.88

EVENT 31 Boys Open 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Joshua Fowles	20	Witham Dolph	1:54.76	649	27.53	57.16	1:26.00
2.	Daniel Gencas	16	Romford Town	1:55.62	634	27.10	56.94	1:27.01
3.	James Speers	16	Basildon Ph	1:56.06	627	27.26	56.99	1:26.56
4.	Noah Jameson Neal	15	Basildon Ph	1:58.55	588	28.08	57.97	1:28.49
5.	Reece Barclay	28	BorRedbridge	2:02.45	534	28.01	59.03	1:30.72
6.	Nathan Banga	16	Romford Town	2:02.57	532	28.18	59.20	1:30.80
7.	Revant Bongurala	21	Bo Newham	2:03.08	526	28.34	58.76	1:30.24
8.	Lewis Marston	17	Runnymede	2:03.77	517	29.18	1:01.28	1:32.65
9.	Daniel Monk	15	Harlow Pen	2:03.84	516	28.04	59.48	1:32.23
10.	Jimmy Taylor	15	Thurrock	2:03.85	516	28.82	1:00.56	1:32.49
11.	Angus Robertson	15	Brentwood	2:04.49	508	27.67	59.68	1:32.71
12.	Alfie Francis	14	Colchester	2:06.12	489	29.81	1:02.52	1:35.50
12.	Jacob Kitching	14	Chelmsford	2:06.12	489	28.93	1:00.83	1:33.53
14.	Joseph Garfield	14	Bo Waltham F	2:06.89	480	28.75	1:01.13	1:34.97
15.	Ethan Martin	14	Thurrock	2:07.80	470	29.04	1:02.26	1:35.37
16.	Luke Marney	15	Romford Town	2:07.92	468	30.02	1:02.53	1:35.29
17.	Georgi Raykin	14	Bo Newham	2:08.20	465	29.28	1:01.59	1:35.51
18.	Nikita Charykin	13	Thurrock	2:08.52	462	30.17	1:03.42	1:36.29
19.	Keelan Gosney	15	Chelmsford	2:09.32	453	28.94	1:01.37	1:35.65
20.	Lewis Archer	22	Halstead	2:09.41	452	29.26	1:02.32	1:36.28
21.	Patrick Winnington	14	DunmowAtlant	2:09.53	451	29.95	1:02.54	1:36.20
22.	Guilherme Gomes	17	Bo Newham	2:09.63	450	29.06	1:01.59	1:35.61
23.	Benjamin Eastman	24	Hornchurch	2:10.49	441	27.86	58.86	1:33.65
24.	Toby Rayner	15	DunmowAtlant	2:10.52	441	29.81	1:02.85	1:36.47
25.	Jamieson McLaren	13	Romford Town	2:10.71	439	30.30	1:03.30	1:37.72
26.	Joseph Quelch	17	Harlow Pen	2:11.26	433	30.22	1:03.59	1:37.99
26.	Thomas Bale	14	Halstead	2:11.26	433	30.15	1:02.97	1:37.29
28.	Max Arnold	13	Harlow Pen	2:11.40	432	30.67	1:04.21	1:38.85
29.	Harley West	15	Basildon Ph	2:11.74	429	30.62	1:03.76	1:37.68
30.	Samuel Walsh	13	Witham Dolph	2:12.28	423	30.42	1:04.47	1:39.25
31.	Joseph Frost	16	Romford Town	2:13.08	416	29.61	1:02.47	1:37.79
32.	Justinas Kazlauskas	13	Bark & Dagen	2:13.30	414	29.95	1:03.97	1:38.52
33.	Joseph Munden	15	Bo Newham	2:13.57	411	29.82	1:04.02	1:39.51
34.	Matthew Riddle	14	Thurrock	2:13.89	408	30.96	1:05.10	1:40.37
35.	Adam Fearon	16	Harlow Pen	2:14.51	403	29.39	1:03.36	1:39.35
36.	James Scammell	15	Brentwood	2:14.92	399	30.29	1:04.35	1:40.15
37.	Connor Wilken	17	Colchester	2:14.97	399	29.27	1:03.47	1:39.00
38.	Jake Hare	15	BorRedbridge	2:15.25	396	32.01	1:07.32	1:41.66
39.	Daniel Himsworth	14	Colchester	2:15.40	395	31.78	1:06.76	1:42.96
40.	Harry Robinson	15	Bark & Dagen	2:15.53	394	29.63	1:03.84	1:39.78
41.	Tom Wood	13	Chelmsford	2:15.56	393	-	1:05.90	1:40.64
42.	Daniel Tshuma	15	Bo Newham	2:15.88	391	31.05	1:05.27	1:40.05
43.	Harry Richardson	15	Southend	2:16.11	389	30.80	1:05.83	1:41.64
44.	Oliver Shead	14	Witham Dolph	2:16.21	388	31.67	1:07.21	1:42.84
45.	Kian Quinlan	13	Bo Southend	2:17.01	381	30.71	1:05.76	1:41.70
46.	Ben Read	16	Runnymede	2:17.78	375	30.21	1:05.21	1:42.09
47.	Ellis McQuade	13	DunmowAtlant	2:17.86	374	32.31	1:07.24	1:42.80
48.	Arthur Bernans	13	Basildon Ph	2:18.10	372	31.28	1:06.24	1:42.36
49.	George Wallace	14	Colchester	2:18.23	371	31.66	1:07.83	1:45.28
50.	Tarelle Laniyan	12	Bo Newham	2:18.85	366	31.94	1:06.78	1:43.53
51.	Richard Vanstone	13	Chelmsford	2:18.87	366	31.63	1:07.10	1:43.66
52.	Steven Salazar	13	Bo Newham	2:18.97	365	31.69	1:06.91	1:43.37



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FULL RESULTS

53. Alex Knight	14	Harlow Pen	2:19.26	363	31.89	1:08.24	1:44.23
54. Joshua Owen	14	Runnymede	2:19.68	360	31.73	1:07.53	1:44.87
55. Ismail Ayad	15	Bo Newham	2:19.69	359	31.43	1:07.09	1:43.65
56. Benjamin James	15	DunmowAtlant	2:20.00	357	31.65	1:07.74	1:44.91
57. Antonio Girolami	14	Colchester	2:20.09	356	31.80	1:07.83	1:44.47
58. Clark Chen	14	Chelmsford	2:20.17	356	31.77	1:07.74	1:43.82
59. Christopher Richardson	14	Bo Waltham F	2:21.22	348	32.22	1:08.29	1:45.34
60. Thomas Ford	13	Basildon Ph	2:21.38	347	33.05	1:09.54	1:46.92
61. Ramsey Ebdon	13	Canvey Isl	2:21.58	345	32.39	1:08.35	1:45.72
62. Colin AIDAN	13	Thurrock	2:21.71	344	33.10	1:09.52	1:46.21
63. Rio Rogers	15	Basildon Ph	2:21.92	343	32.65	1:09.05	1:46.13
64. Kevin Moldovan	12	Harlow Pen	2:23.25	333	32.89	1:09.70	1:47.03
65. Raheel Mahmood	12	Romford Town	2:23.27	333	32.65	1:09.32	1:47.59
66. Joe Power	12	Basildon Ph	2:23.61	331	32.76	1:09.91	1:47.18
67. Thomas Dean	14	Bo Southend	2:25.35	319	32.21	1:09.75	1:47.97
68. Thomas Chittock	12	Bo Waltham F	2:26.33	313	33.02	1:10.80	1:50.07
69. Sami Benidir	12	Bo Newham	2:26.73	310	34.16	1:11.79	1:50.29
70. Ben Scammell	16	Brentwood	2:29.28	294	30.55	1:07.50	1:48.44
Connor Chapman	16	Runnymede	DQ T				

EVENT 32 Girls Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Abbie Low	17	Chelmsford	1:04.48	621	31.44
2.	Asma Parker	16	Colchester	1:04.71	615	31.12
3.	Grace Waller	15	Basildon Ph	1:05.89	582	31.63
4.	Amelia Moule	16	Romford Town	1:05.90	582	31.75
5.	Carys Brealey	15	Harlow Pen	1:05.96	580	31.65
6.	Ella Turner	14	Basildon Ph	1:05.97	580	32.15
7.	Georgia Pease	17	Basildon Ph	1:06.67	562	32.29
8.	Kiera Blunden	14	Chelmsford	1:06.93	555	32.31
9.	Bronte O'dea	16	Runnymede	1:07.09	551	31.72
10.	Lauren Sharp	16	Chelmsford	1:08.12	527	33.23
11.	Mia Fursedonne	17	Basildon Ph	1:08.93	508	33.60
12.	Charlotte Harris	16	Maldon Shark	1:08.96	508	34.03
13.	Francesca Low	14	Chelmsford	1:09.03	506	33.50
14.	Rebecca Stroud	17	Brentwood	1:09.31	500	33.38
15.	Molly Redgrave	15	Colchester	1:09.45	497	33.77
16.	Oluwatunmise Salu	15	Bo Newham	1:09.95	486	33.76
17.	Amelia Heame	16	Clacton SC	1:10.05	484	33.63
18.	Brooke Jenkins	15	Basildon Ph	1:10.60	473	34.07
19.	Rebecca Johnson	14	DunmowAtlant	1:10.68	471	34.34
20.	Rebecca West	17	Thurrock	1:10.79	469	33.59
21.	Emily Falkus	14	Runnymede	1:11.05	464	34.41
22.	Sophie Clerkin	13	Braintree	1:11.16	462	34.07
23.	Emily Tatam	16	Basildon Ph	1:11.33	459	35.01
24.	Alexa Mann	13	Basildon Ph	1:11.36	458	35.29
25.	Amy Green	15	Chelmsford	1:11.60	454	35.05
26.	Rebecca Girolami	16	Colchester	1:11.65	453	34.84
27.	Millie Turner	16	Basildon Ph	1:11.66	452	34.66
28.	Dina Benidir	14	Bo Newham	1:11.74	451	34.80
29.	Ella Lauder	14	Southend	1:11.78	450	34.38
30.	Amber Mason	16	Romford Town	1:11.90	448	33.95
31.	Robyn Quince	15	Runnymede	1:12.12	444	35.05
32.	Erin Wilkinson	14	Basildon Ph	1:12.24	442	35.14
33.	Keziah Cornish	13	Colchester	1:12.81	431	35.66
34.	Valeria Marcu	16	Bark & Dagen	1:13.00	428	34.71
35.	Katie Pilkington	15	Basildon Ph	1:13.20	424	36.23
36.	Olivia Fletcher	16	Basildon Ph	1:13.33	422	36.07
37.	Verlander Verlander	13	Thurrock	1:13.76	415	35.77
38.	Niamh Wainwright	16	Chelmsford	1:13.86	413	35.31
39.	Emma Tappenden	15	Basildon Ph	1:14.21	407	36.07
40.	Hannah Zyss	14	Basildon Ph	1:14.37	405	35.77
41.	Lotti Talbot	15	Colchester	1:14.44	403	35.48
42.	Kya Andreou	15	Harlow Pen	1:14.47	403	35.93
43.	Brianna Hansen-hoare	12	Harlow Pen	1:14.48	403	35.15
44.	Ella Pemberton	14	Bo Waltham F	1:14.55	402	36.33
45.	Emma Staines	15	Chelmsford	1:14.58	401	36.33
46.	Greta Goddard	13	Colchester	1:14.82	397	36.52
47.	Lily Bott	14	Braintree	1:14.97	395	36.30
48.	Ruth Wilkinson	16	Saffron Wald	1:15.02	394	36.54
49.	Chloe Brewster	15	Maldon Shark	1:15.12	393	35.98
50.	Mia Magnus	13	BorRedbridge	1:15.22	391	35.88
51.	Emile Galkute	16	Bo Newham	1:15.26	390	36.58
52.	Hannah Fleming	14	Chelmsford	1:15.32	390	36.26
53.	Temi Awolesi	14	Chelmsford	1:15.33	389	35.65
54.	Clara Evans	15	BorRedbridge	1:15.38	389	36.05
55.	Emily Comber	17	Runnymede	1:15.63	385	36.26
56.	Maddie White	14	Chelmsford	1:15.72	383	36.94
56.	Olivia Clarke	13	Chelmsford	1:15.72	383	37.17
58.	Ruby Le May	14	Killerwhales	1:15.89	381	36.83
59.	Danielle Hartin	17	Basildon Ph	1:15.90	381	36.95
60.	Marcie Aley	13	Braintree	1:15.95	380	36.68
61.	Misty Eren	13	Harlow Pen	1:16.31	375	37.44



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62. Daisy Hanbury-tracy	16	Saffron Wald	1:16.40	373	37.00
62. Anna-Lucia Fenner	13	Basildon Ph	1:16.40	373	37.15
64. Lacey Buss	14	Harlow Pen	1:16.54	371	37.81
65. Grace Lamprell	14	Harlow Pen	1:17.05	364	37.17
66. Olivia Reilly	15	Chelmsford	1:17.32	360	36.66
67. Holly McCarthy	14	Colchester	1:17.71	355	37.41
68. Hannah Raker	15	Southend	1:17.88	352	37.19
69. Caitlin MURRAY	14	Thurrock	1:18.51	344	38.16
70. Sophie Raker	16	Southend	1:19.17	335	39.02
71. Libby Marmolejo	13	Bo Newham	1:19.46	332	37.11
72. Emma Page	14	Rochford	1:19.94	326	39.08
73. Scarlett Strange	14	Killerwhales	1:20.26	322	38.25
74. Paige Laybourn-Morris	12	Thurrock	1:21.61	306	39.63
75. Tabitha Kennedy	15	Clacton SC	1:25.26	268	40.61
Mia Lawrence	15	Clacton SC	DNC		
Neha Pillai	14	Bo Waltham F	DNC		

EVENT 33 Boys Open 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lewis Binning	16	Basildon Ph	1:07.83	551	31.40
2.	Lee Peterson	45	Braintree	1:08.80	528	31.84
3.	Ali Cangir	18	Bark & Dagen	1:09.45	513	32.16
4.	Samuel Rennie	15	Braintree	1:09.58	510	32.67
5.	Jack Mansfield	17	Harlow Pen	1:09.60	510	32.28
6.	Matthew McLaughlin	26	DunmowAtlant	1:09.98	501	32.38
7.	Lewis Marston	17	Runnymede	1:10.11	499	33.24
8.	Harrison Jarvis	15	Thurrock	1:10.30	494	32.99
9.	Tyler Tombs	14	Chelmsford	1:10.56	489	32.64
10.	Daryl Rands	22	Harwich DP	1:12.46	452	33.05
11.	Mihnea Totu	15	Bo Newham	1:12.48	451	34.08
12.	Alfie Francis	14	Colchester	1:12.69	447	33.81
13.	Samuel Dack	17	DunmowAtlant	1:12.92	443	33.63
14.	Joshua Cooper	20	Runnymede	1:14.49	416	35.16
15.	Ethan Peirce	15	Harlow Pen	1:14.55	415	34.31
16.	Jacob Stephen	14	Brentwood	1:15.44	400	35.06
17.	Tyler Jackson	15	Harlow Pen	1:15.51	399	35.82
18.	Joseph Munden	15	Bo Newham	1:15.84	394	35.37
19.	Jake Hare	15	BorRedbridge	1:16.20	388	35.71
19.	Colin MOGHINA	14	Thurrock	1:16.20	388	35.42
21.	Joseph Bentley	20	Witham Dolph	1:16.51	383	35.54
22.	Harvey Last	16	Southend	1:16.55	383	35.58
23.	Ben Stringer	14	Harlow Pen	1:16.78	379	35.78
24.	Glennon Lee	13	Harlow Pen	1:17.10	375	35.93
25.	Euan Higgs	15	Chelmsford	1:17.15	374	34.81
26.	Angus Robertson	15	Brentwood	1:17.79	365	35.98
27.	Denis MORINE	14	Basildon Ph	1:18.39	357	36.91
28.	Antonio Girolami	14	Colchester	1:18.43	356	36.65
29.	Sam Loader	15	Clacton SC	1:18.75	352	36.93
30.	Jenson Hurrell	14	Thurrock	1:19.08	347	37.12
31.	Matteo Castello	15	Thurrock	1:19.39	343	36.65
32.	Oscar Howell	14	Brentwood	1:19.62	340	37.74
33.	Rory Grimshaw	18	Witham Dolph	1:19.87	337	36.57
34.	Patrick Winnington	14	DunmowAtlant	1:19.99	336	38.22
35.	Christopher Thompson	16	Colchester	1:20.09	334	37.52
36.	William Banks	17	Chelmsford	1:20.30	332	37.18
37.	Toby Rayner	15	DunmowAtlant	1:20.39	331	37.26
38.	Jonathan Cheung	15	Rochford	1:20.44	330	37.41
39.	Archie Pigott	12	Killerwhales	1:20.59	328	37.92
40.	Apollo Wilkins	15	Chelmsford	1:20.80	326	36.79
41.	Joseph Guild	16	Colchester	1:21.53	317	37.70
42.	Harry Richardson	15	Southend	1:22.09	310	39.36
43.	Joshua Atotileto	13	Bo Newham	1:22.14	310	38.99
44.	Josh White	14	Bark & Dagen	1:22.18	309	38.41
45.	Richard Vanstone	13	Chelmsford	1:22.68	304	38.37
46.	Ben Read	16	Runnymede	1:22.70	304	38.53
47.	Oliver Murray	15	Braintree	1:22.78	303	38.63
48.	Danny Moody	13	Romford Town	1:23.07	300	38.47
49.	Dylan Reeve	14	Chelmsford	1:23.22	298	37.97
50.	Clark Chen	14	Chelmsford	1:23.33	297	38.60
51.	Mark Rigo	13	Romford Town	1:23.41	296	38.59
52.	Ben MINISTER	13	Thurrock	1:23.50	295	38.99
53.	Danny Scannell	13	Bark & Dagen	1:24.20	288	39.86
54.	George Wallace	14	Colchester	1:24.36	286	39.52
55.	Ethan Ryan	14	Harlow Pen	1:24.44	285	39.74
56.	Romao Conde	12	Bo Newham	1:24.94	280	39.81
57.	Josh Toms	14	DunmowAtlant	1:25.19	278	39.32
58.	Daniel Lambert	16	Braintree	1:25.23	277	38.84
59.	Matthew Riddle	14	Thurrock	1:25.25	277	40.08
60.	Marco Yuen	12	Brentwood	1:25.62	273	39.77
61.	Matthew Bale	42	Halstead	1:25.78	272	39.70
62.	Alex Knight	14	Harlow Pen	1:25.98	270	39.96
63.	Rhys Panyandee	13	Bo Newham	1:26.21	268	41.57
64.	Thomas Underdown	12	Braintree	1:26.44	266	41.28



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65. Freddie Weston	12 Brentwood	1:26.95	261	41.07
66. Samuel Walsh	13 Witham Dolph	1:26.99	261	41.70
66. Harold Edwards	14 Braintree	1:26.99	261	40.99
66. Ryan Shaw	14 Witham Dolph	1:26.99	261	41.07
69. Euan Freeman	16 Saffron Wald	1:27.22	259	41.13
70. Ethan Paraiwa	14 Thurrock	1:27.34	258	40.99
71. Joseph Burns	13 Witham Dolph	1:27.97	252	40.81
72. Ramsey Ebdon	13 Canvey Isl	1:28.76	245	41.70
Daniel Boboye	12 Thurrock	DNC		
Alex Harness	16 Rochford	DQ SL		
James Scammell	15 Brentwood	DQ T		
Ryan Dixon	15 Bo Newham	DQ T		

EVENT 34 FINAL OF EVENT 28 Girls Open 50m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Jessica Ayling	18	Romford Town	33.61	618
2.	Kameliya Stoimenova	16	Bo Newham	33.89	603
3.	Aoife Marley	17	Witham Dolph	34.32	581
4.	Chloe Skelt	14	Chelmsford	34.54	570
5.	Katherine Daynes	17	Halstead	34.75	559
6.	Rebecca Girolami	16	Colchester	34.91	552
7.	Rianna Smith	21	Basildon Ph	34.95	550
8.	Holly Hagan	15	Romford Town	35.07	544

EVENT 35 FINAL OF EVENT 29 Boys Open 50m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Naythan Aung	15	Colchester	27.27	540
2.	Daniel Gencas	16	Romford Town	27.51	526
3.	Aaron Wilson	17	Romford Town	28.10	494
4.	Samuel Miller	16	Basildon Ph	28.48	474
5.	Syd Roberts	15	Colchester	28.57	470
6.	Tyler Jackson	15	Harlow Pen	28.92	453
7.	Cole Shepard	16	Basildon Ph	29.04	447
8.	Lewis Binning	16	Basildon Ph	38.91	186

EVENT 36 FINAL OF EVENT 32 Girls Open 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Abbie Low	17	Chelmsford	1:04.07	633	31.44
2.	Carys Brealey	15	Harlow Pen	1:04.59	618	31.35
3.	Ella Turner	14	Basildon Ph	1:05.43	594	32.12
4.	Grace Waller	15	Basildon Ph	1:05.49	593	32.17
5.	Amelia Moule	16	Romford Town	1:06.05	578	31.61
6.	Georgia Pease	17	Basildon Ph	1:07.19	549	32.38
7.	Kiera Blunden	14	Chelmsford	1:08.06	528	32.92
	Asma Parker	16	Colchester	DQ ST		

EVENT 37 FINAL OF EVENT 33 Boys Open 100m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Lee Peterson	45	Braintree	1:06.72	579	-
2.	Lewis Binning	16	Basildon Ph	1:07.91	549	-
3.	Lewis Marston	17	Runnymede	1:09.02	523	-
4.	Matthew McLaughlin	26	DunmowAtlant	1:09.49	512	-
5.	Jack Mansfield	17	Harlow Pen	1:09.69	508	-
6.	Samuel Rennie	15	Braintree	1:09.92	503	-
7.	Harrison Jarvis	15	Thurrock	1:10.61	488	-
8.	Tyler Tombs	14	Chelmsford	1:11.28	474	-



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FULL RESULTS

EVENT 38 Boys/Girls Open 1500m Freestyle

BOYS - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Joshua Fowles	20	Witham Dolph	16:17.51	653				
	50m 15:45.28	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 16:17.51			
2.	Noah Jameson Neal	15	Basildon Ph	16:37.72	614				
	50m 29.61	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 16:37.72			
3.	Reece Barclay	28	BorRedbridge	17:09.83	558				
	50m 16:36.43	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:09.83			

GIRLS - Full Results

Place	Name	AaD	Club	Time	FINA Pt				
1.	Amelia Moule	16	Romford Town	17:24.23	683				
	50m 30.65	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:24.23			
2.	Ruby Wheeler	13	Basildon Ph	17:27.28	677				
	50m 30.53	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:27.28			
3.	Isabelle Jopson	16	Romford Town	17:44.94	644				
	50m 31.69	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 17:44.94			
4.	Phoebe White	14	Harlow Pen	18:26.31	574				
	50m 32.26	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 18:26.31			
5.	Kiera Blunden	14	Chelmsford	18:27.78	572				
	50m 32.19	100m -	150m -	200m -	250m -	300m -	350m -	400m -	
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m -	
	850m -	900m -	950m -	1000m -	1050m -	1100m -	1150m -	1200m -	
	1250m -	1300m -	1350m -	1400m -	1450m -	1500m 18:27.78			

EVENT 39 Girls Open 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Erin Little	14	Chelmsford	26.13	675
2.	Rebecca Watt	17	DunmowAtlant	26.44	652
3.	May Bradburn	15	Chelmsford	26.78	627
4.	Rianna Smith	21	Basildon Ph	26.99	613
5.	Grace Waller	15	Basildon Ph	27.33	590
6.	Amelia Moule	16	Romford Town	27.36	588
7.	Abbie Low	17	Chelmsford	27.63	571
8.	Rosie Brooks	15	Chelmsford	28.05	546
9.	Victoria Dreleval	14	Romford Town	28.16	539
10.	Holly Lamb	14	Basildon Ph	28.18	538
11.	Ruby Wheeler	13	Basildon Ph	28.20	537
12.	Phoebe White	14	Harlow Pen	28.21	537
13.	Asma Parker	16	Colchester	28.34	529
14.	Mia Fursedonne	17	Basildon Ph	28.35	529
15.	Tilly Mayes	16	Thurrock	28.39	526
16.	Ciara Wookey	15	Colchester	28.44	524
17.	Sophie Clerkin	13	Braintree	28.48	521
18.	Rebecca Stroud	17	Brentwood	28.49	521
19.	Chloe Skelt	14	Chelmsford	28.58	516
20.	Bryony Edgings	14	Thurrock	28.61	514
21.	Charlotte Gill	14	Basildon Ph	28.69	510
22.	Jessica Ayling	18	Romford Town	28.72	508
23.	Lauren Sharp	16	Chelmsford	28.84	502
24.	Bronte O'dea	16	Runnymede	28.85	502
24.	Nancy Neave	15	Braintree	28.85	502
26.	Oluwatunmise Salu	15	Bo Newham	28.86	501
27.	Rebecca Girolami	16	Colchester	28.93	497
28.	Ella Lauder	14	Southend	28.96	496
28.	Erin Wilkinson	14	Basildon Ph	28.96	496
30.	Madison Smith	16	Stanway	29.05	491
31.	Ella Turner	14	Basildon Ph	29.08	490
32.	Ifeoma Nwabueze	12	Bo Southend	29.10	489
33.	Niamh Wainwright	16	Chelmsford	29.16	486
34.	Ciara McAuley	14	Saffron Wald	29.18	485
35.	Teegan Rayner	14	Witham Dolph	29.19	484



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36. Rebecca Johnson	14. DunmowAtlant	29.20	484
36. Luella Gilmour	12. Chelmsford	29.20	484
38. Charlotte Tree	15. Colchester	29.29	479
39. Lily Ulyatt	13. Chelmsford	29.30	479
40. Amelia Heame	16. Clacton SC	29.33	477
41. Robyn Quince	15. Runnymede	29.34	477
42. Kameliya Stoimenova	16. Bo Newham	29.37	475
43. Temi Awolesi	14. Chelmsford	29.41	473
44. Olivia Rudd	15. Basildon Ph	29.45	472
45. Olivia Fletcher	16. Basildon Ph	29.53	468
46. Charlotte Harris	16. Maldon Shark	29.63	463
47. Hannah Zyss	14. Basildon Ph	29.68	461
47. Emma Staines	15. Chelmsford	29.68	461
49. Molly Redgrave	15. Colchester	29.73	458
50. Isabelle Mcpherson	15. Witham Dolph	29.74	458
51. Zoe Clegg	16. Colchester	29.76	457
52. Alexa Mann	13. Basildon Ph	29.84	453
52. Ruby Le May	14. Killerwhales	29.84	453
54. Francesca Low	14. Chelmsford	29.88	451
55. Amber Mason	16. Romford Town	29.93	449
55. Junayna Ahmed	16. Romford Town	29.93	449
57. Darcy Coburn	14. Braintree	29.98	447
58. Valeria Marcu	16. Bark & Dagen	30.00	446
59. Olivia Smith-lal	21. Harlow Pen	30.06	443
60. Emma Tappenden	15. Basildon Ph	30.20	437
61. Chloe Brewster	15. Maldon Shark	30.23	436
62. Ana Victoria Anderson	17. Colchester	30.29	433
63. Isabel Collins	13. Bo Southend	30.31	432
64. Gracie Morris	13. Rochford	30.33	432
65. Millie Turner	16. Basildon Ph	30.37	430
65. Magdalena Yordanova	14. Romford Town	30.37	430
67. Clara Evans	15. BorRedbridge	30.40	429
67. Katherine Daynes	17. Halstead	30.40	429
69. Keziah Cornish	13. Colchester	30.41	428
70. Georgia Bleck	14. Colchester	30.44	427
71. Harriet Carroll	14. Runnymede	30.45	427
72. Rachel Sale	12. Stanway	30.46	426
73. Olivia Reilly	15. Chelmsford	30.48	425
74. Jasmine Wood	16. Witham Dolph	30.50	424
75. Daisy Hanbury-tracy	16. Saffron Wald	30.51	424
76. Dina Benidir	14. Bo Newham	30.55	422
77. Aimee Armsden	15. Basildon Ph	30.60	420
78. Anna-Lucia Fenner	13. Basildon Ph	30.61	420
79. Taisia Tiron	15. Harlow Pen	30.65	418
80. Molly Brisbane	13. Brentwood	30.67	417
81. Ella Pemberton	14. Bo Waltham F	30.68	417
82. Innes Dunlop	15. Saffron Wald	30.71	416
83. Verlander Verlander	13. Thurrock	30.72	415
84. Molly Grieve	14. Colchester	30.74	415
85. Ellie Cakebread	14. Braintree	30.76	414
85. Eva Murray	13. Bo Waltham F	30.76	414
85. Claudia King	15. Harlow Pen	30.76	414
88. Holly Freegard	16. Runnymede	30.79	413
89. Freya Seymour	15. Runnymede	30.86	410
90. Greta Goddard	13. Colchester	30.87	409
90. Sophia Diggins	15. Saffron Wald	30.87	409
92. Cailin Walker	16. Harlow Pen	30.89	409
93. Hetty Aris	16. Saffron Wald	30.91	408
94. Keziah Plumb	13. Bark & Dagen	30.98	405
95. Grace Lamprell	14. Harlow Pen	31.08	401
96. Rachel Green	15. Brentwood	31.12	400
96. Ellena Odell	16. Braintree	31.12	400
98. Kya Andreou	15. Harlow Pen	31.13	399
98. Ciara Tappenden	18. Basildon Ph	31.13	399
100. Paige Laybourn-Morris	12. Thurrock	31.17	398
101. Emily Comber	17. Runnymede	31.18	397
102. Scarlett Strange	14. Killerwhales	31.20	396
103. Kitty-May Murray	14. Bo Newham	31.26	394
104. Jasmine Shaw	12. Witham Dolph	31.27	394
104. Libby Marmolejo	13. Bo Newham	31.27	394
106. Sophie O'rorke	12. Braintree	31.28	393
107. Brooke Woodhouse	14. Killerwhales	31.29	393
108. Jasmine Bale	13. Halstead	31.32	392
109. Lexie GOODMAN	12. Basildon Ph	31.47	386
110. Siobhan Foley-wright	17. Runnymede	31.52	384
111. Rebecca Dack	17. DunmowAtlant	31.55	383
112. Amy Green	15. Chelmsford	31.59	382
113. Rebekah Long	14. Chelmsford	31.78	375
114. Rosy Bird	16. Halstead	31.80	374
115. Ogechi Ndu	16. Bark & Dagen	32.03	366
116. Hannah Raker	15. Southend	32.04	366
117. Nicole Lomas	15. BorRedbridge	32.09	364
118. Mia Lawrence	15. Clacton SC	32.10	364
Neha Pillai	14. Bo Waltham F	DNC	



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

Senior Winter Championships 2019

FULL RESULTS

EVENT 40 Boys Open 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Lewis Binning	16	Basildon Ph	26.31	568
2.	Damon Elliott	15	DunmowAtlant	26.35	566
3.	Joe Northover	29	Bo Newham	26.45	559
4.	Daniel Gencas	16	Romford Town	26.74	541
5.	Alessandro Rioda	15	Harlow Pen	26.81	537
6.	Naythan Aung	15	Colchester	26.85	535
7.	Jack Turrell	16	Basildon Ph	27.36	505
8.	Samuel Miller	16	Basildon Ph	27.43	501
9.	Joshua Eguakhide	16	Romford Town	27.63	491
10.	Connor Wilken	17	Colchester	27.72	486
11.	Lewis Marston	17	Runnymede	27.76	484
12.	Ethan Peirce	15	Harlow Pen	27.84	480
13.	Morgan Foster	16	Braintree	27.86	479
14.	Euan Higgs	15	Chelmsford	27.88	478
15.	Ewan Sturgeon	17	Chelmsford	28.03	470
15.	Ali Cangir	18	Bark & Dagen	28.03	470
17.	Mihnea Totu	15	Bo Newham	28.18	462
18.	Daryl Rands	22	Harwich DP	28.19	462
19.	Syd Roberts	15	Colchester	28.26	459
20.	Jacob Stephen	14	Brentwood	28.33	455
21.	Luke Goodall	20	Runnymede	28.47	448
22.	Harvey Last	16	Southend	28.50	447
23.	Joseph Garfield	14	Bo Waltham F	28.70	438
24.	Tyler Jackson	15	Harlow Pen	28.79	434
25.	Matthew McLaughlin	26	DunmowAtlant	28.80	433
26.	Kalaum Corani	15	Colchester	28.91	428
27.	Jimmy Taylor	15	Thurrock	28.95	426
28.	Samuel Owen	16	Runnymede	28.97	426
29.	James Cowdrey	14	Basildon Ph	28.99	425
30.	Dylan Reeve	14	Chelmsford	29.00	424
31.	Alfie Francis	14	Colchester	29.15	418
32.	Samuel Dack	17	DunmowAtlant	29.24	414
33.	Georgi Raykin	14	Bo Newham	29.26	413
34.	Joseph Quelch	17	Harlow Pen	29.31	411
35.	Angus Robertson	15	Brentwood	29.34	410
36.	Gabriel Annis	16	Brentwood	29.35	409
37.	Aaron Chambers	17	Epping For't	29.37	408
38.	Vaughn Dooley	18	Romford Town	29.38	408
39.	Ben Styman-Heighton	15	Halstead	29.40	407
40.	Oliver Shead	14	Witham Dolph	29.55	401
41.	Aidan Wood	20	Witham Dolph	29.56	401
42.	Maddox Roberts	13	Witham Dolph	29.57	400
43.	Lewis Dixon	14	Bark & Dagen	29.69	395
44.	Samuel Costin	16	Basildon Ph	29.78	392
45.	Jenson Hurrell	14	Thurrock	29.83	390
46.	Oliver Dann	14	Harwich DP	29.95	385
47.	Joseph Munden	15	Bo Newham	30.03	382
48.	Alex Harness	16	Rochford	30.04	382
49.	Guilherme Gomes	17	Bo Newham	30.07	381
50.	Joshua Atotileto	13	Bo Newham	30.12	379
51.	Vytautas Vaitekunas	16	Bark & Dagen	30.15	378
52.	Daniel Monk	15	Harlow Pen	30.23	375
53.	Joseph Guild	16	Colchester	30.63	360
54.	Joseph Frost	16	Romford Town	30.65	359
55.	Adam Fearon	16	Harlow Pen	30.66	359
56.	Keelan Gosney	15	Chelmsford	30.68	358
57.	Nathan Gray	15	Southend	30.69	358
58.	Colin MOGHINA	14	Thurrock	30.70	358
59.	Ethan Paraiwa	14	Thurrock	30.84	353
60.	Henry Dean	13	Thurrock	30.87	352
61.	Daniel Tshuma	15	Bo Newham	30.91	350
62.	Harry Richardson	15	Southend	30.94	349
63.	Ronald GAVRIS	14	Colchester	30.99	348
64.	Daniel Parker	13	Braintree	31.09	344
65.	Tyler Tombs	14	Chelmsford	31.16	342
66.	Apollo Wilkins	15	Chelmsford	31.45	333
66.	Ellis McQuade	13	DunmowAtlant	31.45	333
68.	Daniel MCGUINNESS	13	Basildon Ph	31.57	329
69.	Steven Salazar	13	Bo Newham	31.60	328
70.	Arthur Bernans	13	Basildon Ph	31.72	324
71.	Harley West	15	Basildon Ph	31.73	324
72.	Ben Long	17	Brentwood	31.75	323
73.	Harry Staggs	13	Basildon Ph	31.77	323
74.	Raheel Mahmood	12	Romford Town	31.78	322
75.	Kian Panyandee	17	Bo Newham	31.83	321
76.	Dion Fana	12	Basildon Ph	31.84	320
76.	Jack Mansfield	17	Harlow Pen	31.84	320
78.	Ben MINISTER	13	Thurrock	31.85	320
79.	Connor Chapman	16	Runnymede	31.89	319
80.	Justinas Kazlauskas	13	Bark & Dagen	31.94	317



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

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FULL RESULTS

81. Colin Peden	13	Saffron Wald	32.11	312
82. Josh White	14	Bark & Dagen	32.15	311
83. Nathan Banga	16	Romford Town	32.31	307
84. Antonio Girolami	14	Colchester	32.38	305
85. Josh Toms	14	DunmowAtlant	32.42	304
86. Ben Scammell	16	Brentwood	32.53	300
86. Ben Read	16	Runnymede	32.53	300
88. Marco Yuen	12	Brentwood	32.85	292
89. Rio ROGERS	15	Basildon Ph	32.92	290
90. Ismail Ayad	15	Bo Newham	32.95	289
90. Denis Drelev	13	Romford Town	32.95	289
92. Rory Wilde	12	Chelmsford	33.06	286
93. Tyrone Ojukwu	12	Bark & Dagen	33.19	283
94. Alex Knight	14	Harlow Pen	33.46	276
95. Thomas Chittock	12	Bo Waltham F	33.48	276
96. Sam Loader	15	Clacton SC	33.74	269
97. Kevin Moldovan	12	Harlow Pen	33.81	268
98. Presley Fleming	13	Canvey Isl	33.82	267
99. Clark Chen	14	Chelmsford	33.85	267
100. Thomas Dean	14	Bo Southend	33.86	266
101. Christopher Richardson	14	Bo Waltham F	33.97	264
102. Ryan Dixon	15	Bo Newham	34.10	261
103. Charlie Morgan	20	Halstead	34.13	260
104. Tarelle Laniyan	12	Bo Newham	34.18	259
105. Samuel Hand	14	Harwich DP	34.24	258
106. Aaron Parker	17	Rochford	34.34	255
107. Calum Digby	13	Braintree	34.40	254
108. Joe Power	12	Basildon Ph	34.77	246
109. Finley Petts	12	Braintree	34.80	245
110. Sami Benidir	12	Bo Newham	34.88	244
111. Jack Prentice	16	Harlow Pen	35.18	237
112. Rhys Panyandee	13	Bo Newham	35.43	232
113. Rhys Penfold	13	Killerwhales	36.16	219
114. Sebastian Vinall	12	DunmowAtlant	36.57	211

EVENT 41 Girls Open 200m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Ellie Wheeler	17	Basildon Ph	2:20.37	654	31.21	1:06.41	1:47.20
2.	Ruby Wheeler	13	Basildon Ph	2:24.81	595	31.92	1:10.20	1:52.48
3.	Holly Lamb	14	Basildon Ph	2:24.92	594	31.76	1:09.98	1:52.97
4.	Erin Little	14	Chelmsford	2:25.54	586	31.01	1:10.20	1:54.20
5.	Carys Brealey	15	Harlow Pen	2:28.32	554	32.22	1:09.93	1:54.11
6.	Ciara Wookey	15	Colchester	2:28.81	549	31.74	1:11.31	1:54.63
7.	Victoria Dreleva	14	Romford Town	2:29.35	543	31.81	1:10.42	1:56.07
8.	Ella Turner	14	Basildon Ph	2:30.66	529	33.86	1:10.51	1:55.62
9.	Charlotte Tree	15	Colchester	2:32.34	511	33.88	1:13.01	1:57.00
10.	Lauren Sharp	16	Chelmsford	2:33.10	504	34.00	1:13.42	1:58.39
11.	Francesca Key	14	Canvey Isl	2:33.56	499	34.39	1:13.91	1:58.54
12.	Pasakinskaite Erika	13	Bark & Dagen	2:33.61	499	32.46	1:13.30	1:57.65
13.	Olivia Roberts	16	Bo Waltham F	2:34.62	489	32.55	1:12.44	1:59.59
14.	Madison Smith	16	Stanway	2:34.94	486	34.39	1:11.86	1:57.47
15.	Bryony Edgings	14	Thurrock	2:35.81	478	33.07	1:12.12	1:59.57
16.	Charlotte Gill	14	Basildon Ph	2:36.63	470	32.97	1:12.70	2:00.90
17.	Erin Wilkinson	14	Basildon Ph	2:37.02	467	34.71	1:14.00	2:02.50
18.	Lily Ulyatt	13	Chelmsford	2:37.12	466	32.90	1:13.67	2:00.11
19.	Monika Murine	12	Bark & Dagen	2:37.16	466	35.83	1:17.63	2:01.35
20.	Millie Turner	16	Basildon Ph	2:37.87	459	34.07	1:12.93	2:02.66
21.	Amelia Heame	16	Clacton SC	2:38.22	456	35.47	1:14.51	2:02.14
22.	Zoe Barnard	14	Basildon Ph	2:38.29	456	33.89	1:14.52	2:00.37
23.	Ruby Le May	14	Killerwhales	2:38.40	455	35.02	1:16.00	2:02.78
24.	Emilia Jopson	14	Romford Town	2:38.47	454	32.80	1:14.52	2:01.55
25.	Rebecca Johnson	14	DunmowAtlant	2:38.57	453	33.53	1:11.99	2:01.41
26.	Danielle Hartin	17	Basildon Ph	2:39.41	446	36.17	1:19.33	2:03.86
27.	Dina Benidir	14	Bo Newham	2:39.67	444	34.21	1:14.43	2:02.94
28.	Niamh Wainwright	16	Chelmsford	2:39.87	442	32.71	1:13.21	2:01.61
29.	Molly Grieve	14	Colchester	2:40.57	437	34.85	1:17.93	2:03.15
30.	Francesca Low	14	Chelmsford	2:40.76	435	36.56	1:15.81	2:03.82
31.	Rosie Henn	14	Braintree	2:41.19	432	36.04	1:17.30	2:03.21
32.	Emily Tatam	16	Basildon Ph	2:41.21	431	34.86	1:15.75	2:02.89
33.	Mia Magnus	13	BorRedbridge	2:41.85	426	35.01	1:15.81	2:05.00
34.	Lexie O'connor	12	Romford Town	2:43.31	415	37.25	1:19.75	2:05.32
35.	Keziah Cornish	13	Colchester	2:44.75	404	36.57	1:16.75	2:07.33
36.	Misty Eren	13	Harlow Pen	2:44.96	403	36.92	1:20.04	2:05.83
37.	Eva Murray	13	Bo Waltham F	2:45.50	399	37.28	1:21.61	2:10.08
38.	Georgia Bleck	14	Colchester	2:45.81	396	37.28	1:17.92	2:06.92
39.	Evie Jamieson	13	Harlow Pen	2:45.86	396	36.54	1:19.94	2:06.95
40.	Verlander Verlander	13	Thurrock	2:46.01	395	35.54	1:15.72	2:09.55
41.	Scarlett Strange	14	Killerwhales	2:46.30	393	36.73	1:19.74	2:08.20
42.	Ellie Cakebread	14	Braintree	2:46.34	393	35.92	1:16.91	2:07.15
43.	Taisia Tiron	15	Harlow Pen	2:46.75	390	36.89	1:21.24	2:07.62
44.	Jasmine Wood	16	Witham Dolph	2:48.62	377	35.52	1:19.98	2:09.14
45.	Holly Freegard	16	Runnymede	2:49.12	374	36.47	1:19.16	2:08.60
46.	Greta Goddard	13	Colchester	2:49.66	370	36.11	1:18.59	2:10.46



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FULL RESULTS

47. Megan McLawrence	14	BorRedbridge	2:49.69	370	37.90	1:21.53	2:10.43
48. Caitlin MURRAY	14	Thurrock	2:50.30	366	36.71	1:20.32	2:10.44
49. Ella Pemberton	14	Bo Waltham F	2:50.78	363	37.61	1:20.55	2:12.89
50. Harriet Carroll	14	Runnymede	2:51.37	359	36.85	1:21.53	2:12.55
51. Grace Lamprell	14	Harlow Pen	2:53.28	347	40.06	1:21.95	2:13.44
52. Nicole Lomas	15	BorRedbridge	2:54.23	342	37.59	1:22.42	2:14.36
53. Innes Dunlop	15	Saffron Wald	2:55.17	336	36.19	1:21.23	2:14.08
Neha Pillai	14	Bo Waltham F	DNC				
Rebecca West	17	Thurrock	DNC				
Luella Gilmour	12	Chelmsford	DQ SA				

EVENT 42 Boys Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	James Speers	16	Basildon Ph	53.04	608	26.30
2.	Daniel Gencas	16	Romford Town	53.06	607	25.87
3.	Joshua Fowles	20	Witham Dolph	53.62	588	26.11
4.	Lewis Binning	16	Basildon Ph	53.78	583	26.18
5.	Alessandro Rioda	15	Harlow Pen	54.20	570	25.75
6.	Ewan Sturgeon	17	Chelmsford	54.69	554	26.88
7.	Damon Elliott	15	DunmowAtlant	54.72	553	26.51
8.	Naythan Aug	15	Colchester	54.95	547	26.49
9.	Lewis Bayley	18	Southend	55.61	527	27.01
10.	Samuel Miller	16	Basildon Ph	55.65	526	26.89
11.	Joe Northover	29	Bo Newham	55.69	525	26.58
12.	Cole Shepard	16	Basildon Ph	55.85	520	26.89
13.	Morgan Foster	16	Braintree	56.43	505	27.54
14.	Connor Wilken	17	Colchester	56.64	499	26.99
15.	Euan Higgs	15	Chelmsford	56.83	494	26.97
16.	Daryl Rands	22	Harwich DP	56.96	491	26.66
17.	Ethan Peirce	15	Harlow Pen	57.12	487	27.05
18.	Mihnea Totu	15	Bo Newham	57.36	480	27.98
19.	Joshua Eguakhide	16	Romford Town	57.41	479	27.64
20.	Ethan Martin	14	Thurrock	57.62	474	27.36
21.	Lewis Marston	17	Runnymede	57.72	471	28.09
22.	Angus Robertson	15	Brentwood	57.76	470	28.04
23.	Samuel Dack	17	DunmowAtlant	57.83	469	27.86
24.	Nathan Banga	16	Romford Town	57.86	468	27.62
25.	Samuel Owen	16	Runnymede	57.89	467	27.94
26.	Joseph Garfield	14	Bo Waltham F	57.92	467	28.02
27.	Tyler Jackson	15	Harlow Pen	57.93	466	27.57
28.	Luke Goodall	20	Runnymede	58.03	464	27.71
29.	Joseph Bentley	20	Witham Dolph	58.12	462	27.72
30.	Keelan Gosney	15	Chelmsford	58.15	461	27.74
31.	Syd Roberts	15	Colchester	58.20	460	28.13
32.	James Cowdrey	14	Basildon Ph	58.34	457	27.88
33.	Matthew McLaughlin	26	DunmowAtlant	58.61	450	27.61
34.	Joseph Quelch	17	Harlow Pen	58.66	449	28.29
35.	Vytautas Vaitekunas	16	Bark & Dagen	58.68	449	27.87
36.	Maddox Roberts	13	Witham Dolph	58.85	445	28.03
37.	Alfie Francis	14	Colchester	58.87	444	29.07
38.	Matthew Kent	15	Harwich DP	59.04	441	28.06
39.	Ethan Shelley	14	Rochford	59.09	439	28.20
40.	Georgi Raykin	14	Bo Newham	59.17	438	28.49
41.	Max Arnold	13	Harlow Pen	59.22	437	28.51
42.	Dylan Reeve	14	Chelmsford	59.25	436	28.01
43.	Aidan Wood	20	Witham Dolph	59.26	436	27.99
44.	Colin MOGHINA	14	Thurrock	59.28	435	28.37
45.	Jacob Kitching	14	Chelmsford	59.37	433	28.60
46.	Aaron Wilson	17	Romford Town	59.56	429	28.24
47.	Lewis Dixon	14	Bark & Dagen	59.68	426	28.86
48.	Oliver Shead	14	Witham Dolph	59.76	425	28.52
49.	Adam Fearon	16	Harlow Pen	1:00.00	420	29.03
50.	Joseph Munden	15	Bo Newham	1:00.09	418	29.36
51.	Kalaum Corani	15	Colchester	1:00.15	417	29.08
52.	Denis MORINE	14	Basildon Ph	1:00.22	415	28.92
53.	Joseph Guild	16	Colchester	1:00.33	413	28.57
54.	Daniel Parker	13	Braintree	1:00.35	412	29.55
55.	Luke Marney	15	Romford Town	1:00.40	411	29.30
56.	Vaughn Dooley	18	Romford Town	1:00.45	410	28.60
57.	Matt Harvey	15	Basildon Ph	1:00.58	408	29.25
58.	Nathan Gray	15	Southend	1:00.69	406	28.16
59.	Harvey Last	16	Southend	1:00.77	404	28.66
60.	Gabriel Annis	16	Brentwood	1:00.89	402	28.98
60.	Alex Harness	16	Rochford	1:00.89	402	28.06
62.	Thomas Bale	14	Halstead	1:00.92	401	29.04
63.	Harry Richardson	15	Southend	1:01.08	398	29.46
64.	Lewis Archer	22	Halstead	1:01.13	397	29.05
65.	Josh Toms	14	DunmowAtlant	1:01.43	391	29.57
66.	Nicholas Alabaster	53	Rochford	1:01.53	389	29.07
67.	Ronald GAVRIS	14	Colchester	1:01.54	389	29.10
68.	Jamieson McLaren	13	Romford Town	1:01.65	387	29.75
69.	Samuel Walsh	13	Witham Dolph	1:01.95	381	30.06
70.	Tyler Tombs	14	Chelmsford	1:02.00	380	29.44



ESSEX COUNTY AMATEUR SWIMMING ASSOCIATION

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FULL RESULTS

71. Harry Robinson	15	Bark & Dagen	1:02.03	380	29.48
72. Justinas Kazlauskas	13	Bark & Dagen	1:02.09	379	29.55
72. Guilherme Gomes	17	Bo Newham	1:02.09	379	29.54
74. Harley West	15	Basildon Ph	1:02.18	377	29.87
75. Frankie Selwood	17	Braintree	1:02.26	376	29.96
76. Daniel Tshuma	15	Bo Newham	1:02.31	375	29.05
77. Ismail Ayad	15	Bo Newham	1:02.40	373	29.69
78. Tom Wood	13	Chelmsford	1:02.41	373	29.96
79. Ben Stringer	14	Harlow Pen	1:02.47	372	29.85
80. Jack Mansfield	17	Harlow Pen	1:02.57	370	29.42
81. Steven Salazar	13	Bo Newham	1:02.60	369	30.26
82. Matteo Castello	15	Thurrock	1:02.70	368	29.67
83. Colin Peden	13	Saffron Wald	1:03.27	358	30.88
84. Josh White	14	Bark & Dagen	1:03.30	357	30.32
85. James Scammell	15	Brentwood	1:03.31	357	29.96
86. Ellis McQuade	13	DunmowAtlant	1:03.32	357	30.26
87. Kian Quinlan	13	Bo Southend	1:03.45	355	30.23
88. Mark Rigo	13	Romford Town	1:03.67	351	30.29
89. Arthur Bernans	13	Basildon Ph	1:03.93	347	30.88
90. Ben Read	16	Runnymede	1:04.13	344	30.20
91. Matthew Riddle	14	Thurrock	1:04.14	343	30.99
92. Atikan To	13	Harlow Pen	1:04.31	341	29.98
93. Joshua Owen	14	Runnymede	1:04.40	339	30.65
94. Ben MINISTER	13	Thurrock	1:04.41	339	31.13
95. Alex Knight	14	Harlow Pen	1:04.42	339	31.14
96. Harry Stag	13	Basildon Ph	1:04.47	338	17.68
97. Benjamin James	15	DunmowAtlant	1:04.51	338	31.07
98. Hadi Khairul	13	Bo Newham	1:04.54	337	30.70
99. Connor Chapman	16	Runnymede	1:04.62	336	31.70
100. Clark Chen	14	Chelmsford	1:04.64	336	30.82
101. Denis Drelev	13	Romford Town	1:04.66	335	30.80
102. Euan Freeman	16	Saffron Wald	1:04.82	333	30.67
103. Joshua Atotileto	13	Bo Newham	1:04.88	332	31.63
104. Dion Fana	12	Basildon Ph	1:04.93	331	31.84
105. Tarelle Laniyan	12	Bo Newham	1:05.09	329	30.74
106. Richard Vanstone	13	Chelmsford	1:05.11	328	30.85
107. William White	12	Harlow Pen	1:05.24	326	31.43
108. Thomas Dean	14	Bo Southend	1:05.32	325	30.93
109. Joe Power	12	Basildon Ph	1:05.44	323	31.38
110. Rory Wilde	12	Chelmsford	1:05.69	320	31.98
111. Christopher Richardson	14	Bo Waltham F	1:05.91	316	31.68
112. Thomas Ford	13	Basildon Ph	1:06.09	314	32.22
113. Ramsey Ebdon	13	Canvey Isl	1:06.16	313	31.99
114. Kevin Moldovan	12	Harlow Pen	1:06.23	312	31.96
115. Kornelijus Asmantas	16	Bark & Dagen	1:06.28	311	30.56
116. Ben Scammell	16	Brentwood	1:06.48	308	31.61
Revanth Bongurala	21	Bo Newham	DNC		

EVENT 43 Girls Open 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	May Bradburn	15	Chelmsford	1:02.86	655	29.03
2.	Abbie Low	17	Chelmsford	1:05.49	579	30.66
3.	Erin Little	14	Chelmsford	1:05.96	567	30.82
4.	Ciara Wookey	15	Colchester	1:06.56	552	30.97
5.	Emily Green	18	Brentwood	1:07.31	534	31.71
6.	Tilly Mayes	16	Thurrock	1:07.64	526	31.42
6.	Victoria Dreleva	14	Romford Town	1:07.64	526	31.45
8.	Millie Ward	17	Brentwood	1:07.89	520	32.02
9.	Brooke Jenkins	15	Basildon Ph	1:07.91	520	31.53
10.	Pasakinskaite Erika	13	Bark & Dagen	1:07.99	518	31.81
11.	Asma Parker	16	Colchester	1:08.39	509	31.44
12.	Oluwatunmise Salu	15	Bo Newham	1:09.40	487	32.24
13.	Charlotte Gill	14	Basildon Ph	1:10.31	468	32.67
14.	Emilia Jopson	14	Romford Town	1:10.50	464	32.80
15.	Olivia Roberts	16	Bo Waltham F	1:11.22	450	33.18
16.	Junayna Ahmed	16	Romford Town	1:11.57	444	33.48
17.	Molly Redgrave	15	Colchester	1:11.88	438	33.17
18.	Ciara Mcauley	14	Saffron Wald	1:11.95	437	33.30
19.	Rebecca Stroud	17	Brentwood	1:12.27	431	32.82
20.	Nancy Neave	15	Braintree	1:12.44	428	32.69
21.	Dina Benidir	14	Bo Newham	1:12.47	427	33.65
22.	Hannah Zyss	14	Basildon Ph	1:12.56	426	33.42
23.	Niamh Wainwright	16	Chelmsford	1:13.68	407	33.32
24.	Tierney Rooney	13	Romford Town	1:14.51	393	34.98
25.	Magdalena Yordanova	14	Romford Town	1:14.58	392	33.05
26.	Hollie Hawkins	12	Basildon Ph	1:15.26	382	34.53
27.	Grace Waller	15	Basildon Ph	1:15.28	381	33.85
28.	Isabelle Mcpherson	15	Witham Dolph	1:15.86	373	33.77
29.	Emily Comber	17	Runnymede	1:15.89	372	35.25
30.	Lily Bott	14	Braintree	1:16.57	362	35.37
31.	Ana Victoria Anderson	17	Colchester	1:16.77	359	35.61
32.	Isabel Collins	13	Bo Southend	1:16.83	359	34.92
33.	Louise Webster	12	Thurrock	1:17.33	352	36.47



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34. Mia Magnus	13	BorRedbridge	1:17.39	351	35.55
35. Maddie White	14	Chelmsford	1:17.44	350	35.45
36. Paige Laybourn-Morris	12	Thurrock	1:17.71	347	36.98
37. Emma Page	14	Rochford	1:17.86	345	36.02
38. Rachel Green	15	Brentwood	1:17.89	344	35.93
39. Lexie GOODMAN	12	Basildon Ph	1:18.35	338	36.41
40. Aimee Armsden	15	Basildon Ph	1:18.44	337	34.61
41. Chloe Keegan	12	Killerwhales	1:18.50	336	36.13
42. Rosie Adamson	14	Clacton SC	1:18.60	335	36.49
43. Darcy Coburn	14	Braintree	1:18.61	335	35.70
44. Tami Bankole	12	Thurrock	1:18.83	332	36.29
45. Mia Lawrence	15	Clacton SC	1:18.92	331	36.30
46. Sophie Ball	12	Braintree	1:19.17	328	35.48
47. Isabel Gill	12	Maldon Shark	1:20.37	313	37.08
48. Kya Andreou	15	Harlow Pen	1:21.01	306	36.44
49. Caitlin MURRAY	14	Thurrock	1:21.14	304	37.12
50. Nicole Lomas	15	BorRedbridge	1:21.91	296	37.26
51. Megan Mclawrence	14	BorRedbridge	1:22.22	293	38.63
52. Hannah Raker	15	Southend	1:22.24	292	36.85
53. Lucy Raker	12	Southend	1:22.35	291	37.24
54. Ella Stevenson	13	Killerwhales	1:22.47	290	38.13
55. Edie Newell	12	Brentwood	1:22.74	287	36.92
56. Kathryn Edwards	12	Braintree	1:23.39	280	36.15
57. Olivia Clarke	13	Chelmsford	1:23.49	279	37.37
58. Freya Seymour	15	Runnymede	1:23.81	276	37.72
59. Ellena Odell	16	Braintree	1:23.82	276	36.33
60. Holly McCarthy	14	Colchester	1:24.75	267	38.77
61. Annabelle Garnell	15	Rochford	1:25.08	264	38.45
62. Amelia Heame	16	Clacton SC	1:29.27	228	41.37
Ella Pemberton	14	Bo Waltham F	DNC		
Neha Pillai	14	Bo Waltham F	DNC		

EVENT 44 Boys Open 200m Backstroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Daniel Gencas	16	Romford Town	2:10.28	533	31.23	1:05.19	1:38.56
2.	Samuel Costin	16	Basildon Ph	2:13.49	495	31.53	1:05.30	1:39.26
3.	Aaron Gabriel	14	Bark & Dagen	2:14.89	480	32.22	1:06.26	1:41.26
4.	Matt Harvey	15	Basildon Ph	2:17.77	450	32.17	1:06.46	1:42.43
5.	Nikita Charykin	13	Thurrock	2:18.68	441	32.39	1:07.46	1:43.21
6.	Luke Marney	15	Romford Town	2:20.70	423	32.93	1:07.99	1:44.00
7.	Jenson Hurrell	14	Thurrock	2:21.01	420	32.49	1:08.30	1:44.84
8.	Syd Roberts	15	Colchester	2:21.35	417	33.05	1:09.24	1:46.26
9.	Ethan Martin	14	Thurrock	2:21.44	416	31.83	1:07.90	1:45.09
10.	Daniel Dixon	14	Basildon Ph	2:21.73	413	33.57	1:10.15	1:46.45
11.	Daniel Monk	15	Harlow Pen	2:22.07	411	33.30	1:09.74	1:47.27
12.	Harry Robinson	15	Bark & Dagen	2:24.18	393	33.04	1:09.10	1:47.25
13.	Joseph Frost	16	Romford Town	2:24.40	391	34.35	1:10.80	1:47.97
14.	Jimmy Taylor	15	Thurrock	2:25.33	383	34.27	1:11.65	1:48.61
15.	Connor Wilken	17	Colchester	2:25.59	381	33.84	1:10.48	1:47.91
16.	Lewis Archer	22	Halstead	2:27.85	364	34.78	1:11.98	1:49.98
17.	Ben MINISTER	13	Thurrock	2:28.09	362	35.11	1:12.72	1:50.55
18.	James Cowdrey	14	Basildon Ph	2:28.13	362	33.63	1:10.53	1:49.84
19.	Toby Rayner	15	DunmowAtlant	2:28.47	360	34.86	1:12.63	1:51.01
20.	Alfie Francis	14	Colchester	2:28.83	357	36.28	1:14.11	1:52.59
21.	Max Arnold	13	Harlow Pen	2:32.05	335	34.71	1:13.50	1:52.79
22.	Raheel Mahmood	12	Romford Town	2:33.66	324	35.81	1:15.63	1:55.78
23.	Sami Benidir	12	Bo Newham	2:34.17	321	37.34	1:17.49	1:56.67
24.	Christopher Richardson	14	Bo Waltham F	2:34.29	320	36.99	1:16.72	1:56.13
25.	Josh White	14	Bark & Dagen	2:34.90	317	36.37	1:15.65	1:55.99
26.	Daniel Que	13	Southend	2:37.03	304	36.83	1:17.61	1:59.23
27.	Thomas Ford	13	Basildon Ph	2:37.07	304	36.81	1:17.79	1:58.91
28.	Jamieson McLaren	13	Romford Town	2:37.75	300	38.46	1:18.65	2:00.13
29.	Ethan Paraiwa	14	Thurrock	2:38.18	297	37.13	1:17.05	1:58.04
30.	Richard Vanstone	13	Chelmsford	2:38.52	295	37.02	1:17.89	2:00.33
31.	Kevin Moldovan	12	Harlow Pen	2:38.83	294	37.26	1:17.64	1:58.96
32.	Harrison Brooks	16	DunmowAtlant	2:38.89	293	35.19	1:14.94	1:57.41
33.	Colin AIDAN	13	Thurrock	2:39.05	292	37.27	1:17.13	1:58.41

EVENT 45 Girls Open 200m Breaststroke

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50	100	150
1.	Kameliya Stoimenova	16	Bo Newham	2:36.61	634	36.50	1:16.41	1:56.68
2.	Aoife Marley	17	Witham Dolph	2:36.73	632	36.60	1:16.95	1:57.16
3.	Chloe Skelt	14	Chelmsford	2:40.10	593	36.50	1:17.80	1:59.13
4.	Ruby Wheeler	13	Basildon Ph	2:40.94	584	36.75	1:17.74	1:59.59
5.	Olivia Cooper	13	Basildon Ph	2:45.85	534	37.92	1:20.19	2:02.77
6.	Holly Hagan	15	Romford Town	2:46.24	530	36.50	1:18.63	2:02.53
7.	Katherine Daynes	17	Halstead	2:46.91	524	37.41	1:20.64	2:03.93
8.	Charlotte Tree	15	Colchester	2:47.31	520	37.39	1:20.22	2:03.88
9.	Monika Murine	12	Bark & Dagen	2:47.86	515	38.41	1:21.07	2:04.50
10.	Francesca Key	14	Canvey Isl	2:53.94	463	38.77	1:23.17	2:09.54
11.	Misty Eren	13	Harlow Pen	2:54.65	457	39.15	1:23.63	2:09.31



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12. Anna-Lucia Fenner	13. Basildon Ph	2:55.61	449	38.06	1:23.03	2:09.36
13. Robyn Quince	15. Runnymede	2:55.92	447	37.20	1:20.56	2:08.13
14. Alexa Mann	13. Basildon Ph	2:57.42	436	40.95	1:27.67	2:13.59
15. Marcie Alely	13. Braintree	2:57.90	432	40.63	1:25.88	2:12.21
16. Ciara Tappenden	18. Basildon Ph	2:58.28	430	39.40	1:24.01	2:10.41
17. Zoe Barnard	14. Basildon Ph	2:58.51	428	41.03	1:26.84	2:13.65
18. Sadie Rowe	12. Colchester	2:59.75	419	39.19	1:25.76	2:13.57
19. Chloe Martin	14. Harlow Pen	2:59.85	418	40.32	1:25.70	2:12.65
20. Madeleine McCormack	17. Romford Town	2:59.88	418	39.65	1:25.32	2:13.00
21. Amy Green	15. Chelmsford	3:00.75	412	39.62	1:25.59	2:13.01
22. Cailin Walker	16. Harlow Pen	3:00.89	411	39.74	1:25.50	2:13.38
23. Lexie O'connor	12. Romford Town	3:01.40	408	40.01	1:25.79	2:13.68
24. Taisia Tiron	15. Harlow Pen	3:03.05	397	40.29	1:26.43	2:14.53
25. Megan McLawrence	14. BoRedbridge	3:03.28	395	41.40	1:28.12	2:16.18
26. Evie Jamieson	13. Harlow Pen	3:03.40	395	40.29	1:27.35	2:15.74
27. Hollie Hawkins	12. Basildon Ph	3:04.12	390	41.16	1:28.27	2:17.14
28. Amelia Heame	16. Clacton SC	3:04.40	388	40.90	1:27.26	2:13.70
29. Sophie Baker	13. Colchester	3:05.72	380	41.63	1:29.25	2:18.14
30. Jasmine Bale	13. Halstead	3:06.17	377	41.28	1:28.73	2:17.02
31. Ruby Le May	14. Killerwhales	3:06.48	375	42.55	1:30.46	2:19.65
32. Eva Murray	13. Bo Waltham F	3:09.23	359	42.06	1:31.09	2:20.92
33. Grace Lamprell	14. Harlow Pen	3:10.59	352	42.35	1:31.45	2:21.47
34. Jasmine Shaw	12. Witham Dolph	3:10.76	351	42.39	1:30.83	2:22.07
35. Harriet Carroll	14. Runnymede	3:12.15	343	42.64	1:31.79	2:22.13
36. Abigail Koon	14. Bo Newham	3:12.18	343	41.97	1:31.19	2:21.91
37. Chloe Keegan	12. Killerwhales	3:14.18	332	44.12	1:33.98	2:24.74
38. Elizabeth Crudginton	14. Southend	3:14.48	331	42.07	1:31.49	2:22.76
39. Georgia Bleck	14. Colchester	3:14.70	330	44.06	1:33.84	2:24.48
40. Madalyne Alkins	14. Thurrock	3:15.48	326	43.43	1:32.94	2:24.07
Gracie Parker	11. Basildon Ph	DNC				
Robyn Blows	13. Bo Southend	DQ T				

EVENT 46 Boys Open 100m IM

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Joshua Fowles	20	Witham Dolph	1:01.08	558	28.79
2.	Jack Turrell	16	Basildon Ph	1:01.59	544	28.65
3.	Lewis Bayley	18	Southend	1:01.90	536	28.09
4.	Naythan Aung	15	Colchester	1:02.80	513	28.43
5.	Jacob Stephen	14	Brentwood	1:04.06	484	29.82
6.	Lewis Marston	17	Runnymede	1:04.39	476	29.66
7.	Daryl Rands	22	Harwich DP	1:04.43	475	30.27
8.	Morgan Foster	16	Braintree	1:04.49	474	30.23
9.	Ali Cangir	18	Bark & Dagen	1:05.41	454	30.69
10.	Connor Wilken	17	Colchester	1:05.75	447	29.52
11.	Alfie Francis	14	Colchester	1:06.32	436	31.62
12.	Luke Goodall	20	Runnymede	1:06.47	433	29.94
13.	Nikita Charykin	13	Thurrock	1:06.71	428	30.59
14.	Aidan Wood	20	Witham Dolph	1:06.98	423	30.46
15.	Kalaum Corani	15	Colchester	1:07.91	406	32.32
16.	Tyler Tombs	14	Chelmsford	1:08.52	395	32.36
17.	Aaron Chambers	17	Epping For't	1:08.57	394	30.73
18.	Matthew Kent	15	Harwich DP	1:08.70	392	30.97
19.	Denis MORINE	14	Basildon Ph	1:08.82	390	31.90
20.	Ronald GAVRIS	14	Colchester	1:09.76	374	31.87
21.	Oliver Shead	14	Witham Dolph	1:10.03	370	31.77
22.	Gabriel Annis	16	Brentwood	1:10.05	370	32.54
22.	Alex Harness	16	Rochford	1:10.05	370	31.70
24.	Maddox Roberts	13	Witham Dolph	1:11.03	355	32.36
25.	Ben Styman-Heighton	15	Halstead	1:11.12	353	33.03
26.	Joshua Eguakhide	16	Romford Town	1:11.18	352	33.21
27.	Keelan Gosney	15	Chelmsford	1:11.31	350	32.47
28.	Dylan Reeve	14	Chelmsford	1:11.41	349	32.35
29.	Oscar Howell	14	Brentwood	1:11.61	346	33.89
30.	Antonio Girolami	14	Colchester	1:11.65	345	34.07
31.	Josh Toms	14	DunmowAtlant	1:12.77	330	33.43
32.	Lewis Dixon	14	Bark & Dagen	1:13.17	324	31.87
33.	Clark Chen	14	Chelmsford	1:13.42	321	33.67
34.	Ben Read	16	Runnymede	1:13.95	314	34.18
35.	Raheel Mahmood	12	Romford Town	1:14.07	313	33.28
36.	Sam Loader	15	Clacton SC	1:14.79	304	35.07
37.	Marco Yuen	12	Brentwood	1:15.26	298	34.32
38.	Thomas Bale	14	Halstead	1:15.29	298	32.93
39.	Samuel Walsh	13	Witham Dolph	1:15.93	290	36.81
40.	Archie Pigott	12	Killerwhales	1:16.07	289	37.01
41.	Ryan Shaw	14	Witham Dolph	1:16.36	285	36.43
42.	Christopher Richardson	14	Bo Waltham F	1:16.39	285	34.83
43.	Joshua Owen	14	Runnymede	1:16.40	285	34.28
44.	Joe Power	12	Basildon Ph	1:17.43	274	35.03
45.	Jacob Ray	12	Basildon Ph	1:17.52	273	36.82
46.	Sami Benidir	12	Bo Newham	1:18.17	266	35.85
47.	James Baker	12	Brentwood	1:19.60	252	37.21
48.	Corey Hare	13	Colchester	1:19.79	250	37.45
49.	Harold Edwards	14	Braintree	1:19.89	249	37.95



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50. Qaiyan Thompson	12	Bo Newham	1:20.11	247	37.50
51. Toshan Patel	12	Rochford	1:20.26	246	37.03
52. Jamie Hall	15	Halstead	1:20.27	246	36.77
53. Chisholm Rowsell	14	Maldon Shark	1:20.71	242	38.35
54. Finley Petts	12	Braintree	1:23.94	215	36.79

EVENT 47 FINAL OF EVENT 39 Girls Open 50m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Erin Little	14	Chelmsford	26.17	672
2.	Rebecca Watt	17	DunmowAtlant	26.47	650
3.	Rianna Smith	21	Basildon Ph	26.94	616
4.	Amelia Moule	16	Romford Town	27.01	611
5.	May Bradburn	15	Chelmsford	27.16	601
6.	Grace Waller	15	Basildon Ph	27.41	585
7.	Rosie Brooks	15	Chelmsford	27.84	558
8.	Victoria Dreleva	14	Romford Town	27.92	553

EVENT 48 FINAL OF EVENT 40 Boys Open 50m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt
1.	Joe Northover	29	Bo Newham	26.26	572
2.	Daniel Gencas	16	Romford Town	26.45	559
3.	Damon Elliott	15	DunmowAtlant	26.63	548
4.	Samuel Miller	16	Basildon Ph	27.46	500
5.	Jack Turrell	16	Basildon Ph	28.05	469
6.	Naythan Aung	15	Colchester	28.22	460
7.	Joshua Eguakhide	16	Romford Town	28.24	460
8.	Alessandro Rioda	15	Harlow Pen	30.41	368

EVENT 49 FINAL OF EVENT 43 Girls Open 100m Butterfly

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	May Bradburn	15	Chelmsford	1:02.76	658	29.03
2.	Erin Little	14	Chelmsford	1:05.52	579	30.72
3.	Ciara Wookey	15	Colchester	1:06.31	558	31.10
4.	Victoria Dreleva	14	Romford Town	1:06.64	550	31.28
5.	Tilly Mayes	16	Thurrock	1:07.14	538	30.90
6.	Millie Ward	17	Brentwood	1:07.85	521	31.88
7.	Emily Green	18	Brentwood	1:07.91	520	32.05
8.	Brooke Jenkins	15	Basildon Ph	1:07.96	518	31.52

EVENT 50 FINAL OF EVENT 42 Boys Open 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	FINA Pt	50
1.	Joshua Fowles	20	Witham Dolph	52.33	633	25.16
2.	James Speers	16	Basildon Ph	52.77	617	26.15
3.	Daniel Gencas	16	Romford Town	53.19	603	26.39
4.	Lewis Binning	16	Basildon Ph	53.25	601	26.22
5.	Alessandro Rioda	15	Harlow Pen	54.27	567	26.09
6.	Ewan Sturgeon	17	Chelmsford	54.47	561	26.71
7.	Damon Elliott	15	DunmowAtlant	56.91	492	27.05
8.	Naythan Aung	15	Colchester	59.20	437	27.72