

## Health & Safety Policy

RTSC undertakes to agree with pool operators on the arrangements necessary for always ensuring the safety of the Club members and volunteers when pool hire occurs. The Club Health and Safety code follows the ASA safety guidelines. Such agreement will provide for the Pool Operator to provide for lifeguard cover. The detailed Health and Safety code that follows relates to the Clubs life guarding and other responsibilities and includes general guidelines and rules for all Club members, including swimmers, volunteers, teachers, coaches, parents and carers who have defined responsibilities and duties which complement and reinforce or aid the Club's basic obligations.

### Basic Obligations

Where a lifeguard can not be provided by the pool operator on any occasion no activities will take place. For normal training sessions the Club will provide the required lifeguards as part of the hire facility. RTSC has full responsibility to provide a qualified teacher or coach during training sessions. During Galas, or other organised competitions, the above supervision of swimmers will be maintained by a Team Manager or Squad Coach.

### Poolside Alarms

This may be in the form of an electronic sounder or bell, if one of the alarms is sounded. All Club representatives should take all instructions from the host venue lifeguards until the safe area is reached or the alarms are silenced. Fire / Emergency Drill. The purpose of this will be to get all the members familiar with leaving the pool safely. If a Fire / Emergency Drill happens during a training session, everyone should leave the pool in a calm and orderly manner and assemble at the designated fire alarm assembly area indicated by the Coach of the session or the Facility's Manager in charge.

### Illnesses

Swimmers should not enter the water if they have the following:-

- Vomiting
- Diarrhea
- Infectious skin rashes
- Open wounds
- Ear infections

Parents must at all times remain responsible for any medication required by a swimmer and for administering it as required. Swimmers should not run on poolside, as the tiles are slippery when wet. The Club will draw the attention of all its members to its Safety Policy and will ensure that they are familiar with and understand the emergency procedures.

## **Accident / Incident Reporting and Insurance**

RTSC will ensure a current and valid insurance policy is in operation (this is issued by the ASA on collection of yearly membership fees). Details of this are available from the Club Secretary. All accidents or incidents will require a report verbally immediately following the occurrence and in writing subsequently from those responsible for the group or event in progress at the time of such accident / incident. This written report must be submitted to the Club Secretary and the details entered in the venue's accident report book. Where lifeguards are provided the incident should also be recorded by the facilities Duty Manager